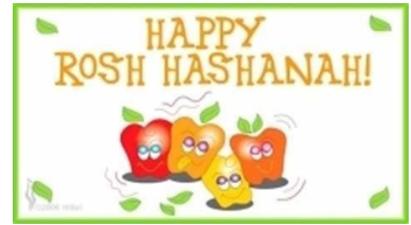




LODGE LINE

September 2021



COVID VACCINE - 3rd DOSE

The 3rd dose of the Pfizer vaccine will be made available to residents in the very near future. The Lodge will require each resident or each resident's POA to complete a new consent form before we can administer the vaccine. 3rd doses will be administered to each resident 5 months after they received their 2nd dose. We have access to all our residents' vaccine records so we will be able to determine when your family member is eligible for the 3rd dose. Copies of the COVID consent form will be made available at the front reception. If you would like to be present when we administer the 3rd dose to your family member, please contact Morag Burch at mburch@hillel-ltc.com.

SEPTEMBER BIRTHDAYS BIRTHDAY PARTY ON SEPTEMBER 19th at 2:15pm

Esther Ballon
Marianna Banfalvi
Marilyn Bard-Stegenga
Frances Brainin
Eddy Brunke
Susan Eldridge
Bronia Goldman
Rochelle Greenberg
Malca Kahansky
Janet Murton
Bess Silverman
Thi Tran



L'Shana Tova Tikvotenu

On behalf of everyone at Hillel Lodge, we wish you and your families a Happy New Year filled with good health, happiness and peace!

What is happening this month?

** Virtual programs unless otherwise noted*

Weekly

- Connecting Creativity – Art Therapy
- Outdoor resident strolls (in person)
- Music Therapy with Rachel (in person)

New Older Adults Community classes

Oneg Shabbat with Rabbi Ely Braun

Oneg Shabbat with Rabbi Teitlebaum

Oneg Shabbat with Ranit Braun

Meet and Greet with the Liberal and Conservative candidates for Ottawa Centre

Music in the Garden with Noel (weather permitting)

Synagogue for the High Holidays

Federal Election on September 15th

Birthday party with Evelyn Greenberg

MEET THE CANDIDATES.

With the federal election happening on September 20, 2021, two of the candidates for Ottawa Centre are coming to the Lodge to meet our residents.

Thursday, September 9 – 2:15 pm

Conservative Candidate,
Carol Clemenhagen

Sunday, September 12 – 11:00 am

Liberal Candidate, Yasir Naqvi

Both candidates look forward to meeting and socializing with our residents.

VOTING DAY FOR THE RESIDENTS
September 15 - 9:30-1:30pm

Just a friendly reminder...

YOUR FEEDBACK MATTERS

Have you completed the Hillel Lodge Family Survey? If not, there is still time!

The survey can be accessed at the following link and the deadline has been extended to Monday, September 20, 2021.

<https://www.surveymonkey.com/r/PSGBKXL>

Your input will help us improve the delivery of care and the quality of services.

Welcome New Residents

Ariel Arnoni
Bluma Goldenberg
Abe Lipson
Ludmila Potashnik

Our Sincere Condolences to the Families of:

Paul Bertrand
Grace Chong
Anna Feldman
Margie Feldstein
Jack Lazarus
Gertrude Paul
Sheila Pollock
Ruth Victor



*May their memories
be a blessing always.*



Welcome... to our new staff members

Roxane Duhaime, PSW
Christine Ndamukunda, RPN
Marie Gabrielle Louis Pauyo, PSW
Helly Sathwara, Rec Assistant
Sunshine Torres, PSW
Melodee Villacorte, PSW



Family Council

The Family Council wishes you and your family a Shana Tova. They look forward to resuming their meetings in October and hope you will be able to attend.

In the meantime, if you are entering the Lodge, please check out the Family Council Bulletin Board, located near the elevators on the main floor, for more information, including how to join the Council.

ROSH HASHANA and YOM KIPPUR

Rosh Hashana is the Jewish New Year. It is a two-day celebration and is one of the "High Holy Days" in the Jewish Religion. One of the best-known rituals of Rosh Hashanah is the blowing of the *shofar*, a musical instrument made from an animal horn. The shofar is blown at various points during the Rosh Hashanah prayers. It is also a symbolic "wake-up call", stirring Jews to mend their ways and repent. Traditional foods for Rosh Hashanah include apples dipped in honey, to symbolize a sweet new year, and pomegranates, to symbolize being fruitful like the pomegranate with its many seeds.

Rosh Hashanah marks the beginning of a 10-day period of introspection known as the "ten days of repentance" or "**the days of awe.**" During this time, Jews should meditate about the holidays and ask for forgiveness from anyone they have wronged. This period culminates on **Yom Kippur**, also known as the Day of Atonement. Yom Kippur is the holiest day on the Jewish calendar. It is a time set aside to repent for sins and to reflect on the year past and the year to come. For those who are able, this holy day is typically observed with a day-long fast and intensive prayer.

A MESSAGE FROM RABBI TEITELBAUM

ב"ה

Happy New Year!

This coming year, 5782, which starts on Monday evening is a special year. It's a Shmittah year. The seventh in the seven-year cycle that the Jewish people have been counting since they settled the land of Israel. The Torah refers to the Shmittah year as the Sanctified Sabbatical year.

When the Torah introduces this subject, we are told that "When you will come into the land . . . the earth shall rest a Sabbath unto G-d. Six years shalt thou plant thy field". The order of the pasuk seems reversed in that it first introduces the seventh year, it being a year of Shabbat and resting of the land, and only thereafter explaining that we first work the land for six years.

What can we learn from this?

A beautiful message on this idea is that "When we come into the land", we wish to establish our way of life according to G-d's will, which includes "working the land", and everything associated with this. We must remember that our focus remains on that Sabbatical year, where with faith in G-d, we constantly keep in mind and remember why we are doing what we are doing.

Sometimes in life, we get so caught up in our day-to-day activities that pull us in many directions, but ultimately there must be a purpose. The Shmittah reminds us why we are doing this and the value of all the work put into reaching our goals.

We know on some level that we should be leading a more spiritual life, and a more fulfilling life. We recognize that we must put more purpose into our regular activities so they too can be used as a spiritual conduit in making this world a better place. In business, we conduct ourselves honestly, and are fair with others we meet. We have integrity, and kindness and use an encounter with another for something positive. Even in difficult times, as we are experiencing now, we look to see how we can help others who are less fortunate, and we thank G-d for the opportunity, and acknowledge the role we play in helping others, and making this world a better place. L'Shaken Sh'mo Shom, to make G-d's name known in this world.

As we enter the New Year, let us remember how each of us plays a role in G-d's work, bringing more spirituality and a dwelling place for G-d on this world. Shana Tova!

HAPPY BIRTHDAY

As with everything else at the Lodge, we have had to change how we celebrate residents' birthdays. Nonetheless, we make sure that each resident's birthday is special



JULY AND AUGUST BIRTHDAYS

Raezelle Goldmann



Roger Barrow



Theresa Rowan



Zelda Leibovitch



Elizabeth Dunbar



Anna Duksztol-Lemanczyk



Dirk Partridge



Donald Moore



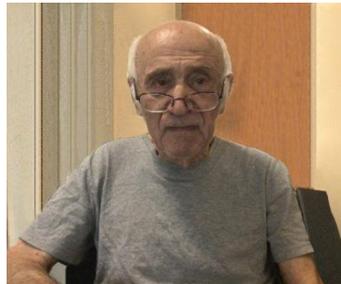
Karen Jackson



Judith Kune



Romen Blinder



Isadore Hoffman



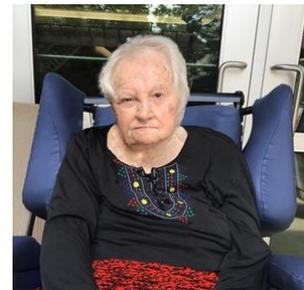
Estera Pulvermacher



Gary Price



Regina Koper



Helen Crawford



Eileen Tanner

