

Lodge Line

August 2022

August is like the Sunday of Summer

Congratulations!

All the Hard Work has Paid Off!

Hillel Lodge has received its CARF Accreditation report, and we have been awarded a *Three-Year Accreditation In Person-Centred Long-Term Care Community*.

A message from CARF:



"This achievement is an indication of your organization's dedication and commitment to improving the quality of lives of the persons served. Your organization should take pride in achieving this high level of accreditation."

This success is due to the hard work and commitment of our staff and partners each of whom plays a vital role in the creation of the unique and welcoming home that is Hillel Lodge. We would like to

say a special thank you to everyone who participated in the two-day accreditation survey process. We look forward to celebrating the many strengths that were identified in the report and in working together to create a quality improvement plan outlining actions that will be taken to address areas for improvement identified in the report.

A Message from the President



"Congratulations to Ted and the entire staff!"

On behalf of the Lodge Board of Directors, I want to thank each and every one of you, and the staff, for your incredible devotion and excellent care and attention that you provide to our residents daily.

In Yiddish, we might express our pride by saying, "Yasher Koach", which literally means "May it be for strength". Let us all continue to get stronger, and healthier, each day and to do whatever we can to ensure the same for our residents."

*Marty Black, President
Hillel Lodge Board of Directors*



NEW RESIDENTS

*The Management & Staff of Hillel Lodge
would like to give a
warm welcome to*

Francesco "Frank" Imerti
Max Weinstein

*Sincere Condolences
to the family of*

Bess Silverman

May her memory be a blessing always



*Happy
Anniversary!*

*to the following
Staff Members celebrating in August!*

22 Years

Marilyn Adler, Recreation & Volunteer Manager
Ray Long, Housekeeping Aide

20 Years

Sonia Cherestel, PSW

13 Years

Alandra Lewis, PSW

9 Years

Almaz Hailemariam, PSW

2 Years

Lisa Rossman, Director of Social Work,
Programs & Support Services

*Thank you for all the contributions you have
made in making Hillel Lodge great!*

**WELCOME
BACK**

Samia Ismail, RPN

Farewell
All the best!

Savannah Browne, RPN
Mounifie Khatib, PSW

Please note!

Going forward, all Trust
Fund Petty Cash will be
handled by Pauline at the
Reception desk.

UPCOMING EVENTS



Monday, August 8th - 2:30 p.m.

An Hour with Guest Speaker
Professor Gerry Cammy

Tuesday, August 9th

10:30 a.m.

The Usuals Jazz Band

2:15 p.m.

Therapeutic Chair Yoga and Qigong with Eric

Wednesday, August 11th & 16th - 2:30 p.m.

Keep on Singing with Alison James,
Al Garman and Howard Kaplan

Tuesday, August 16th - 11:00 a.m.

Zumba Gold Chair with Debbie

Thursday, August 25th - 2:30 p.m.

Therapeutic Drumming Circle with
Nigel Harris

Tuesday, August 30th - 10:30 a.m.

Tai Chi with Ruth



**The Birthday Party
with Joel Yan & Alison James
will be held on
Thursday, August 18th, 2022
at 2:30 p.m.**

The residents celebrating are:

Roger Burrow
Elizabeth Dunbar
Raezelle Goldman
Isadore Hoffman
Gary Price
Theresa Rowan
Nina Shekhautsova

RESIDENT BBQ DINNERS IN THE GARDEN

Wednesdays at 4:45 p.m.

August 3rd - 3 West

August 10th - 3 East

August 17th - 1 West / 2 East

August 24th - 2 West



Monalea Mobile Petting Farm

**Tuesday, August 23, 2022
11:00 a.m. - 3:00 p.m.**

Residents will have a hands
on experience with the
animals and we expect it to
be a fun time for all!

Guess who is coming?

Rabbits, Goats, Sheep, Ducks
Geese, Llamas and Alpacas



Residents' Council



The Residents' Council is an independent group made up of only residents of a long-term care home.

The Council's mission is to represent all residents who reside in the home, whether or not they attend meetings. All residents have the right to participate in the Residents' Council.

Hillel Lodge's Residents' Council meets regularly to provide advice and recommendations to the management team.

**The next Resident Council Meeting
will be held on
Monday, August 15th at 2:15 p.m.**

Family Council



Members of the Family Council come together regularly, share a sense of purpose, and have common goals and objectives.

The Family Council is always looking to welcome new members. For more information about the council and about joining, please contact Caren Kaminsky Goldsmith at caren@goldsmith.ca

**The next Family Council Meeting
will be held on
Wednesday, August 10th at 7:00 p.m.**

FOOD COMMITTEE MEETINGS

Wednesday, August 24th

3 East - 10:30 a.m.

1 West - 11:00 a.m.

3 West - 2:15 p.m.

Thursday, August 25th

2 West - 10:30 a.m.



How do you keep
a bagel from getting
away?

Put lox on it!

Tisha B'Av

תשעה באב

Tisha B'Av, the 9th day of the month of Av (Beginning at sundown on August 6, 2022 and ending at nightfall on August 7, 2022), is an annual fast day and is regarded as the saddest day in the Jewish Calendar.

The fast commemorates the destruction of both the First Temple and Second Temple in Jerusalem, which occurred about 655 years apart, but on the same Hebrew calendar date. Tisha B'Av is never observed on Shabbat. If the 9th of Av falls on a Saturday, the fast is postponed until the 10th of Av.



CELEBRATE YOUR LOVED ONE'S CONTRIBUTION!
AUG 10TH, 2022, 10:30AM-NOON

PEACE-ING JOY TOGETHER

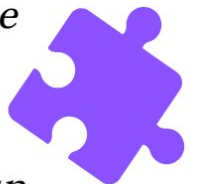
A new collaborative artwork created by residents of Hillel Lodge is now on display! You are welcome to join us in celebrating your loved one's participation in this project on Aug 10, 2022 from 10:30am-noon. Come see the mixed media (fabric, clay, collage) artwork inspired by Monet's The Artist's Garden at Vétheuil and create a flower of your own.



Two art therapists worked in collaboration with the Hillel Lodge recreation team and social worker to explore the residents' views of hope and joy. Residents participated in cohorted weekly art therapy groups or an individual session, culminating in an artwork that pieces together the various creations.

The goal of the project was to create a sense of connection, foster engagement, and improve levels of depression in the face of the isolation and uncertainty caused by COVID-19.

We gratefully acknowledge the funding by Funded Healthcare in Excellence Canada which supported the execution of this project.



Hillel Get's New Lifts!

People who are living with immobility rely on lifts to safely transport them from place to place, with the help of their caregivers. A lift is a mobility tool used to help seniors with mobility challenges get out of bed or the bath. They are an essential tool for staff at Hillel Lodge. There are 4 different types of lifts Hillel uses to care for our residents:

1. Portable Sling Lifts, 2. Sit-to Stand Lifts, 3. Shower/Tub Chair Lifts and 4. Ceiling Lifts. Along with those lifts, the appropriate slings to safely allow the lifts to support the residents for the transfer are required.



Earlier this month, a shipment of portable lifts arrived at Hillel Lodge. We removed and recycled most of the existing lifts and replaced with and deployed all brand-new lifts. We will be receiving the new ceiling lifts in August.

The project involved planning and a significant amount of training for all of our care staff. When complete we will have deployed 30 portable lifts, 46 ceiling lifts and trained over 100 staff.

This project required significant funding and none of this could have been achieved without **The Hillel Lodge**

Long-Term Care Foundation. We are all thrilled to have received our new equipment. On behalf of the whole team at Hillel Lodge, we are so grateful for the tremendous support we have and continue to receive from The Foundation.

If you want to learn more about the project, please contact Brian Miklaucic, Project Manager at bmiklaucic@hillel-ltc.com or 613-728-3900 x112.