

Lodge Line

A NEWSLETTER BY HILLEL LODGE

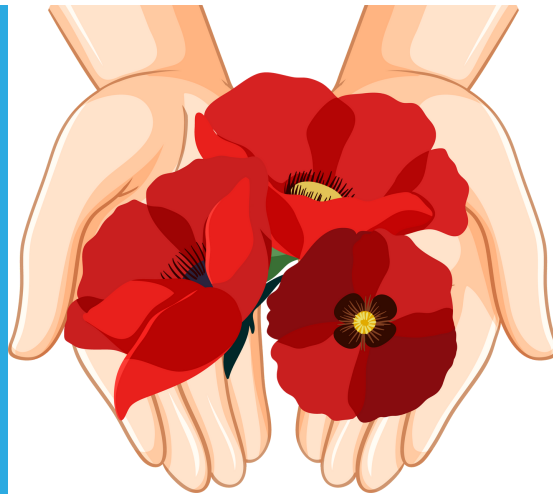
Proof That Dreams Can Come True

The Hillel Lodge LTC Foundation is very pleased with the Dream Garden's progress. Most of the hardscaping is in place, and the trees were planted before the first frost. Next will be the three beautiful interconnecting pergolas. With \$54,000 left to raise, we look forward to Spring 2024 for the Grand Opening Dream Garden - Garden Party. If you are interested in supporting the Dream Garden, please visit our website or visit the Foundation office to learn more about how you can be part of this once-in-a-generation project. <https://hillel-ltc.com/foundation/> 613-728-3900 ext 131.



NEWS AND UPDATES IN THIS ISSUE

*Dream Garden Update
Holidays & Observances
Auxiliary Games Night
Announcements
Save The Date
News from Nursing
Monthly Caregiver Tip*



November
2023

Holidays & Observances

Remembrance Day November 11

Remembrance Day is a memorial day observed in Commonwealth member states since the end of the First World War to honour armed forces members who have died in the line of duty. The day is also marked by war remembrances in several other non-Commonwealth countries. In most countries, Remembrance Day is observed on 11 November to recall the end of First World War hostilities. Hostilities formally ended "at the 11th hour of the 11th day of the 11th month" of 1918

Giving Tuesday November 28

Giving Tuesday is a time where Canadians are asked to focus on ways to contribute to their community and improve the lives of others. The day celebrates people financially supporting their favorite local charities or non-profits. It is also celebrated to promote the making of gifts rather than purchasing them. Giving Tuesday was created in 2012 at the 92nd Street YMCA in New York City. Now, it's an independent nonprofit and a global movement that inspires people to give, collaborate, and celebrate generosity.

Auxiliary Games Night

We are filled with immense gratitude and appreciation as we reflect on the incredible success of the Games Day Event in support of the Bess and Moe Greenberg Family Hillel Lodge. It is with great pleasure that we extend our deepest thanks and heartfelt appreciation to each and every one of you who played a part in making this day so special.

To our incredible Auxiliary members, thank you for your unwavering dedication, tireless efforts, and boundless enthusiasm. Your commitment to our community and your invaluable support throughout the planning and execution of Games Day was truly remarkable. Your passion and drive are what made this event shine, and we are profoundly grateful for all that you do.

We would also like to extend our sincere thanks to all the volunteers who generously gave their time and energy to make Games Day a memorable experience for everyone involved. Your selflessness and willingness to lend a helping hand did not go unnoticed, and we are incredibly grateful for your invaluable contributions.

To sponsors and donors, we want to express our deepest appreciation for your generous support. Your contributions provided the necessary resources to create a vibrant and engaging event. Your belief in the mission of the Bess and Moe Greenberg Family Hillel Lodge and your commitment to our community have made a lasting impact, and we are truly grateful for your continuous support.

A special mention goes to the Auxillary members of the Bess and Moe Greenberg Family Hillel Lodge. Your dedication, hard work, and unwavering commitment to our residents' well-being and this event's success were instrumental in making Games Day a resounding success. Your passion for creating a warm and welcoming environment shines through, and we are incredibly fortunate to have such an incredible team.

Games Day was more than just a fun-filled event; it was a celebration of our shared values, a testament to the power of community, and a reflection of the warmth and compassion that exists within the Bess and Moe Greenberg Family Hillel Lodge.

Once again, we extend our deepest thanks to the Auxiliary and everyone who contributed to the success of Games Day. Your support and dedication continue to make a significant impact, and we are truly grateful for your unwavering commitment to our mission.

With heartfelt appreciation

- The Bess and Moe Greenberg Family Hillel Lodge



Announcements

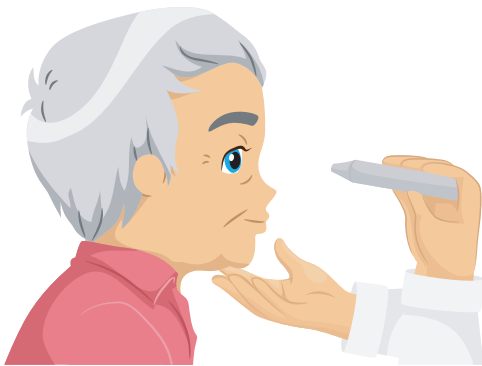
Vending Machine



Our new vending machine, located on the ground floor outside the 1-West neighbourhood, now has the ability to take cash and dispense change. Proceeds from the sale of food items in this vending machine support the Make-A-Wish Foundation.

Family Council

The Family Council is always looking for new members to contribute to improving life at the Lodge for all residents. If you are interested in joining the Council please contact the Coordinator, Mike Cohen, at macinmontreal@gmail.com

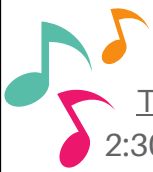


Thank you to everyone who expressed interested in the Mobile Eye Clinic. Unfortunately, we are unable to proceed with the clinic at this time. However, all ODSP recipients and individuals 65 years and older qualify for OHIP covered eye exams annually. Eye health is important and we strongly encourage families to take advantage of this government benefit and book yearly eye exams for residents. Please contact Shannon Fraser, Director of Social Work, Programs, and Support Services if you would like to learn more about optometry coverage and eye glasses benefits.

Save The Date

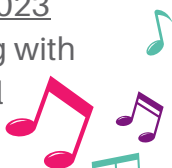
Tuesday November 7, 2023

10:30 a.m. - Musical Performance:
The Usuals Jazz Band



Thursday November 9, 2023

2:30 p.m. - Keep on Singing with
Alison, Howard and Al



Monday November 13, 2023

2:30 p.m. - Guest Speaker Professor Cammy



Thursday November 16, 2023

2:30 p.m. - Keep on Singing with
Alison, Howard and Al



Monday November 20, 2023

10:30 a.m. - Vernissage "Voices from Home"

Monday November 27, 2023

10:30 a.m. - Music with Brian & Bobby
Ukelele Strolling Minstrels



Tuesday November 28, 2023

2:30 p.m. - Sunset Singer Concert

Wednesday November 30, 2023

2:30 p.m. - Birthday Party with Evelyn
Greenberg

BINGO!

Every Monday at 7:00 p.m.
and
Every Friday at 2:30 p.m.



Art Therapy

Every Wednesday
at 9:45 & 11:00 a.m.



Oneg Shabbat

November 3 : Rabbi Lesser (YouTube)
November 10 : Ganon Preschool
November 17 : OJCS Grade 6
November 24: Joel Yan & friends



LESSONS FROM THE PARSHA

Rabbi Teitlebaum
Every Wednesday at 4:00 p.m.

News From Nursing

We value our preceptors

We are very pleased to welcome students to our Home.

The PSW and Nursing students come from Algonquin College, Herzing College, St Lawrence College and in the future Willis college.

Our nursing staff are incredible and their expertise provides the students that opportunity to learn in our person centered care environment. We celebrated them at this event in May.

In addition to this recognition event we have provided a full day training course to over 20 members of our nursing department.

We are very proud of our staff .

Sue Burnell-Jones





communication



Monthly Caregiver Tip

Communication is an important part of our life:

- It helps us express who we are and allows us to relate to one another.
- When we communicate, we exchange information about our needs, opinions, ideas, beliefs, feelings, emotions, experiences and values.
- Communication is more than talking and listening; it involves understanding and interpreting.

Here are some tips for communicating with residents with dementia.

- Identify yourself and address the resident by name, e.g., "Hi Mom, it's me Anne..."
- Speak slowly and clearly.
- Ask questions requiring "yes" or "no" and allow time for a response.
- Back up your words with actions using gestures
- Approach from the front, sit at eye level
- Present one idea at a time.
- Repeat/rephrase responses to clarify what they are trying to tell you.

Adapted from www.alzheimer.ca

Nursing Phone Extensions

If you need to speak with your loved one's nursing staff, you may use the phone extensions below. Please note, the desk phones have an option to leave a voicemail, but the portable extensions do not.

1-West

Desk Phone - 160

Portable - Not currently available

2-East

Desk Phone - 228

Portable - 683

2-West

Desk Phone - 260

Portable - 676

3-East

Desk Phone - 328

Portable - 679

3-West

Desk Phone - 360

Portable - 677