











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SUKKOT DAY 2 9:30 Sukkot Service (S)</p>  <p>Holiday Ends: 7:27 PM</p>	<p>SUKKOT: 1st Intermediate Day 2:30 Sukkot Party at JCC Sukkah (ON) 7:00 Monday Evening BINGO with Barbara & Joel (3)</p> 	<p>SUKKOT: 2nd Intermediate Day 10:30 The Usuals Jazz Band (Cafe) 2:00 Pet Visits with Louis on 3rd floor (RR) 6:00 Companionship Connections (One-to-One Visits) (RR)</p>	<p>SUKKOT: 3rd Intermediate Day 9:45 Art Therapy Group with Mindy and Andrea (3L) 10:30 Pet visits with Brian and Thor (RR) 11:00 Art Therapy Group with Mindy and Andrea (3L) 2:30 Trivia (1W) 4:00 Lessons from the Parsha with Rabbi T. (1W)</p>	<p>SUKKOT: 4th Intermediate Day 10:00 Pet Visits with Tinkerbell Grace on 2nd floor (RR) 10:30 Nursing Rehab Exercise Class (3) 3:30 Trivia Group (1W)</p> 	<p>HOSHANA RABA 10:30 Oneg Shabbat with Rabbi Lesser (Youtube) (2EDR) 10:45 Individual Music Therapy with Miriam (RR) 11:15 Exercise (3) 2:30 Bingo (Cafe)</p> <p>5:45 Seudat Shabbat (3) 6:00 Seudat Shabbat (1W) Light Candles: 6:16 PM</p>	<p>Shabbat Shalom SHEMINI ATZERET 9:30 Shabbat Services (S) 11:00 YIZKOR (Cafe)</p> <p>Light Candles After 7:16 PM</p>
<p>SIMCHAT TORAH 9:30 Simhat Torah Service (S) 9:30 Music Therapy with Miriam (2ELR) 10:30 Individual Music Therapy with Miriam (RR) 1:00 Individual Music Therapy with Miriam (RR) 2:00 Companionship Connections (One-to-One Visits) (2EDR)</p> <p>Holiday Ends: 7:14 PM</p>	<p>THANKSGIVING 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)</p> 	<p>11:00 Zumba Gold Chair with Debbie (3EDR) 2:30 Music with Danielle on 3rd floor (3EDR) 6:00 Companionship Connections (One-to-One Visits) (RR)</p>	<p>9:45 Art Therapy Group with Mindy and Andrea (3L) 11:00 Art Therapy Group with Mindy and Andrea (3L) 11:00 News and Views (3WDR) 2:00 Pet visits with Louis on 2nd floor (RR) 2:30 Music Videos (3EDR) 4:00 Lessons from the Parsha with Rabbi T. (1W)</p>	<p>10:00 Pet Visits with Tinkerbell Grace on 1st floor (RR) 10:30 Tai Chi with Ruth (3EDR) 11:00 Christian Service with Father Daryold (2EDR) 2:30 Bowling on 3W (3WDR)</p>	<p>10:30 Oneg Shabbat with the Ganon Preschool (Cafe) 10:45 Individual Music Therapy with Miriam (RR) 11:30 Exercise with Gloria (Cafe) 2:30 Bingo (Cafe)</p> <p>Light Candles: 6:03 PM</p>	<p>Shabbat Shalom 9:30 Shabbat Services (S) 2:00 Companionship Connections (One-to-One Visits) (RR)</p> <p>Shabbat Ends: 7:04 PM</p>
<p>9:30 Music Therapy with Miriam (2ELR) 10:30 Individual Music Therapy with Miriam (RR) 1:00 Individual Music Therapy with Miriam (RR)</p>	<p>10:30 Pet Visits with Kugel on 1st (RR) 2:00 Pet Visits with Louis on 3rd floor (RR) 2:30 Java Music Club (S) 2:30 An Hour with Guest Speaker Professor Gerry Cammy (3WDR) 7:00 Monday Evening BINGO with Barbara & Joel (3)</p>	<p>11:00 Ecumenical with Reverend Peate (2EDR) 2:30 Therapeutic Chair Yoga with Eric (3WDR) 6:00 Companionship Connections (One-to-One Visits) (RR)</p>	<p>9:45 Art Therapy Group with Mindy and Andrea (3L) 11:00 Art Therapy Group with Mindy and Andrea (3L) 1:30 Scenic Drive Outing: Champlain Lookout in Gatineau Park (ON) 4:00 Lessons from the Parsha with Rabbi T. (1W)</p>	<p>10:00 Pet Visits with Tinkerbell Grace & Annie Rose on 2nd floor (RR) 2:00 Program Planning Meeting for 1W (1W)</p>	<p>10:30 Oneg Shabbat with Ottawa Jewish Community School Grade 6 Class (Cafe) 11:15 Exercise (3) 2:30 Bingo (Cafe)</p> <p>Light Candles: 5:51 PM</p>	<p>Shabbat Shalom 9:30 Shabbat Services (S)</p>  <p>Shabbat Ends: 6:52 PM</p>
<p>9:30 Music Therapy with Miriam (2ELR) 10:30 Individual Music Therapy with Miriam (RR) 1:00 Individual Music Therapy with Miriam (RR)</p> 	<p>2:00 Pet Visits with Louis on 1st floor (RR) 2:30 Java Music Club (S) 3:00 Music with Noel (Cafe) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)</p>	<p>6:00 Companionship Connections (One-to-One Visits) (RR)</p>	<p>9:45 Art Therapy Group with Mindy and Andrea (3L) 11:00 Art Therapy Group with Mindy and Andrea (3L) 4:00 Memorial Service with Rabbi T. (1W) 4:00 Lessons from the Parsha with Rabbi T. (1W)</p>	<p>10:00 Pet Visits with Tinkerbell Grace and Ruby Lynn on 3rd floor (RR) 11:00 Christian Mass with Father Daryold (2) 2:30 Birthday Party with Evelyn Greenberg (Cafe)</p> 	<p>10:15 Oneg Shabbat with Joel Yan & Friends (Cafe) 11:30 Exercise with Gloria (Cafe) 2:30 Bingo (Cafe)</p>  <p>Light Candles: 5:40 PM</p>	<p>Shabbat Shalom 9:30 Shabbat Services (S) 3:30 Scrabble (Cafe)</p>  <p>Shabbat Ends: 6:41 PM</p>
<p>9:30 Music Therapy with Miriam (2ELR) 10:30 Individual Music Therapy with Miriam (RR) 10:30 Ottawa Modern Jewish School Program (S) 1:00 Individual Music Therapy with Miriam (RR) 2:30 Gustave Goldmann in Concert (Cafe)</p>	<p>10:30 News & Views (3) 2:00 Pet Visits with Louis on 2nd floor (RR) 2:30 Java Music Club (S) 3:00 Bowling on 3W (2) 7:00 Monday Evening BINGO with Barbara & Joel (3)</p>	<p>6:00 Companionship Connections (One-to-One Visits) (RR)</p>	<p>Scenic Fall Leaves Drive to Champlain Lookout in Gatineau Park Wednesday, October 18th at 1:30 PM If interested, please speak to a Recreation Team member.</p> 		<p><u>Locations Legend</u></p> <p>Resident's Room (RR) Café (Cafe) Synagogue (S) 3rd Floor Dining Room (3) 3rd Floor Lounge (3L) 1West (1W)</p>	<p>2East Dining Room (2EDR) 2East Living Room (2ELR) 3East Dining Room (3EDR) 3West Dining Room (3WDR) Outside Neighborhood (ON) 2nd Floor Dining Room (2)</p>