



LODGE LINE

September 2020

Rosh Hashanah 5781

L'Shana Tova Tikotevu

On behalf of everyone at Hillel Lodge, we wish you and your families a Happy New Year filled with good health, happiness and peace!



Rosh Hashana and Yom Kippur

Rosh Hashana commemorates the creation of the world and marks the beginning of a 10 day period of introspection and repentance that culminates in the Yom Kippur Holiday, also known as the Day of Atonement. Rosh Hashanah and Yom Kippur are the two “High Holy Days” in the Jewish Religion.

One of the synagogue rituals for Rosh Hashanah is the sounding of the Shofar, a ram’s horn trumpet, to mark the beginning of the New Year.

The holy day is celebrated by eating challah bread and apples dipped in honey.

Yom Kippur is the holiest day on the Jewish calendar. It is a time set aside to repent for sins and to reflect on the year past and the year to come. This holy day consists of a twenty-five hour fast without food or drink.

Erev Rosh Hashanah

Friday, September 18th
Light candles at 6:49pm

Rosh Hashanah

Saturday, September 19th
Light candles after 7:49pm

Sunday, September 20th
Rosh Hashana Ends 7:47 pm

Erev Yom Kippur

Sunday, September 27th
Light Candles at 6:32 pm

Yom Kippur

Monday, September 28th
Holiday Ends at 7:31pm

Synagogue services will be held in the garden starting at 10am

*Message from Director of Social Work, Programs
and Support Programs*

It has been just over a month since I joined the team at Hillel and I want to start off by saying – thank you. I have big shoes to fill but I’m honoured to be part of such a renowned facility taking care of our most vulnerable. Starting a new job, during a pandemic no less, is not easy but the warm welcome that I’ve received from staff, residents and families has helped with the transition. While the “new normal” is making it more difficult to connect, I am eager to connect with all of you soon.

I know the past several months have been challenging for our residents. The Lodge has not been able to offer as many group activities as our residents are accustomed to. While we can’t replace in- person activities, we recently installed a SMART Tv on each unit so that we can offer ZOOM programming. The timing couldn’t be better as Marilyn Adler and the recreation staff have put together a month full of engaging activities to welcome the Jewish New Year. In this newsletter, you will notice a list of Special Events that our residents can look forward to. This list is just a sample of activities that are happening all month long. It should be a great time – and there will be something for everyone.

I want to wish each of you, your families and our residents a happy new year filled with sweetness and happiness in the challenging year to come.

Shana Tova!
Lisa Rossman

Special Events

Tuesday, September 8th

10:00 a.m. - Creative Connections with Rabbi Scher for High Holidays (virtual program)

Wednesday, September 9th

2:30 p.m. - High Holiday Zoom Concert with Cantor Green

Wednesday, September 16th

2:00 p.m. - YouTube Rosh Hashana services and music

Saturday, September 19th

Rosh Hashanah Services

Sunday, September 20th

Rosh Hashanah Services

Saturday, September 26th

Oneg Shabbat with Toby and Joel Yan (virtual)

Monday, September 28th

Yom Kippur Service
YIZKOR

Wednesday, September 30th

2:30 p.m. - Rabbi Mikelberg: Preparing for Yom Kippur in unprecedented times

*12th Annual Biking For Bubbies
Sunday, September 15th, 2020
2020 Goal – \$218,000*

Donations for Biking for Bubbies can be made online at <https://www.hillel-ltc.com/2017-biking/> or dropped off at the Foundation Office.



Thank you for your support



Friday, September 4th

Shofar Factory & Oneg Shabbat with Rabbi Blum his wonderful, virtual program was viewed on 2 of the 3 newly donated 65" Smart TVs



**OUR SINCERE
CONDOLENCES
TO THE FAMILIES OF:**

**Etta Karp
Joel Berkovic
Josephine Fiksel**

*May their memory
be a blessing always.*

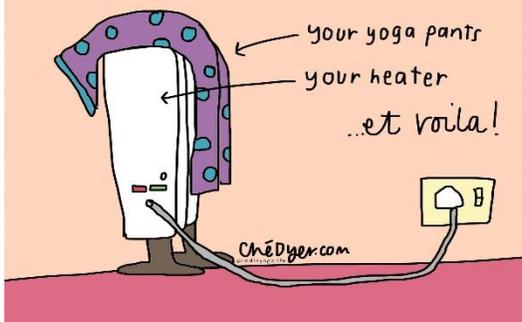


**WELCOME
NEW RESIDENTS**



**Rose Leimovici
Iezzi Rosaria
Andrew Sozanski
Anna Dukszto-Lemanczyk**

DIY "HOT YOGA"
@ HOME...



THANK YOU. We are committed to keeping you loved ones safe and want to thank you for your cooperation and patience as we navigate our new reality. We know that the rules and policies continue to evolve and appreciate that you have all done your best to respect them.

Birthdays

- Esther Ballon*
- Marilyn Bard- Stegenga*
- Frances Brainin*
- Eddy Brunke*
- Susan Eldridge*
- Fred Fiksel*
- Bronia Goldman*
- Rochelle Greenberg*
- Stanley Nemiroff*
- Marvin Shabinsky*
- Bess Silverman*
- This Tran*
- Naomi Wilansky*



A NOTE FROM OUR RABBI:

The Month of Tishrei

Why are there so many holidays within this short period of time? Almost feels like visiting a foreign country (not during COVID, of course) and we need to visit each suggestion that Travelocity has posted, just finish one site and we're off to the next. Wouldn't it make more sense to relax a bit and appreciate each of these holidays for what they are, absorb its message to the fullest extent before moving forward?

Truth is that Tishrei is about beginnings. We start with Rosh Hashanah, the *head*, the beginning, when we accept G-D as our King. We commit to a year in which we will dedicate and involve ourselves more than in the past. We then continue the month with the 10 Days of Tshuva, Yom Kippur, Shemini Atzeret, and finally Simchat Torah. Almost seems like an emotional roller coaster where we experience these various feelings changing every few days.

When we reflect, it seems very appropriate. The month of Tishrei is about connecting to G-D. Whatever emotion we normally have at the forefront, or the various ones we go through during the year, month, or week - we look at our beginning and know that this feeling I'm experiencing now, I can use it too, in a G-Dly way. I'm happy, or I'm feeling a sense of dread, what do I do with it, if not for knowing how to channel it in a proper and healthy way.

I wish each and every one of our residents and their families, a Shana Tova Umetuka. A Sweet & Happy New Year!

Rabbi Teitlebaum



YOUR INPUT MATTERS

We want to hear from you! If you have any feedback about what you would like to see in Lodge Line or have any comments that you'd like to share, please contact the Director of Social Work, Programs and Support Services Lisa Rossman at 613.722.2225. ext. 114 or lrossman@hillel-ltc.com.