







Recreation Activity Schedule

1 WEST



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>One-to-one Companionship Connections Program will be delivered daily!</p>	<p>Outing! Tuesday, October 8th at 5:00 pm</p> <p>Please contact the Recreation Team if you are interested in attending!</p>	<p>10:00 Green Thumb Club with Celia (G) 1</p> <p>2:30 Arts and Crafts on 1W (1WDR)</p>	<p>EREV ROSH HASHANAH 2</p> <p>9:45 Art Therapy Group with Mindy and Andrea (3L)</p> <p>10:00 Resident Town Hall Meeting with Ted on 1W (1WLR)</p> <p>10:30 Pet visits with Brian and Thor on 3rd Floor (RR)</p> <p>11:00 Art Therapy Group with Mindy and Andrea (3L)</p> <p>11:00 Friendly Visits on 1W (RR)</p> <p>Light candles at 6:22 pm</p>	<p>ROSH HASHANAH DAY 1 3</p> <p>9:30 Synagogue (S)</p> <p>10:00 Pet Visits with Christine & Tinkerbell Grace on 1W (RR)</p> <p>10:30 Nursing Rehab Exercise Class (3)</p>  <p>Light candles at 7:22 pm</p>	<p>ROSH HASHANAH DAY 2 4</p> <p>9:30 Synagogue (S)</p> <p>3:30 Friendly Visits on 1W (RR)</p> <p>Light candles at 6:19 pm</p>	<p>Shabbat Shalom PARSHAT: HA'AZINU 5</p> <p>9:30 Shabbat Services (S)</p> <p>Shabbat ends at 7:18 pm</p>
<p>10:00 The Russian Samovar Club (1WLR) 6</p> <p>11:00 Christian Community Gathering (2ELR)</p> <p>1:00 Individual Music Therapy with Rachel (RR)</p> <p>2:00 Scrabble (Cafe)</p> <p>2:15 Choir Practice (3WDR)</p>	<p>10:00 Green Thumb Club with Celia (G) 7</p> <p>10:00 Bowling on 3rd Floor (3WDR)</p> <p>2:30 Friendly Visits on 1W (RR)</p> <p>4:00 October 7th: With a Focus on Community, Hope and Resilience (S)</p>	<p>10:00 Green Thumb Club with Celia (G) 8</p> <p>10:30 Musical Wellness Drum Circle (3)</p> <p>2:30 Program Planning Meeting 1W (1WDR)</p> <p>5:00 Outing (ON)</p>	<p>9:45 Art Therapy Group with Mindy and Andrea (3L) 9</p> <p>11:00 Art Therapy Group with Mindy and Andrea (3L)</p> <p>11:00 Friendly Visits on 1W (RR)</p> <p>4:00 Lessons from the Parsha with Rabbi T. (1W)</p>	<p>10:00 Green Thumb Club with Celia (RR) 10</p> <p>11:00 Tai Chi with Ruth on 1W (1WLR)</p> <p>11:00 Christian Service with Father Daryold (2ELR)</p> <p>2:30 Keep on Singing with Debbie and Howard on 2nd Floor (2)</p>	<p>EREV YOM KIPPUR 11</p> <p>10:30 Oneg Shabbat with Rabbi Lesser (3EDR)</p> <p>11:00 Chair Exercise (3)</p> <p>2:30 Bingo (Cafe)</p> <p>6:00 KOL NIDRE SERVICE (S)</p> <p>Light candles at 6:06 pm</p>	<p>Shabbat Shalom YOM KIPPUR 12</p> <p>9:30 Yom Kippur Services (S)</p> <p>11:00 Yizkor (S)</p>  <p>Holiday ends at 7:06 pm</p>
<p>11:00 Christian Community Gathering (2ELR) 13</p> <p>1:00 Individual Music Therapy with Rachel (RR)</p> <p>2:15 Choir Practice (3WDR)</p>	<p>THANKSGIVING 14</p> <p>10:00 What are you grateful for? (1W)</p> <p>7:00 Monday Evening BINGO with Barbara and Joel (3)</p>	<p>10:00 Green Thumb Club with Celia (G) 15</p> <p>11:00 Ecumenical Service with Reverend Peate (2ELR)</p> <p>2:30 Music with Lewis Franco (Cafe)</p>	<p>EREV SUKKOT 16</p> <p>9:45 Art Therapy Group with Mindy and Andrea (3L)</p> <p>10:00 Green Thumb Club with Celia (RR)</p> <p>11:00 Art Therapy Group with Mindy and Andrea (3L)</p> <p>2:30 Music with Mike Steinberg on 3rd Floor (3)</p> <p>Light candles at 5:57 pm</p>	<p>SUKKOT 17</p> <p>9:30 Synagogue (S)</p>  <p>Light candles at 6:57pm</p>	<p>SUKKOT 18</p> <p>9:30 Synagogue (S)</p>  <p>Light candles at 5:53 pm</p>	<p>Shabbat Shalom SUKKOT: 1st Intermediate Day 19</p> <p>9:30 Shabbat Services (S)</p> <p>Shabbat ends at 6:54 pm</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SUKKOT: 2nd Intermediate Day 20 10:30 A Touch of Klez (Cafe) 11:00 Christian Community Gathering (2ELR) 1:00 Individual Music Therapy with Rachel (RR) 2:15 Choir Practice (3WDR) 3:30 Sunshine Strolls (G)	SUKKOT: 3rd Intermediate Day 21 10:00 Green Thumb Club with Celia (G) 10:00 Puzzles on 1W (1WDR) 10:00 Beading Bracelets (2WLR) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)	SUKKOT: 4th Intermediate Day 22 10:00 Green Thumb Club with Celia (RR) 10:30 Keep on Singing with Alison, Al, Howard and Debbie on 3rd Floor (3) 2:30 Therapeutic Chair Yoga with Eric on 2W (2WDR) 2:30 Friendly Visits on 1W (RR)	HOSHANA RABA 23 9:45 Art Therapy Group with Mindy and Andrea (3L) 10:00 Bowling on 3rd Floor (3WDR) 11:00 Art Therapy Group with Mindy and Andrea (3L) Light candles at 5:45 pm	SHEMINI ATZERET 24 9:30 Synagogue (S) 11:00 Yizkor (S) 11:00 Christian Service with Father Daryold (2ELR) Light candles at 6:46 pm	SIMCHAT TORAH 25 9:30 Synagogue (S) 2:30 Friendly Visits on 1W (RR) Light candles at 5:42 pm	Shabbat Shalom PARSHAT: BEREISHIT 26 9:30 Shabbat Services (S) Shabbat ends at 6:43 pm
11:00 Christian Community Gathering (2ELR) 1:00 Individual Music Therapy with Rachel (RR) 2:15 Choir Practice (3WDR)	27 10:00 Green Thumb Club with Celia (G) 2:30 An Hour with Guest Speaker Professor Gerry Cammy on 1W (1WLR) 4:00 Friendly Visits on 1W (RR) 7:00 Monday Evening BINGO with Barbara and Joel (3)	28 10:30 Zumba Gold Chair with Debbie on 3W (3) 11:00 Trivia on 1W (1W) 2:30 Music with Kevin and Aahron (Cafe)	29 9:45 Art Therapy Group with Mindy and Andrea (3L) 11:00 Art Therapy Group with Mindy and Andrea (3L) 11:00 Friendly Visits on 1W (RR) 2:00 Travel Documentaries (Rick Steeves) (2EDR) 4:00 "Let's Ask Why" with Rabbi T. (1W)	30 10:00 Green Thumb Club with Celia (G) 11:00 Mini Golf (1W) 2:30 Birthday Party with Evelyn Greenberg (Cafe) (Cafe)	31 <u>Locations Legend</u> Resident's Room (RR) Synagogue (S) 3rd Floor Lounge (3L) 3rd Floor Dining Room (3) Garden (G) 2East Living Room (2ELR) 1West (1W) Café (Cafe) 3West Dining Room (3WDR) 1 West Living Room (1WLR) 1 West Dining Room (1WDR) Outside Neighborhood (ON) 2nd Floor Dining Room (2) 3East Dining Room (3EDR) 2West Living Room (2WLR) 2West Dining Room (2WDR) 2East Dining Room (2EDR)	

