

Lodge Line

March 2023

It was one
of those
March
days when the sun shines hot
and the
wind blows cold:
when it is summer in the light,
and winter in the shade.
~Charles Dickens



*Wishing you a Purim filled with joy, Happiness
and Good Health!*

What is Purim?

Purim is a joyous Jewish holiday which commemorated the salvation of the Jewish people from Haman's plot to kill all the Jews in the ancient Persian empire, as recounted in the Book of Esther.

This year Purim begins on the evening of Monday, March 6th and continues through Tuesday, March 7th.

How is Purim Celebrated?

- Reading of the Megillah (Book of Esther)
- Sending gifts of food and drink (mishloach manot)
- Donating charity to the poor, known as matanot l'evyonim
- A festive Purim feast (seudat Purim)

Other customs include wearing masks and costumes, public celebrations, parades and eating hamantaschen.



*Happy
International
Women's Day*

March 8 is International Women's Day. It's a global day to recognize and celebrate women's and girls' social, economic, cultural, and political achievements. It's also a time to raise awareness of the progress made towards achieving gender equality and the work remaining to be done.

The beginnings of International Women's Day can be traced back to the early twentieth century. It emerged from the activities of labour movements in North America and Europe and reflected a growing call for women's equal participation in society. International Women's Day first took place on March 19, 1911, in Austria, Denmark, Germany, and Switzerland.



*Welcome
to our Home*

New Resident

*The Management & Staff of Hillel Lodge
would like to give a warm welcome to*

Steven Shapransky

*Sincere Condolences
to the families of*

**Regina Koper
Janet Murton**



May their memory be a blessing always



to our team!

New Staff Members

Adeyeye Adegaju

Stella Guest

Lina Imerti, Receptionist

Farewell



Alexander Cau, PSW

Happy Anniversary!

*to the following Staff Members
Celebrating in March*

32 Years

Touch Sorm, Laundry Aide

21 Years

Cheryl Weatherup, Receptionist

19 Years

**Kelly Thompson,
Administrative Coordinator**

7 Years

Kumba Barrie, RPN

3 Years

**Rolando Lagmay,
Restorative Care Worker**

2 Years

Yit Chamroeun, Housekeeping Aide

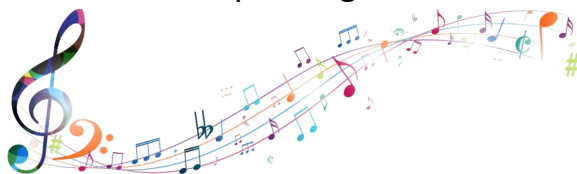
1 Year

**Catherine Chimal-Deschenes, PSW
Sandra Antwi, RN**

*Thank you for all the contributions you have
made in making Hillel Lodge great!*

Music Therapy Awareness Month

March is recognized as Music Therapy Awareness Month in Canada, where we celebrate the services provided by Certified Music Therapists (MTA) who utilize music-based clinical practices to help engage and rehabilitate residents depending on their needs.





Monday, March 6th

10:30 a.m. - Therapeutic Pawa of Canada
Pet Visit with Nancy, Kayla & Kugel

2:15 p.m. - Judy's Craft Club

6:30 p.m. - Megillah Reading with
Hershel Caytak

Tuesday, March 7th

10:30 a.m. - Megillah Reading with
Hershel Caytak

2:30 p.m. - The Joy of Purim with Ten Yad of
Ottawa, Ambassador
Dr. Ronen Hoffman, Rabbi
Scher and Family from
Congregation Machzikei Hadas



Thursday, March 9th

11:00 a.m. - Christian Mass with
Father Daryold

Friday, March 10th

11:15 a.m. - Chair Exercise with Gloria

Monday, March 13th

11:00 a.m. - Zumba Gold Chair



Tuesday, March 14th

10:30 a.m. - The Usuals Jazz Band

2:30 p.m. - Therapeutic Chair Yoga with Eric

Monday, March 20th

2:30 p.m. - Christian Mass with
Reverend Peate

Friday, March 24th

11:00 a.m. - Chair Exercise with Gloria



Daylight Savings Time

Clocks go ahead 1 hour on March 12th

Celebrating March Birthdays



**The Birthday Party
With Evelyn Greenberg
will be held on
Thursday, March 30th
at
2:30 p.m.**

Happy Birthday

Edith Landau
Rita Leiner
Brenda Liff
Abe Lipson

Oneg Shabbat

Fridays at 10:30 a.m.

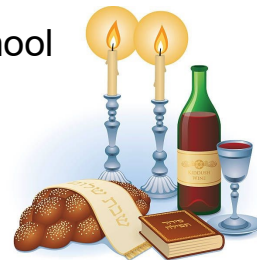
March 3rd: Joel Yan & Friends

March 10th: Ottawa Jewish Community
School Grade 8 Class

March 17th: Rabbi Teitlebaum

March 24th: Ganon Preschool

March 31st: Ranit Braun





In the spirit of deeper collaboration and sharing resources, we are thrilled to have Adina Libin officially joining the Hillel Lodge Long-Term Care Foundation as CFO. A small organization of our size would not be able to access such talent without this partnership with the lodge.

Adina has been with the Lodge since 2021 as Director of Finance, IT and Administration. Before coming to the Lodge she worked in the for-profit world for 9 years, with her most recent role as the COO of a profitable family-owned business. Prior to that, Adina worked in public accounting where she obtained her CPA, CA designation. Throughout it all though, Adina kept a foot in the not-for-profit environment through her board work, including many years on the boards of both the Hillel Lodge Long-Term Care Foundation and of the Lodge itself.



From the Hair Salon

To the residents and families of Hillel Lodge,

I wanted to introduce myself as your new hairdresser. My name is Leslie and I have been a hairdresser for 37 years, the past 22 of those I have been working in retirement homes. I look forward to meeting all of you and looking after all of your hairdressing needs.

I know that you are all anxious to get your hair done as you been without a hairdresser for quite a while. I hope to be caught up with everyone's haircuts within 3 weeks, and then will add in any chemical services that have been requested.

After I have caught up on all of the appointments, I will reevaluate how much time I need to get all services done and may, at that time, go to working two full days. If this does happen, I will move all residents with weekly or bi-weekly appointments on Tuesdays to Thursday mornings (unless Monday is better for you).

Thank-you, and I look forward to meeting all of you!

Leslie



A Note from a Family Member

Hi all,

I am 94 years of age and blessed on my journey from caring for myself living alone at home with my family help and now transitioned to Hillel Lodge Long-Term Care Home of Ottawa - with no huge mountains to climb or obstacles to overcome.

Finally, myself and wife who have been married over 66 years, have now been reunited and "have experienced the comfort, safety and resident-centered care of Hillel Lodge", as we travel on our journey through life, in compliance with Hillel Lodge's mission statement which states:

"To provide compassionate long-term care that empowers residents to lead full and engaged lives in a welcoming Jewish Environment."

Its vision is to continually strive to be at the forefront of person-centered long-term care.

Much appreciate your help in being "Person-Centered Cared" and experience well-being in this regard.

*Kind Regards,
Juanita and George Hopkinson*

News from the Nursing Department

What are we doing for Infection Control at Hillel Lodge?

Education

All staff must complete the infection control program on our Surge learning platform for Personal Protective Equipment (fondly known as PPE). Demonstration slides show our staff how to don (put on) and doff (take off) sequence.

The registered staff on each neighbourhood are coaching everyday as they keep a close eye on the staff to be sure they are putting into practice the education that they have completed.

Surveillance

Every neighbourhood has a surveillance sheet where the registered staff keep track of all infections monthly. This includes respiratory



issues, urinary tract infections, eye, and ear infections to name a few. The sheets are collected and the statistics are presented at the infection Control Committee meeting for comments, identification practice issues, and suggestions for future processes to decrease infections.

Auditing

Hand hygiene audits are conducted on each neighbourhood on both the day and evening shifts.



These audits are reviewed and analyzed for any themes that require an adjustment in our education delivery...everyone learns differently, and we are using more pictures and individual

explanations as well as traditional education methods.

The Ottawa Public Health in collaboration with the Ottawa Hospital has a special team that come into facilities to teach and audit and we have had this team in monthly to help us with our practices.

Infection Control and Practice Lead

Joanna Wexler-Layton has just

completed Queen's Infection Prevention and Control Professional Development Course. She leads the IPAC (Infection Practice and Control) team and this multidisciplinary team meets quarterly and reviews the surveillance .



The safety of our residents and staff is our role and we take it very seriously.....