



LODGE LINE

October 2021

Happy Thanksgiving!
On behalf of everyone at Hillel Lodge, we wish all who celebrate a happy and healthy Thanksgiving holiday.

Policy Change for Over-the-Counter Products

Please note an upcoming policy change related to **over-the-counter products**: As of **January 1st, 2022**, in order to be compliant with the *Long-Term Care Homes Act*, the Lodge's staff will only administer over-the-counter (OTC) products – including vitamins, minerals and other supplements - to a resident if they have been dispensed through the home's pharmacy services provider (such as MediSystem Pharmacy). Staff will no longer administer other OTC products; therefore, for the safety of all residents, we recommend that residents and families no longer bring these other OTC products into the home.

**OCTOBER BIRTHDAYS
BIRTHDAY PARTY ON
THURSDAY, OCTOBER 21 at
2:15pm**

Ioana Baronide
Sheldon Berman
Dennis Bettez
Esther Boubilil
Rosaria Iezzi
David Jacobson
Allen Markowitz
Edna McDilda
Sara Shabsove
Sylvia Shier
Quang Tran



What is happening this month?

** Virtual programs unless otherwise noted*

Weekly

- Connecting Creativity – Art Therapy
- Music Therapy with Rachel (in person)

Oneg Shabbat with Rabbi Teitlebaum (in person)

Oneg Shabbat with Rabbi Lesser

Oneg Shabbat with The Ganon Preschool

Oneg Shabbat with Joel and Toby Yan (In person)

Mindfulness Meditation with University of Ottawa student Christelle

An hour with Professor Gerry Cammy (In person)

World Tour of Africa with University of Ottawa student Asma

Birthday party with Evelyn Greenberg (In person)

COVID-19 Immunity Study

Early in September, residents and staff participating in the Bruyère COVID-19 Immunity Study had a second blood sample taken.

Booster shots (3rd shots) of the Pfizer COVID vaccine have now been administered to our residents. As the next step in their research, Bruyère will be returning to the Lodge at the end of October to take another blood sample from residents who received a booster shot in September.

 Just a friendly reminder...

GET THE FLU SHOT - NOT THE FLU!

With flu season approaching once again, the Lodge will be offering flu shots to residents. The Lodge will review residents' charts to review who will be receiving the flu shot for the 2021-2022 season.

Flu shots will be administered at the end of October as residents must wait a full month after their 3rd dose of the COVID vaccine.

If you have any questions please contact Morag Burch at mburch@hillel-ltc.com

Welcome New Resident

Edna Bass

Our Sincere Condolences to the Families of:

Nessie Leibovitch
Leo Ratner

*May their memories
be a blessing always.*



Welcome... *to our new staff members*

Ratika Chawla, Food Service Worker

Nitesh Desai, Project Coordination
Assistant



Family Council

Family Council will resume this month and they are looking for new members. Family Council is a support group made up of current and former family members of Hillel Lodge residents. Meetings are held virtually and in the evening. To learn more about family council and to learn about this month's meeting, please contact Caren Kaminsky Goldsmith at caren@goldsmith.ca

THANKSGIVING - OCTOBER 11, 2021

Thanksgiving in Canada is celebrated on the second Monday of October each year. It is an official statutory holiday across the country - except in PEI, Newfoundland, New Brunswick and Nova Scotia. While the original idea was to give thanks for the past harvest season, for many Canadian families, the tradition is now to get together with friends and family and eat a large turkey dinner.

Did you know?

- The first Thanksgiving meal was originally held in 1578, in what is now Newfoundland, when English navigator Martin Frobisher held a celebration after his crew survived the long journey over the seas.
- In 1879, Parliament declared November 6th to be an official Thanksgiving holiday.
- After WWI, both Armistice Day (now Remembrance Day) and Thanksgiving were celebrated the week of November 11th.
- The date jumped once last time, in 1957, when Parliament declared Thanksgiving to be held every year on the second Monday in October.

INTERGENERATIONAL DEMENTIA COMPANION'S PILOT PROJECT

We are proud to announce that Hillel Lodge will be participating in the **Intergenerational Dementia Companion's Pilot Project**, led by the Champlain Dementia Network. This project matches high school students with people living with dementia in a variety of settings. The aim of this project is to increase students' level of comfort and knowledge with dementia, as well as to provide companionship and other assistance to those living with dementia.

We are very excited for our student to join us in the coming weeks! Through training and supervision by the Lodge's recreation staff, our student will be empowered to play a vital role as assistant to our residents, and our residents will benefit from their companionship.



"Vegetables are a must on Thanksgiving. I suggest carrot cake, zucchini bread and pumpkin pie."

WHY DID EVERYONE ENJOY BEING AROUND THE VOLCANO?

IT'S JUST SO LAVA-ABLE

HAPPY BIRTHDAY



As with everything else at the Lodge, we have had to change how we celebrate residents' birthdays. Nonetheless, we make sure that each resident's birthday is special

SEPTEMBER BIRTHDAYS

Susan Eldridge



Bronia Goldman



Rochelle Greenberg



Marianna Banfalvi



Malca Kahansky



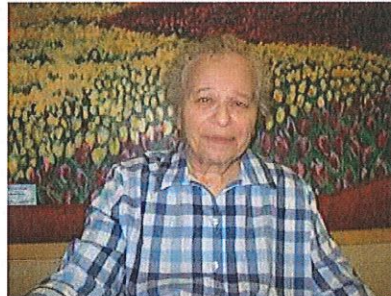
Eddy Brunke



Bess Silverman



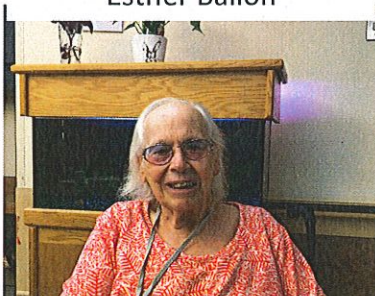
Marilyn Bard-Stegenga



Thi Tran



Esther Ballon



Janet Murton

