

# LODGE LINE

THE BESS AND MOE GREENBERG FAMILY



## Hillel Lodge

LONG-TERM CARE HOME OF OTTAWA

### Music Spring Concert

Our second annual **Music Spring Concert** took place on April 28th at Hillel Lodge. The Spring Concert featured "Hillel Harmonics" made up of residents participating in Hillel Lodge Music Program.

"This chorus was started as a co-lead project last year with the aims to build social connections and to actively participate in music making together" explains Choir Conductor, Miriam Carpenter. "I was grateful to have the opportunity to continue the choir this year at Hillel Lodge with many returning and new singers. The name "Hillel Harmonics" was developed by the choir and has become a name for this incredibly motivated and resilient group of people."



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# Music Spring Concert - Continued



## PROGRAM

<b>LEAN ON ME</b>	(BILL WITHERS)
<b>WHEN YOU'RE SMILING</b>	(LARRY SHAY, MARK FISHER AND JOE GOODWIN)
<b>MY FAVOURITE THINGS</b>	(RICHARD RODGERS AND OSCAR HAMMERSTEIN)
<b>WHAT A WONDERFUL WORLD</b>	(BOB THIELE AND GEORGE DAVID WEISS)
<b>OH, WHEN THE SAINTS</b>	(TRADITIONAL SPIRITUAL)
<b>HOME ON THE RANGE</b>	(DR. BREWSTER M. HIGLEY AND DANIEL KELLEY)
<b>BLUE SUEDE SHOES</b>	(CARL PERKINS)
<b>HAPPY TRAILS</b>	(ROY ROGERS AND DALE EVANS)



**FEATURING:  
HILLEL  
HARMONICS  
CHOIR**

“The music in the program was selected by the residents singing in the choir and demonstrates a small portion of the diversity of musical styles and backgrounds that each individual brings to this ensemble” states Choir Conductor, Miriam Carpenter.

# Music Spring Concert - Continued

Hillel Lodge Music Program focuses on facilitating active, person-centred, and goal-focused sessions in individual and group formats.

Our program uses music to develop and maintain skills in non-musical goal areas. These goal areas are categorized into motor, social, psychosocial, and cognitive domains and include:

- To decrease agitation
- To increase autonomy through active decision-making
- To build community through collaborative music making with fellow residents
- To increase active and independent participation
- To strengthen fine motor skills by playing instruments.
- To explore memories and emotions triggered by the music.



**SPECIAL THANKS TO  
OUR MUSIC PROGRAM DONORS:**

**PAULA AND MANNY AGULNIK  
DAVID AND DOROTHY TORONTOW  
SONIA RAWACKI AGULNIK FUND**

AUXILIARY OF HILLEL LODGE FUND  
BELLA ALTMAN LEIKEN MEMORIAL FUND  
BORIS AND DOLLY BLACHER FAMILY FUND  
EDITH TEITELBAUM AND EDDIE ZINMAN MEMORIAL FUND  
ESTHER AGES MEMORIAL FUND  
HANOCH AND FELICIA SHARON FAMILY FUND  
IDA AND SIDNEY LITHWICK FUND  
JANE ELLENS AND DAN PEARLMAN FUND  
NELL GLUCK MEMORIAL FUND  
SAMUEL AND JEAN AKERMAN MEMORIAL FUND  
SHIRLEY AND MAURICE ROSE MEMORIAL FUND  
TOBY AND JOEL YAN FAMILY FUND



# Pedal for a Purpose at the 16th Annual Biking for Bubbies!

Get ready to dust off your bikes, put on your helmets, and join us for an exhilarating and meaningful event that will make a lasting impact on the lives of our beloved Bubbies and Zaidies at the Bess and Moe Greenberg Family Hillel Lodge of Ottawa. We are thrilled to announce the 16th Annual Biking for Bubbies, sponsored by MediSystem, Canada's largest and most impactful fundraiser for long-term care.

Biking for Bubbies is special in our hearts as it embodies the true spirit of community and compassion. We come together to honour and support our loved ones, who have given so much to us throughout their lives. As Rabbi Bulka so eloquently described, Hillel Lodge is "the Jewel of the Jewish community," through this event, we can uphold its legacy of care and respect.

On Sunday, September 15, 2024, join us for a day filled with camaraderie, excitement, and the joy of giving back. Each year, Biking for Bubbies brings together hundreds of passionate individuals who share a common goal: to ensure the very best for the residents of Hillel Lodge. Whether you're an experienced cyclist or a casual rider, this event is for everyone!



# 16th Annual Biking for Bubbies (continued)

We aim for each rider to raise a minimum of \$500, but the sky is the limit! Let's rally our friends, family, and colleagues to support our cause and make a difference in the lives of our residents.

And that's not all! The Family Fun Zone is where joy and laughter fill the air. Participants of all ages can enjoy a range of exciting activities. From face painting to games, there will be something for everyone to enjoy. The day is not just an opportunity to give. It's a chance to have fun and create lasting memories.

So, mark your calendars and register today for the 16th Annual Biking for Bubbies sponsored by MediSystem! Whether you ride yourself or sponsor a rider, your involvement will significantly impact our residents' lives.

We look forward to seeing you on September 15th as we unite as a community and make a meaningful difference.



To register or to learn more about Biking for Bubbies  
visit our website: [hillel-ltc.com/foundation](http://hillel-ltc.com/foundation)  
or scan our QR code:



# Special Activities - April 2024



Matzah Making  
Factory with Rabbi  
Blum and OJCS  
Grade 1 class

Preparing  
Passover  
presentation with  
Rabbi Scher



# Holidays & Observances

## May 2024

### Yom Hashoah - Monday, May 6th

Also known as “Holocaust Remembrance Day,” Yom HaShoah is marked by memorials and dedications to those who perished in the Holocaust.

### Yom Hazikaron - Monday, May 13th

Israel’s National Memorial Day honors veterans, fallen military personnel, and victims of terror.

### Yom Ha’atzmaut - Tuesday, May 14th

Israel Independence Day is celebrated festively by Jews around the world, commemorating the Israeli Declaration of Independence in 1948.

### Lag Ba’Omer - Sunday, May 26st

Lag Ba’Omer is a minor holiday that occurs on the 33rd day of the Omer, the 49-day period between Passover and Shavuot. A break from the semi-mourning of the Omer, key aspects of Lag Ba’Omer include holding Jewish weddings (it’s the one day during the Omer when Jewish law permits them), lighting bonfires and getting haircuts.

**Note: The holiday begins at sundown of the night beforehand, unless specified.**



### Mother’s Day - Sunday, May 12th

To all the mothers, whether past, present, or soon to be moms, may your day be filled with love, joy, and laughter.



## CALENDAR OF ACTIVITIES

Wednesday, May 1st

2:30 p.m. Presentation by Ontario  
Resident Council Association

Monday, May 6th - Yom Hashoah

10:45 a.m. Special Presentation for Yom Hashoah  
with Joel & Toby Yan, and Nina Gordon (on cello)  
on 3rd Floor

Sunday, May 12th - Mother's Day

10:30 a.m. Music with Malcolm Wade on 3rd Floor  
10:45 a.m. Music with Noel on 2nd Floor

Monday, May 20th - Victoria Day

2:00 p.m. Lawn Games in the Garden  
(if weather not permitting will take place in the Cafe)

Thursday, May 23rd

2:30 p.m. - Keep on Singing with  
Alison, Al, Howard and Debbie on 3rd floor

Sunday, May 26th - Log Ba'Omer

10:30 a.m. Balloon Toss with Ottawa Modern  
Jewish School (Kindergarten to Grade 3 )  
3:15 p.m. "Songs of Israel" with Joel Yan, Aharon  
Zohar, Alison James, and friends

Monday, May 27th

2:30 p.m. An Hour with Guest Speaker Professor  
Gerry Cammy on 3 East

Tuesday, May 28th

10:30 a.m. The Usuals Jazz Band

Wednesday, May 29th

2.30 p.m. Presentation with Rabbi Mikelberg:  
"Ruth as the Ultimate Biblical Hero"

Thursday, May 30th

2:30 p.m. - Keep on Singing with  
Alison, Al, Howard and Debbie on 2nd floor



## Special Celebration Israel Independence Day & Monthly Birthday Party

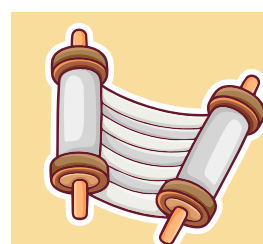
May 14th at 2:30 pm  
with Evelyn Greenberg  
and Sol Gunner



## Outing: Scenic Drive to The Canadian Tulip Festival May 16th at 10:30 a.m.



## Green Thumb Club with Celia Monday (2nd Floor), Tuesday (3rd Floor) and Thursday (1st Floor) at 10 a.m.



## LESSONS FROM THE PARSHA

Rabbi Teitlebaum  
Every Wednesday at 4:00 p.m.



# Announcements

## Celebrating Healthcare Recognition Days

### National Nursing Week - May 6 to 12

National Nursing Week recognizes the tremendous impact that nurses have on individuals and communities. From providing compassionate care to excellence in education, nurses play an important role in delivering high-quality health care.

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### Personal Support Workers Day - May 19

Personal Support Worker Day is a day to recognize the invaluable work PSWs provide selflessly every day. PSWs are the backbone of the health system.

**Congratulations to all nurses and PSWs!**

*the Café*

is now open for breakfast and lunch!

Our Hillel Lodge residents, families, volunteers, and staff can now enjoy freshly prepared meals either inside the Café area or in our Dream Garden.

Opening hours:

Monday to Thursday 10am to 4pm

Friday 10am to 3.30pm

the Café is not open on weekends

Closed on May 9th for Hillel Lodge Staff Appreciation Event

## VICTORIA DAY

Please Note that our Administrative Offices and the Foundation will be closed for Victoria Day Monday on May 20th



## Family Council

The Family Council is always looking for new members to contribute to improving life at the Lodge for all residents. If you are interested in joining the Council please contact the Coordinator, Mike Cohen, at [macinmontreal@gmail.com](mailto:macinmontreal@gmail.com)



# Monthly Caregiver Tips

## Did you know?

### Spring 2024 Covid-19 Booster Clinic

Hillel Lodge will be running a Spring 2024 Covid-19 Booster Clinic in May for those residents who are eligible and interested. This clinic is in alignment with the National Advisory Committee on Immunization recommendations and the Ministry of Health that the following individuals who are at increased risk of severe illness from COVID-19 receive an additional dose of the XBB COVID-19 vaccine:

- Adults 65 years of age and older;
- Adult residents of long-term care homes;
- Adults who are moderately to severely immune compromised due to an underlying condition or treatment.

An XBB COVID-19 vaccine in Spring 2024 is especially important for individuals identified as at risk who did not receive a dose during the fall 2023 booster clinic.

Families should expect to receive consent requests for the booster via email.

### Canadian Dental Care Plan

The new federal dental insurance plan will be phased in gradually over 2024, with the first changes starting in May 2024. Please note that not all services provided by dentists are covered by this new government aid. We invite families with questions surrounding this issue to contact MultiGen at 1-877-459-3273 or to contact your dentist of choice.

### Ontario Health Cards

Following a resident's admission, Hillel Lodge takes over the responsibility to complete the address change, renew expired health cards and discharge Health Cards from the system in the event of death. We keep all resident Health Cards at the nurse's station so that they are easily accessible in the case of an emergency. You are welcome to request the card to take to any outside appointments.

# Connection

## Nursing Extensions

If you need to speak with your loved one's nursing staff, you may use the phone extensions below. Please note, only the desk phones have an option to leave a voicemail.

Charge Nurse - 688

1-West  
Desk Phone - 160  
Portable - 694

2-East  
Desk Phone - 228  
Portable - 683

2-West  
Desk Phone - 260  
Portable - 676

3-East  
Desk Phone - 328  
Portable - 679

3-West  
Desk Phone - 360  
Portable - 677

THE FUTURE OF THE  
JEWISH COMMUNITY  
IS IN YOUR HANDS.



HOW WILL YOU ASSURE  
JEWISH TOMORROWS?



To create your Jewish legacy contact:  
Leslie Sher, Executive Director  
LSher@hillel-ltc.com • 613.728.3900  
www.hillel-ltc.com

**CHANGING  
LIVES.  
SHAPING  
TOMORROW.**



**NATIONAL  
NURSING WEEK**  
MAY 6-12 **2024**

Canadian Nurses Association



THE BESS AND MOE GREENBERG FAMILY

**Hillel Lodge**

LONG-TERM CARE HOME OF OTTAWA