Recreation Activity Schedule 1 West Neighbourhood

Wednesday

Therapy with Nokomi

Please Note: Programs are subject to change.

Your Recreation Team: Helly, Jess, Meghan and Marilyn

Saturday

Shabbat Shalom

Parshat: TETZAVEH

9:30 Davening/Teffila with

Parshat: KI TISA

9:30 Davening/ Teffila with

Shabbat Shalom

Parshat: VAYAKHEIL-

Hillel Lodge

Monday Locations Legend

2East Dining Room (2EDR) 2East Living Room (2ELR) 2nd Floor Dining Room (2)

3West Dining Room (3WDR)

Tuesday

9:45 Art Therapy (3L) 11:00 Art Therapy (3L) 4:00 Lessons from the Parsha with Rabbi T. (3EDR)

HAPPY BIRTHDAY EDITH

LANDAU

9:00 Individual Music

1 2:30 Mask Making for Purim (3)

Thursday

10:00 Pet Visits with Christine

11:00 Christian Mass with Father

2:15 Food for Thought: Kitchen

Darvold (2)

2:00 Nifty Nails (1W)

required) (3)

10:00 Pet Visits with

(RR)

(Cafe)

3:30 Mental Aerobics (1W)

Christine and

Tinkerbell Grace

and Tinkerbell Grace (RR)

Visit with Patty (Reservation

11:15 Exercise (3) 2:30 Bingo (Cafe)

(3WDR)

Light Candles: 5:34 pm

Class (Cafe)

11:15 Chair Exercise with

Gloria (3WDR)

Light Candles: 5:44 pm

2:30 Bingo (Cafe)

10:30 Oneg Shabbat with 10

the OJCS Grade 8

Rabbi Teitlebaum

Friday

Joel Yan and Friends

2 10:30 Oneg Shabbat with

Shabbat Ends: 6:38 pm **Shabbat Shalom**

Rabbi T. (S)

Shabbat Ends: 6:47 pm

Rabbi T. (S)

Therapy with Rachel, Miriam and Nokomi (RR) 11:00 Christian Community Gathering (2EDR) 1:30 Choir Practice (3L)

1:30 Choir Practice (2ELR)

HAPPY BIRTHDAY RITA

I FINFR

10:45 Individual Music

Nancy, Kayla & Kugel (RR) 2:15 Judy's Craft Club (3) 6:30 Megillah Reading with Hershel Caytak (S) 10:00 Pet Visits with Brian

10:30 Therapeutic Pawa of

and Thor (RR) 11:00 Zumba Gold Chair with Debbie (3EDR) 2:30 The Indian Wedding

20



Presentation (3)

10 2:30 Trivia Group (1W) 2:30 Christian Mass with Reverend Peate (2)

2:00 Program Planning Meeting for 1W (1W) 11:00 Prize Bingo for 2nd 28 10:30 Music with Ukelele **97** Floor (2)

(Cafe)

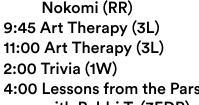
Band (Cafe)

True -The Human

Jukebox (Cafe)

2:30 Keep on Singing with Alison & Howard (3)

9:00 Individual Music Therapy with Nokomi (RR) 9:45 Art Therapy (3L) 11:00 Art Therapy (3L) 2:30 Keep on Singing with Alison and Howard (3WDR) 4:00 Lessons from the Parsha with



Rabbi T. (3EDR)

Therapy with

22 10:00 Pet Visits with Therapy with



Christine and

Tinkerbell Grace

10:30 Oneg Shabbat with 17 11:15 Exercise (3) 11:15 Prize Bingo for 2nd Floor 2:30 Music with Frank Scott

2:30 Bingo (Cafe)

(3EDR)

Light Candles: 6:53 pm

10:30 Oneg Shabbat with the Ganon Preschool (Zoom) (3)

11:30 Chair Exercise with Gloria 2:30 Bingo (Cafe)

5:45 Seudat Shabbat with Rabbi T. (3E & 3W DR)

Light Candles: 7:02 pm 10:30 Oneg Shabbat with 31

Ranit Braun (Zoom)

(3EDR) 11:15 Exercise (3)

2:30 Bingo (Cafe)

PEKUDEI 9:30 Davening/Teffila with Rabbi T. (S)

11

18

Shabbat Ends 7:56 pm **Shabbat Shalom**

> **LIPSON** Parshat: VAYIKIRA

HAPPY BIRTHDAY ABE

9:30 Davening/Teffila with

Rabbi T. (S)

Shabbat Ends: 8:06 pm



Sunday

Resident's Room (RR)

3rd Floor Lounge (3L)

3rd Floor Dining Room (3)

3East Dining Room (3EDR)

Café (Cafe)

1West (1W)

Synagogue (S)

HAPPY BIRTHDAY GEORGE

HOPKINSON

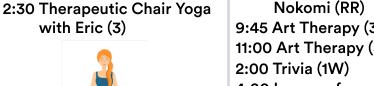
FAST OF ESTHER

Canada Pet visit with

Purim

10:30 Megillah Reading with Hershel Caytak (S) 2:30 Ten Yad of Ottawa. **Ambassador Ronen Hoffman** from the Israeli Embassy, Rabbi Scher and Family from

Congregation Machzikei Hadas will bring the Joy of Purim 14 9:00 Individual Music 10:30 The Usuals Jazz





Nokomi (RR) 9:45 Art Therapy (3L) 11:00 Art Therapy (3L) 4:00 Lessons from the Parsha with Rabbi T. (3EDR)

9:00 Individual Music

10:00 Pet Visits with Christine and Tinkerbell Grace (RR)

11:00 One-to-One Visits with

Light Candles: 7:11 pm

Father Daryold (RR) 2:30 Exercise (1W) 2:30 Birthday Party with 4:00 Memorial Service with **Evelyn Greenberg (Cafe)** Rabbi T. (3EDR)

Therapy with

Nokomi (RR)

9:45 Art Therapy (3L)

11:00 Art Therapy (3L)

10:45 Individual Music Therapy with Rachel, Miriam and Nokomi (RR) 11:00 Christian Community Gathering (2EDR) 1:30 Choir Practice (3L)

1:30 Choir Practice (2ELR) 10:45 Individual Music Therapy with Rachel,

Miriam and Nokomi (RR)

11:00 Christian Community Gathering (2EDR) 1:30 Choir Practice (3L) 1:30 Choir Practice (2ELR)

2:30 Congregation Machzikei Hadas Children's Group (Cafe)

HAPPY BIRTHDAY BRENDA 26 10:45 Individual Music Therapy with Rachel, Miriam and Nokomi (RR) 11:00 Christian Community

Gathering (2EDR) 1:30 Choir Practice (3L) 1:30 Choir Practice (2ELR)

Strolling Minstrels Brian & Bobby (RR) 2:30 Trivia Group (1W)