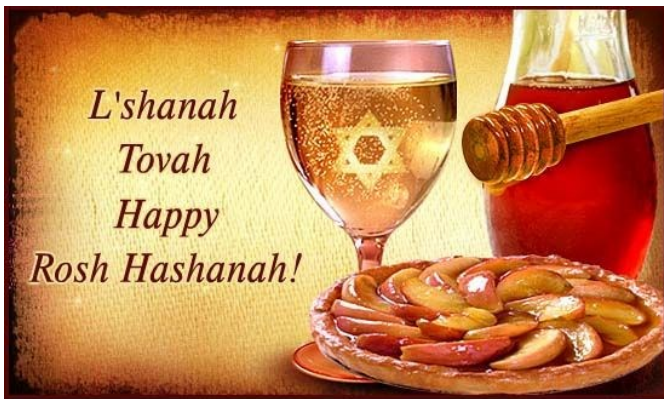


Lodge Line

September 2022

by all these lovely TOKENS
september DAYS ARE HERE,
WITH SUMMER'S BEST OF *weather*
AND **autumn's**
best of cheer.



*L'shanah
Tovah
Happy
Rosh Hashanah!*

Rosh Hashanah, the Jewish New Year, is one of Judaism's holiest days. Meaning "head of the year" or "first of the year". It begins at sundown on the eve of Tishrei 1 (Sept. 25, 2022) and ends after nightfall on Tishrei 2 (Sept. 27, 2022).

Rosh Hashanah commemorates the creation of the world and marks the beginning of the Days of Awe, a 10-day period of introspection and repentance that culminates in the Yom Kippur holiday, also known as the Day of Atonement.

The central observance of Rosh Hashanah is blowing the shofar (ram's horn) on both mornings of the holiday (except on Shabbat), which is normally done in synagogue as part of the day's services.

Rosh Hashanah feasts traditionally include round challah bread (studded with raisins) and apples dipped in honey, as well as other foods that symbolize wishes for a sweet year.

Other Rosh Hashanah observances include candle lighting in the evenings and abstaining from creative work.

Yom Kippur is the holiest day on the Jewish calendar, this year beginning at sundown on Tuesday, October 4, 2022 and ending at nightfall on Wednesday, October 5, 2022. It is a time set aside to repent for sins and to reflect on the year past and the year to come. Jews traditionally observe this holy day with a 25-hour period of fasting and intensive prayer, often spending most of the time in synagogue services.



Yom Kippur



NEW RESIDENTS

The Management & Staff of Hillel Lodge would like to give a warm welcome to

- Peter Breaks
- Pauline Charlebois
- Violet Cutler
- Denzil Dufault

Sincere Condolences to the families of



- Morris Arian
- Annette Milstock Fortune
- Dirk Partridge
- Bess Silverman
- Beverly Weiner

May their memory be a blessing always

welcome
TO THE TEAM
New Staff Members

- Onyinoyi Bello - Receptionist
- Jason Bourdeau - Building Operator
- Troy Weidman - Recreation Assistant

Farewell
All the best!

Savannah Browne, RPN



Staff Members celebrating in September!

- | | | |
|---|---|--|
| <p>24 Years
Marina Squires, RN</p> <p>22 Years
Ghidai Ghebre, PSW
Judite Joseph, PSW
Brenda Olliviere, PSW
Francois Rutarindwa, RPN
Carmelita Vidal, PSW</p> <p>21 Years
Aster Belete, PSW</p> <p>16 Years
Krystle Kluge, Restorative Care Worker</p> | <p>12 Years
Stella Tshilenge, PSW</p> <p>11 Years
Meaza Meherete, PSW
Florence Mrgan, COVID Screener</p> <p>10 Years
Winnie Leung, Food Service Worker</p> <p>5 Years
Narina Luy, Food Service Supervisor</p> | <p>3 Years
Mariam Gaber, PSW
Christine Ngandu, Scheduling Coordinator
Milagros Pascual, PSW</p> <p>1 Year
Ratika Chawla, Food Service Worker
Alem Haile, PSW</p> <p><i>Thank you for all the contributions you have made in making Hillel Lodge great!</i></p> |
|---|---|--|

UPCOMING EVENTS

This Month



Monday, September 5th

2:30 p.m. - Music with Malcolm Wade

Tuesday, September 6th

10:30 a.m. - The Usuals Jazz Band

2:30 p.m. - Therapeutic Chair Yoga and Qigong

Thursday, September 8th

2:30 p.m. - Keep on Singing with Alison, Al and Howard

Monday, September 12th

2:30 p.m. - Music with Noel

Tuesday, September 13th

10:30 a.m. - Tai Chi with Ruth

Monday, September 19th

2:30 p.m. - An Hour with Guest Speaker Gerry Cammy

Tuesday, September 20th

11:00 a.m. - Zumba Gold Chair with Debbie

Thursday, September 22nd

2:30 p.m. - Keep on Singing with Alison, Al and Howard



The Birthday Party
with Evelyn Greenberg
will be held on
Thursday, September 15, 2022 at
2:30 p.m.

The residents celebrating are:

Esther Ballon
Frances Brainin
Eddy Brunke
Sylvia Calder
Bronia Goldman
Francesco Imerti
Malca Kahansky
Janet Murton
James Thompson
Thi Tran



Biking for Bubbies

September 18, 2022!



Join us for the 14th annual Biking for Bubbies and the 2nd annual Family Fun Zone on Sunday, September 18th. These annual events raise much needed funds to support programs that provide a higher level of care for Lodge Residents. Programs such as the Feeding Assistance program and the Stay in Touch program have a direct and positive impact on people's lives every day.

To donate or register to ride, please click here: <https://hillel-ltc.com/foundation/events-1/biking-for-bubbies>

Residents' Council



The Residents' Council is an independent group made up of only residents of a long-term care home.

The Council's mission is to represent all residents who reside in the home, whether or not they attend meetings. All residents have the right to participate in the Residents' Council.

Hillel Lodge's Residents' Council meets regularly to provide advice and recommendations to the management team.

**The next Resident Council Meeting
will be held on
Monday, September 19th
at 2:15 p.m.**

Family Council



Members of the Family Council come together regularly, share a sense of purpose, and have common goals and objectives.

The Family Council is always looking to welcome new members. For more information about the council and about joining, please contact Caren Kaminsky Goldsmith at caren@goldsmith.ca

**The next Family Council Meeting
will be held on
Thursday, September 1st
at 7:00 p.m.**



8 Safety Tips in the Workplace

- Always Report Unsafe Conditions
- Keep a clean work environment
- Be aware of your surroundings.
- Wear protective personal equipment as required
- Stay up to date with new procedures or protocols
- Follow procedure, don't take shortcuts.
- Maintain proper posture during work tasks
- Offer guidance to new employees.

Announcement



We are pleased to announce that we have a new hairdresser joining us on September 6, 2022.

Heather Elliott-Davis will be providing hair and esthetic services at Hillel Lodge.



The price list will be on the door of the salon.