



# Lodge Line

April 2023

*“Our Spring has come at last with the soft laughter of April suns and shadow of April showers.”*

Byron Caldwell Smith



## What is Passover?

The eight-day Jewish holiday of Passover commemorates the emancipation of the Israelites from slavery in ancient Egypt.

Pesach is observed by avoiding leaven, and highlighted by the Seder meals that include four cups of wine, eating matzah and bitter herbs, and retelling the story of the Exodus.

In Hebrew it is known as Pesach (which means “to pass over”), because G-d passed over the Jewish homes when killing the Egyptian firstborn on the very first Passover eve.

**Why did the Matzah quit his job?**  
Because he didn't get a raise.



## What is Easter?

Easter is one of the principle holidays, or feasts, of Christianity. It marks the Resurrection of Jesus three days after his death by crucifixion.

## How is Easter celebrated?

Many Christians attend religious services on both Good Friday and Easter Sunday, and in general it is customary to mark the holiday with family gatherings, food, Easter egg hunts, or the exchange of chocolate eggs and bunnies or small gifts.

Riddle: *Why shouldn't you tell an Easter egg a good joke?*

Answer: *It might crack up!*





# Welcome to our Home

New Resident

The Management & Staff of Hillel Lodge would like to give a warm welcome to

Penny Cohen

Sincere Condolences to the families of

Esther Boubilil  
Laura Freed



May their memory be a blessing always



## to our team!

New Staff Members

Sharen Baid, PSW

Cathy Cuccaro,  
Director of Quality Improvement

Shereika Shorter, PSW

Udesika Dissanayaka,  
Finance & Procurement Officer  
Christa Kaneza, COVID Screener  
Tammie Pecore, COVID Screener

Jocelyn Puno, PSW

Jaitorria Smith, PSW

Eveline Tchantcheu-Moukam, PSW

Noyme Esller, PSW

Teumfal Reda, PSW

## Farewell



Adelina Imerti, Receptionist

Donna Ouellette,  
Finance Supervisor/Procurement Officer

## Happy Anniversary!

to the following Staff Members  
Celebrating in April

**29 Years**

Phea Meas, Housekeeping Aide

**18 Years**

Frehiwot Getahun, RN  
Emily Curiano, PSW

**14 Years**

Consuelo Agmaliw, PSW

**10 Years**

Erin Hamilton, Cook

**9 Years**

Eng Ngouv, Dietary Aide

**7 Years**

Aldenia Orchard, PSW  
Melinda Falguera, PSW

**3 Years**

Zoequoi Kamanda, PSW

Thank you for all the contributions you have made in making Hillel Lodge great!



**Monday, April 3rd**

11:00 a.m. - Music with Arlene Quinn  
2:30 p.m. - An Hour with Guest Speaker Professor Gerry Cammy

**Tuesday, April 4th**

10:30 a.m. - The Usuals Jazz Band  
2:30 p.m. - Passover Program with the Grade 6 students from the OJCS

**Tuesday, April 11th**

11:30 a.m. - Zumba Gold Chair with Debbie

**Monday, April 17th**

2:30 p.m. - Christian Service with Reverend Peate

**Tuesday, April 18th**

10:45 a.m. - Yom Hashoah with Joel Yan & Friends  
2:30 p.m. - Therapeutic Chair Yoga with Eric

**Thursday, April 20th**

2:15 p.m. - Keep on Singing with Howard & Alison

**Monday, April 24th**

10:30 a.m. - Music with Ukele Strolling Minstrels Brian & Bobby  
7:00 p.m. - Monday Evening Bingo with Joel & Barbara

**Tuesday, April 25th**

2:30 p.m. - Commemorating Israeli Fallen Soldiers and celebrating 75 years with Eli Lipshitz | לי ליפשיץ, Spokesperson and First Secretary for Public Diplomacy from the Embassy of Israel in Ottawa.

**Thursday, April 27th**

10:30 a.m. - Tai Chi with Ruth  
11:00 a.m. - Christian Service with Father Daryold  
2:15 p.m. - Keep on Singing with Howard Alison

## Oneg Shabbat

*Fridays at 10:30 a.m.*

April 14th - Ranit Braun (Zoom)  
April 21st - Joel Yan & Friends  
April 28th - Ganon Preschool (Zoom)



*Celebrating  
April  
Birthdays*



Birthday Party &  
Yom Ha'Azmaut Celebration  
With Evelyn Greenberg  
Wednesday, April 26th  
at  
2:30 p.m.  
in the Café

**Family Council**



The husband of one of our residents is interested in re-establishing the Family Council.

If you are interested in joining the Council please contact Mike



Cohen at 514-944-3559 or  
[macinmontreal@gmail.com](mailto:macinmontreal@gmail.com)



Mock Seders will be held in the dining rooms for the residents on Wednesday, April 5th & Thursday, April 6th Starting at 5:00 p.m.

*Menu*

Wednesday April 5, 2023

Chicken Soup & Matzo Balls  
Gefilte Fish  
Roast Brisket  
Matzo Kugel  
Carrot Tzimmies  
Cake  
Or  
Chicken & Pineapple Sauce  
Broccoli  
Cantaloupe

Thursday April 6, 2023

Chicken Soup  
Matzo Balls  
Chopped Liver  
Roast Veal  
Potato Kugel  
Carrot Tzimmies  
Cake  
or  
Chicken & Mushroom Sauce  
Cauliflower  
Grapes



Due to unforeseen circumstances, the hairdressing salon is temporarily closed.

Recruitment of a new hairdresser is underway.



# News from the Nursing Department

## *What is all the excitement over the nursing restorative care rehab program?*

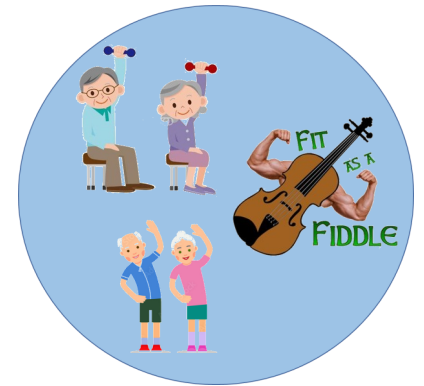
Hillel Lodge believes that each resident has the right to be involved in their care and should receive the most appropriate support to achieve their optimal level of functioning and improve their Quality of Life.

This program aims to:

- Improve functioning
- Prevent decline in function
- Promote independence
- Foster self esteem

What does this include:

- Range of motion (active and passive)
- Bed mobility
- Walking
- Transfer
- Dressing/grooming
- Eating/swallowing
- Scheduled toileting



Restorative nursing complements specialized therapies such as physiotherapy, less intensive exercises and other restorative programs available at Hillel. Whereas rehabilitation (i.e. PT, OT etc.) is designed to achieve improvements over a relatively short period of time, restorative focuses on longer-term, lower intensity interventions that help residents compensate for skills lost due to disease, disuse and other factors. It is based on the nursing model and includes assessments, planning, implementation and evaluation. Interventions are carried out on a daily basis by direct care staff under the direction of a nurse in accordance with the care plan.

Octaviana Jean-Baptiste and Cindy Mundt are the stars leading this program.



They are currently seeing ten residents and the numbers continue to increase as the program evolves. The current residents are all receiving services from rehabilitation as well as nursing restorative so the Ministry recognizes our efforts and we fulfill the Ministry requirements for the program.

### *What the residents are saying*

"I enjoy the program"  
"It gives me the exercise needed to get moving"  
"It keeps me busy and I enjoy the socializing"  
"It has helped to reduce falls" David MacNeil

"My goal is to get up out of my wheelchair and walk out"  
"I would like to have the program 7 days a week"  
"It keeps my mind going"  
"It keeps me company" Sally St. Lewis

Look for the "Fit as Fiddle" sign on the door of our residents and you will see who is on our newly developed Nursing Restorative care Program.

Congratulations to Octaviana and Cindy for adding this new and exciting program to our residents at Hillel Lodge!



# EntourAGE!



Would you like to be matched to a student companion for four social visits per week?

## What Is EntourAGE?

It is a person-centred **Intergenerational volunteer program** where persons living with dementia can engage in **one-on-one Interactions** with high school, college and university students, called "**Companions**"

## Why Participate?

- Friendly visits between person living with dementia and students (companions)
- Engagement in social and recreational activities
- Improve quality of life for both person living with dementia and their care partner



## Settings

- Long term care homes
- Retirement homes
- Community Services
- Community

For more information or questions, please contact

**Muhammad Qureshi**  
(Program Coordinator)

[mqureshi@uottawa.ca](mailto:mqureshi@uottawa.ca)



Champlain Dementia Network  
Réseau de la démence  
de la région Champlain



uOttawa

Dementia  
Society



Société de la  
démence