

# Lodge Line

March 2022



*Wishing you a Purim filled with Joy, Happiness and Good Health!*

## What is Purim?

Purim is a joyous Jewish holiday which commemorates the salvation of the Jewish people from Haman's plot to kill all the Jews in the ancient Persian empire, as recounted in the Book of Esther.

This year Purim begins on the night of Wednesday, March 16th and continues through Thursday, March 17th.

## How is Purim Celebrated?

- Reading of the Megillah (book of Esther)
- Exchanging gifts of food and drink, known as *mishloach manot*
- Donating charity to the poor, known as *mattanot la-eyyonim*
- Eating a celebratory meal known as a *se'udat Purim*

Other customs include wearing masks and costumes, public celebrations, and parades, eating hamantaschen and drinking wine or other alcoholic beverages.

## WHAT'S HAPPENING THIS MONTH



### Daylight Savings Time

Clocks go ahead 1 hour on March 13<sup>th</sup>

### Thursday, March 10<sup>th</sup>

2:15 p.m. - Purim with Rabbi Scher (Zoom)

### Wednesday, March 16<sup>th</sup>

6:30 p.m. - Reading the Megillah for Purim

### Thursday, March 17<sup>th</sup>

10:30 a.m. - Reading the Megillah for Purim



### Monday, March 7<sup>th</sup>

10:30 a.m. – 3 East  
11:00 a.m. – 3 West

### Monday, March 14<sup>th</sup>

10:00 a.m. – 2 West

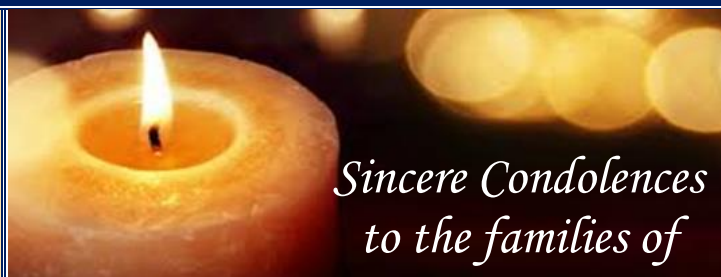
### Monday, March 21<sup>st</sup>

10:30 a.m. – 1 West

*Welcome* New Residents

*The Management & Staff of Hillel Lodge would like to give a warm Welcome to*

Kailash Malhotra  
Marilee Jussup  
James Thompson  
Sylvia Calder  
Norah Pacey



*Sincere Condolences  
to the families of*

*Ronald Simkover  
Elias Abou Arrage  
Manci Zaid  
Bryna Kahane  
Samuel Zunder*

*May their memories be a blessing always*

## **Health and Safety Note**

The Joint Health & Safety Committee will continue to improve and focus on supporting Hillel residents, staff, stakeholders and all who enter our home. We are currently working on:

1. Building a strong, transparent, and visible Joint, Health and Safety Committee (JHSC)
2. Updating our Health and Safety notice board to ensure everyone has accessibility to current Health and Safety information
3. Encouraging new members – Union members- please speak with your Hillel staff union representative
4. To be available as JHSC members for questions and/or feedback
5. Certified members



For any questions related to JHSC, please direct your questions to [tpicken@hillel-ltc.com](mailto:tpicken@hillel-ltc.com)



*Just a friendly  
reminder...*

The Home does not make any transportation arrangements or companion arrangements for residents who want to leave the facility for social or medical appointments. All travel-related arrangements are the responsibility of residents, family members, friends or POAs.

If you don't know where to begin, please contact Lisa Rossman at [lrossman@hillel-ltc.com](mailto:lrossman@hillel-ltc.com). She would be happy to guide you and provide you with a list of transportation companies and well-known homecare companies.



The Birthday Party  
with Evelyn Greenberg  
will be held on  
Thursday, March 24<sup>th</sup>  
at 2:15 p.m.

***The residents celebrating are:***

- Edna Bass
- Edith Landau
- Brenda Liff
- Abe Lipson
- Lazarus Newman
- Marilyn Newman
- Patricia Nicol
- Anne Spicer



**MARCH IS  
NUTRITION MONTH**

During Nutrition Month 2022, dietitians will explore the key “ingredients” needed to change our food systems for a healthier tomorrow. These ingredients will take the form of actions that can improve an individual’s health in addition to systemic changes that can be made, not just for today, but for the future.

Here are some tips for healthy eating:

- Load up on Fruits and Veggies
- Eat Enough Protein
- Minimize Sugar Intake
- Use Extra Virgin Olive Oil
- Stay Hydrated
- Spice up Food with Herbs and Spices
- Supplement with Vitamins and Minerals

**Residents Council**

The Residents’ Council is an independent group made up of only residents of a long-term care home.

The Council’s mission is to represent all residents who reside in the home, whether or not they attend meetings. All residents have the right to participate in the Residents’ Council.

Hillel Lodge’s Residents’ Council meets regularly to provide advice and recommendations to the management team.



**The next Resident Council Meeting  
will be held on March 16<sup>th</sup> at  
2:30 p.m. on 1 West**

**Family Council**

Family Council is a support group made up of current and former resident family members sharing a sense of purpose, common goals, and objectives.

Members virtually meet regularly in the evening.

The Family Council is always looking to welcome new members. For more information about the council and about joining, please contact Caren Kaminsky Goldsmith at [caren@goldsmith.ca](mailto:caren@goldsmith.ca)

If you are coming into the Lodge to visit someone, don’t forget to check out the Family Council bulletin board.





*Happy Anniversary!*

*to the following  
Staff Members celebrating in March!*

**31 Years**

Touch Sorm, Laundry Aide

**20 Years**

Cheryl Weatherup, Receptionist

**18 Years**

Kelly Thompson,  
Administrative Coordinator

**6 Years**

Kumba Barrie, RPN

**1 Year**

Chamroeun Yit, Housekeeping  
Madingi Mukelengo, Housekeeping

*Thank you for all the contributions  
you have made in making  
Hillel Lodge great!*

*welcome*  
TO THE  
TEAM

***New staff members***

Catherine Cadap - PSW  
Raymond Mercado - PSW  
Josephine Osipenko - PSW  
Jeyarani Raveenthiran - Dietary Aide  
Pauline Voisey - Program  
Administrative Clerk

***Returning staff members***

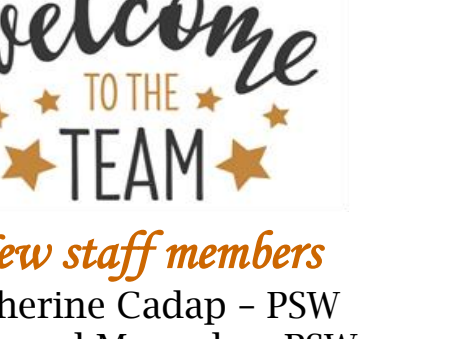
Rolando Lagmay - Restorative Care  
Anjelani Musaka - PSW

*Farewell*

*All the best!*

Marie Gerome-Joachim - RPN  
Pattariya Kookongkiat - PSW  
Kim Ronse - Payroll Officer

## *Hillel Heroes*



In recognition of all the hard work and dedication from the amazing staff of Hillel Lodge during this difficult time, many family members and other stakeholders have generously donated to the Hillel Lodge Foundation Hillel Heroes Fund.

Staff are currently forming a committee to come up with ideas on how they would like to use these funds.

If you would like to recognize a Hillel Hero (individual, department, all staff), please contact the Foundation at 613-728-3990 to make a donation.