







# Recreation Activity Schedule

## 2 EAST & 2 WEST



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>One-to-one Companionship Connections Program will be delivered daily!</p>	<p><b>Outing!</b> <b>Tuesday, October 8th at 5:00 pm</b></p> <p><b>Please contact the Recreation Team if you are interested in attending!</b></p>	<p>10:00 Bowling on 2E (2EDR) <b>1</b> 10:00 Green Thumb Club with Celia (G) 11:00 Sunshine Strolls on 2E (G) 2:30 Program Planning Meeting for 2W (2WN) 3:30 Friendly Visits on 2E (RR) 6:00 Clay Sculpting (2WDR)</p>	<p><b>EREV ROSH HASHANAH 2</b> 9:45 Art Therapy Group with Mindy and Andrea (3L) 10:00 Resident Town Hall Meeting with Ted on 1W (1WLR) 10:00 Java Time (2ELR) 10:30 Pet visits with Brian and Thor on 3rd Floor (RR) 10:30 Garden Visits (G) 11:00 Art Therapy Group with Mindy and Andrea (3L) 2:30 Music Appreciation on 2E (2EDR) 2:30 Friendly Visit on 2W (RR)</p> <p>Light candles at 6:22 pm</p>	<p><b>ROSH HASHANAH DAY 1 3</b> 9:30 Synagogue (S) 10:30 Nursing Rehab Exercise Class (3) 2:30 Card Games on 2W (2WLR) 3:30 Friendly Visits on 2E (RR)</p>  <p>Light candles at 7:22 pm</p>	<p><b>ROSH HASHANAH DAY 2 4</b> 9:30 Synagogue (S) 2:30 Puzzles on 2E (2EDR) 2:30 Balloon Toss on 2W (2WN) 3:30 Friendly Visits on 2W (RR)</p> <p>Light candles at 6:19 pm</p>	<p><b>Shabbat Shalom 5</b> <b>PARSHAT: HA'AZINU</b> 9:30 Shabbat Services (S) 2:30 Friendly Visit on 2W (RR) 3:30 Sunshine Strolls in the Garden (G)</p> <p>Shabbat ends at 7:18 pm</p>
<p>10:00 The Russian Samovar Club (1WLR) <b>6</b> 11:00 Christian Community Gathering (2ELR) 1:00 Individual Music Therapy with Rachel (RR) 2:00 Scrabble (Cafe) 2:15 Choir Practice (3WDR)</p>	<p>10:00 Green Thumb Club with Celia (G) <b>7</b> 10:00 Comfort Therapy on 2E (2ELR) 10:00 Bowling on 3rd Floor (3WDR) 11:00 Friendly Visits on 2E (RR) 4:00 October 7th: With a Focus on Community, Hope and Resilience (S)</p>	<p>10:00 Green Thumb Club with Celia (G) <b>8</b> 10:30 Musical Wellness Drum Circle (3) 2:30 Word Game (2WDR) 3:30 Arts and Crafts on 2E (RR) 3:30 Mini Basketball on 2W (2WLR) 5:00 Outing (ON)</p>	<p>9:45 Art Therapy Group with Mindy and Andrea (3L) <b>9</b> 10:00 Java Time (2ELR) 10:00 Puzzles on 2W (2WDR) 11:00 Art Therapy Group with Mindy and Andrea (3L) 11:00 Program Planning Meeting for 2E (2EN) 2:00 Friendly Visit on 2W (RR) 2:30 Friendly Visits on 2E (RR) 4:00 Lessons from the Parsha with Rabbi T. (1W)</p>	<p>10:00 Pet Visits with Christine &amp; Tinkerbell Grace on 2W (RR) <b>10</b> 10:00 Green Thumb Club with Celia (RR) 11:00 Tai Chi with Ruth on 1W (1WLR) 11:00 Christian Service with Father Daryold (2ELR) 2:30 Keep on Singing with Debbie and Howard on 2nd Floor (2) 4:00 Sunshine Strolls on 2E (G)</p>	<p><b>EREV YOM KIPPUR 11</b> 10:30 Oneg Shabbat with Rabbi Lesser (3EDR) 11:00 Chair Exercise (3) 2:30 Bingo (Cafe) 6:00 KOL NIDRE SERVICE (S)</p> <p>Light candles at 6:06 pm</p>	<p><b>Shabbat Shalom 12</b> <b>YOM KIPPUR</b> 9:30 Yom Kippur Services (S) 10:45 Yizkor (S) 2:30 Friendly Visit on 2W (RR)</p>  <p>Holiday ends at 7:06 pm</p>
<p>11:00 Christian Community Gathering (2ELR) <b>13</b> 1:00 Individual Music Therapy with Rachel (RR) 2:15 Choir Practice (3WDR)</p>	<p><b>THANKSGIVING 14</b> 11:00 What are you grateful for? (2WDR) 2:00 What are you grateful for? (2EN) 7:00 Monday Evening BINGO with Barbara and Joel (3)</p>	<p>10:00 Green Thumb Club with Celia (G) <b>15</b> 11:00 Ecumenical Service with Reverend Peate (2ELR) 2:30 Music with Lewis Franco (Cafe)</p>	<p><b>EREV SUKKOT 16</b> 9:45 Art Therapy Group with Mindy and Andrea (3L) 10:00 Card Making on 2W (2ELR) 10:00 Green Thumb Club with Celia (RR) 11:00 Art Therapy Group with Mindy and Andrea (3L) 2:30 Music with Mike Steinberg on 3rd Floor (3)</p> <p>Light candles at 5:57 pm</p>	<p><b>SUKKOT 17</b> 9:30 Synagogue (S) 10:00 Pet Visits with Christine &amp; Tinkerbell Grace on 2E (RR) 2:00 Friendly Visits on 2W (RR) 3:30 Sukkot Trivia on 2W (2WDR)</p>  <p>Light candles at 6:57pm</p>	<p><b>SUKKOT 18</b> 9:30 Synagogue (S) 2:00 Friendly Visits on 2W (RR) 3:30 Balloon Toss on 2W (2WN)</p>  <p>Light candles at 5:53 pm</p>	<p><b>Shabbat Shalom 19</b> <b>SUKKOT: 1st Intermediate Day</b> 9:30 Shabbat Services (S) 2:30 Friendly Visit on 2W (RR) 3:30 Card Games on 2W (2WLR)</p> <p>Shabbat ends at 6:54 pm</p>



# Recreation Activity Schedule

## 2 EAST & 2 WEST

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<b>SUKKOT: 2nd Intermediate Day 20</b> 10:30 A Touch of Klez (Cafe) 11:00 Christian Community Gathering (2ELR) 1:00 Individual Music Therapy with Rachel (RR) 2:15 Choir Practice (3WDR) 2:30 Snoezelen Cart on 2E (RR) 3:30 Sunshine Strolls (G)	<b>SUKKOT: 3rd Intermediate Day 21</b> 10:00 Green Thumb Club with Celia (G) 10:00 Beading Bracelets (2WLR) 11:00 Comfort Therapy on 2E (2ELR) 2:30 Mental Aerobics on 2E (2ELR) 3:30 Friendly Visits on 2E (RR) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)	<b>SUKKOT: 4th Intermediate Day 22</b> 10:00 Friendly Visit on 2W (RR) 10:00 Green Thumb Club with Celia (RR) 10:30 Keep on Singing with Alison, Al, Howard and Debbie on 3rd Floor (3) 2:30 Therapeutic Chair Yoga with Eric on 2W (2WDR) 3:30 Arts and Crafts on 2E (RR) 6:30 Java Time (2ELR)	<b>HOSHANA RABA 23</b> 9:45 Art Therapy Group with Mindy and Andrea (3L) 10:00 Bowling on 3rd Floor (3WDR) 10:30 Snakes and Ladders (2WDR) 11:00 Art Therapy Group with Mindy and Andrea (3L) 2:30 Arts and Crafts on 2W (RR)  Light candles at 5:45 pm	<b>SHEMINI ATZERET 24</b> 9:30 Synagogue (S) 10:45 Yizkor (S) 11:00 Christian Service with Father Daryold (2ELR)  Light candles at 6:46 pm	<b>SIMCHAT TORAH 25</b> 9:30 Synagogue (S) 2:00 Friendly Visits on 2W (RR) 3:30 Friendly Visits on 2E (RR) 3:30 Sunshine Strolls (G)  Light candles at 5:42 pm	<b>Shabbat Shalom PARSHAT: BEREISHIT 26</b> 9:30 Shabbat Services (S) 2:00 Friendly Visits on 2W (RR) 3:30 Axe Throwing on 2W (2WDR)  Shabbat ends at 6:43 pm
11:00 Christian Community Gathering (2ELR) <b>27</b> 1:00 Individual Music Therapy with Rachel (RR) 2:15 Choir Practice (3WDR)	10:00 Green Thumb Club with Celia (G) <b>28</b> 10:00 Balloon Toss on 2E (2EDR) 11:00 Comfort Therapy on 2E (2ELR) 2:30 An Hour with Guest Speaker Professor Gerry Cammy on 1W (1WLR) 7:00 Monday Evening BINGO with Barbara and Joel (3)	10:00 Java Time (2ELR) <b>29</b> 10:30 Zumba Gold Chair with Debbie on 3W (3) 10:30 Sing Along with Susie Q (2WDR) 2:30 Music with Kevin and Aahron (Cafe) 6:30 Bowling on 2W (2)	9:45 Art Therapy Group with Mindy and Andrea (3L) <b>30</b> 10:00 Java Time (2ELR) 10:00 Friendly Visit on 2W (RR) 11:00 Art Therapy Group with Mindy and Andrea (3L) 2:00 Travel Documentaries (Rick Steeves) (2EDR) 2:30 Friendly Visits on 2E (RR) 4:00 "Let's Ask Why" with Rabbi T. (1W)	10:00 Green Thumb Club with Celia (G) <b>31</b> 10:00 Friendly Visits on 2E (RR) 10:00 Friendly Visit on 2W (RR) 2:30 Birthday Party with Evelyn Greenberg (Cafe) (Cafe)	<b>Locations Legend</b> Resident's Room (RR) 2East Living Room (2ELR) Synagogue (S) Garden (G) 3rd Floor Lounge (3L) 2West Dining Room (2WDR) 3rd Floor Dining Room (3) Café (Cafe) 3West Dining Room (3WDR)  2East Dining Room (2EDR) 1 West Living Room (1WLR) 2West Living Room (2WLR) 2West Nook (2WN) 2East Nook (2EN) 1West (1W) 2nd Floor Dining Room (2) Outside Neighborhood (ON) 3East Dining Room (3EDR)	

