

LODGE LINE

THE BESS AND MOE GREENBERG FAMILY



Hillel Lodge

LONG-TERM CARE HOME OF OTTAWA

Auxiliary of Hillel Lodge Great Games Event 2024: A Resounding Success!

On Sunday, October 27th, the Auxiliary of Hillel Lodge hosted the highly anticipated Great Games Event 2024, raising significant funds to purchase comfortable chairs for all Hillel Lodge residents' rooms. This year's event was a tremendous success, bringing together 190 participants for an afternoon filled with fun, laughter, and friendly competition.



Aliza Gauzas, Ted Cohen, and Fran Ross welcoming everyone to the games in the Apptowitz Lounge at KBI where there was Canasta, board games and Poker.



TOPICS IN THIS ISSUE

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Auxiliary Hillel Lodge - Great Games Event 2024

(continued)

Participants enjoyed a variety of games, including mahjonn, bridge, and canasta, creating a lively atmosphere that resonated with camaraderie and spirit. The event not only provided entertainment but also fostered connections among attendees, all while supporting a noble cause.

The Auxiliary extends a heartfelt gratitude to our generous table sponsors and those who donated incredible raffle prizes and items for the silent auction.

Special recognition goes to Aliza Gauzas, the Great Games Event Committee Chair, and Fran Ross, Auxiliary President, for their leadership in organizing this successful event. The committee also included dedicated members such as Shelley Arron-Cohen (lead for the raffle and silent auction), Marcia Cantor, Julie Fine, Roz Fremeth, and Shelley Goldenberg for Maj cards, Sylvia Aikins, Gina Grant, Julie Kanter, Sonja Kesten, Naomi Lipsky Cracower, Corinne Rothman-Taylor, and Shelley Rothman. Other volunteers on the day are friends of the Auxiliary including Shari Aikins-Ford, Hana Cammy, Susan Finkelman, Susan Heisel, Ellie Kardash Kamil, Susan Marcus, and many others whose time is most appreciated as well! A heartfelt thank you to Issie Sclarowsky for capturing the moments with his wonderful photographs.

A special shoutout to a fantastic group of twenty husbands and friends who participated in poker games and volunteered their support, enhancing the event's overall experience.



Fun-filled Social Hall at KBI with Bridge and Mah Jongg

Auxiliary Hillel Lodge - Great Games Event 2024

(continued)

The Auxiliary also wishes to express its gratitude to our Patron, Mitch Gauzas, Commercial Realtor My Ottawa Agent myottawagent.com, and to Hen Amiel of Cater4u.ca for generously donating the delicious gourmet lunch that delighted our guests. Additionally, the outstanding support from the staff at Kehillat Beth Israel was invaluable, with particular thanks to Jeremy Rosenberg, Executive Director, alongside Elisheva Brantz and Vika Liashchuk. Their assistance played a crucial role in the event's success.



Special thanks to Cater4u.ca for donating gourmet lunch

Given the overwhelming positive response, we are excited to announce that we will be hosting the third Annual Great Games Day Event in October 2025. Stay tuned for the announcement of the date, and we look forward to seeing everyone again for another fun-filled day dedicated to supporting our residents at Hillel Lodge!

Auxiliary's contribution to Hillel Lodge

We would like to extend a heartfelt thank you to everyone who contributed to our fundraising efforts over the past year. It is with great pride that we announce the handover of a \$90,000 cheque to Ted Cohen, CEO, and Janet Dollin, President of the Board of Hillel Lodge.

This significant amount, raised through our various fundraisers, including last year's inaugural Great Games Event and the Telethon, will greatly enhance the quality of life for Hillel Lodge residents. Your generosity and support have made a tremendous impact, and we are deeply grateful to all who participated and contributed.

Thank you for helping us make a difference in the lives of our residents!



FROM RIGHT TO LEFT, BOTTOM ROW: TED COHEN, HILLEL LODGE CEO, DR. JANET DOLLIN, HILLEL LODGE INCOMING PRESIDENT, FRAN ROSS, HILLEL LODGE AUXILIARY PRESIDENT AND SHELLEY ARRON-COHEN. BACK ROW: MONICA STEIN, RHODA ZAITLIN, GLORIA HANFF, RENA COHEN, MARION SILVER, GINA GRANT, SHELLEY ROTHMAN, NAOMI LIPSKY CRACOWER AND CORINNE ROTHMAN-TAYLOR.

NEW & HAPPENING

A Warm Welcome to our New Director of Care, Annette Meeuwse

As of November 4th, Annette Meeuwse, RN, BSN, MaOL, will be joining Hillel Lodge as our new Director of Care. With over 20 years of leadership experience in healthcare, including long-term care, public health, and primary care, Annette brings a wealth of knowledge and a deep commitment to enhancing the quality of life for those we serve. Her passion for resident-centred care makes her an outstanding addition to our team.



Annette holds a Master's degree in Organizational Leadership (MaOL), which has shaped her into an adaptable and collaborative leader. She excels in fostering teamwork, driving meaningful change, and ensuring excellence in care delivery. Most recently, as Director of Care at Starwood Extendicare in Ottawa, Annette led initiatives that significantly improved clinical outcomes and resident satisfaction. Her approach is rooted in partnership—working closely with staff, families, and residents to create a nurturing, supportive environment.

As Director of Care at Hillel Lodge, Annette will uphold our high standards of clinical excellence and further strengthen our commitment to person-centred care. Her office will be located in Room #267, ensuring she is accessible to residents, families, and staff, and we encourage everyone to stop by and get to know her.

To ensure a smooth transition, Annette will work alongside our current Director of Care, Morag Burch, during her first week and on an as-needed basis in the coming months. As Morag transitions toward her well-earned retirement in April 2025, she will move to a part-time schedule starting November 11th, focusing on strategic projects.

We are deeply grateful for Morag's remarkable contributions and the lasting impact she has had on Hillel Lodge. In the coming weeks, we will share details about a retirement celebration to honor her years of dedication and service to our community.

Please join us in extending a warm welcome to Annette and expressing our heartfelt gratitude to Morag for her many years of exceptional leadership and care.

NEW & HAPPENING

Sukkah in our Dream Garden !



A sukkah was set up in our Dream Garden as part of the Jewish High Holidays traditions.

What is a sukkah? A sukkah is a temporary structure built for the Jewish holiday of Sukkot, which commemorates the Israelites' journey in the desert after leaving Egypt. It's a place for eating and socializing during the week-long festivities.

Thanks to all our residents who participated in decorating the sukkah by attaching fruits to leaves and making window decorations from dried oranges (with special thanks to Celia, our Horticultural Specialist, and to our wonderful volunteer Shelly for all their hard work). Warm thanks to the OJSC students for preparing the paper garlands! A huge shout out and kudos to our dedicated Environment Service Team for setting up the sukkah in an easily accessible location!

Several recreation programs were dedicated to Sukkot themes before and during the holiday. These included residents spending time in the sukkah, where they ate some meals together and visited the sukkah while Rabbi Teitlebaum provided opportunities for them to recite the blessing with the etrog and Lulov.



NEW & HAPPENING

Resident WiFi Service Now Available!



We are pleased to announce the launch of our new resident WiFi service at Hillel Lodge!

The monthly fee for residents will be just \$15, which is significantly lower than standard internet packages.

Sign-Up Required: Residents must enroll in the internet service and agree to the terms outlined in the Resident WiFi Policy and any associated agreements.

Financial Standing: To subscribe, residents must be in good financial standing with Hillel Lodge.

Responsible Use: The WiFi service is intended for individual use and should not be shared with other residents. Complete terms are outlined in the WiFi agreement.

Technical Support: Hillel Lodge will offer basic technical support for connectivity issues or general inquiries related to the internet service during regular office hours.

FOR MORE INFORMATION OR TO SIGN UP, PLEASE CONTACT SARAH AT OFFICE #104, EXT. 790
OR SLEGENDRE@HILLEL-LTC.COM

NEW & HAPPENING

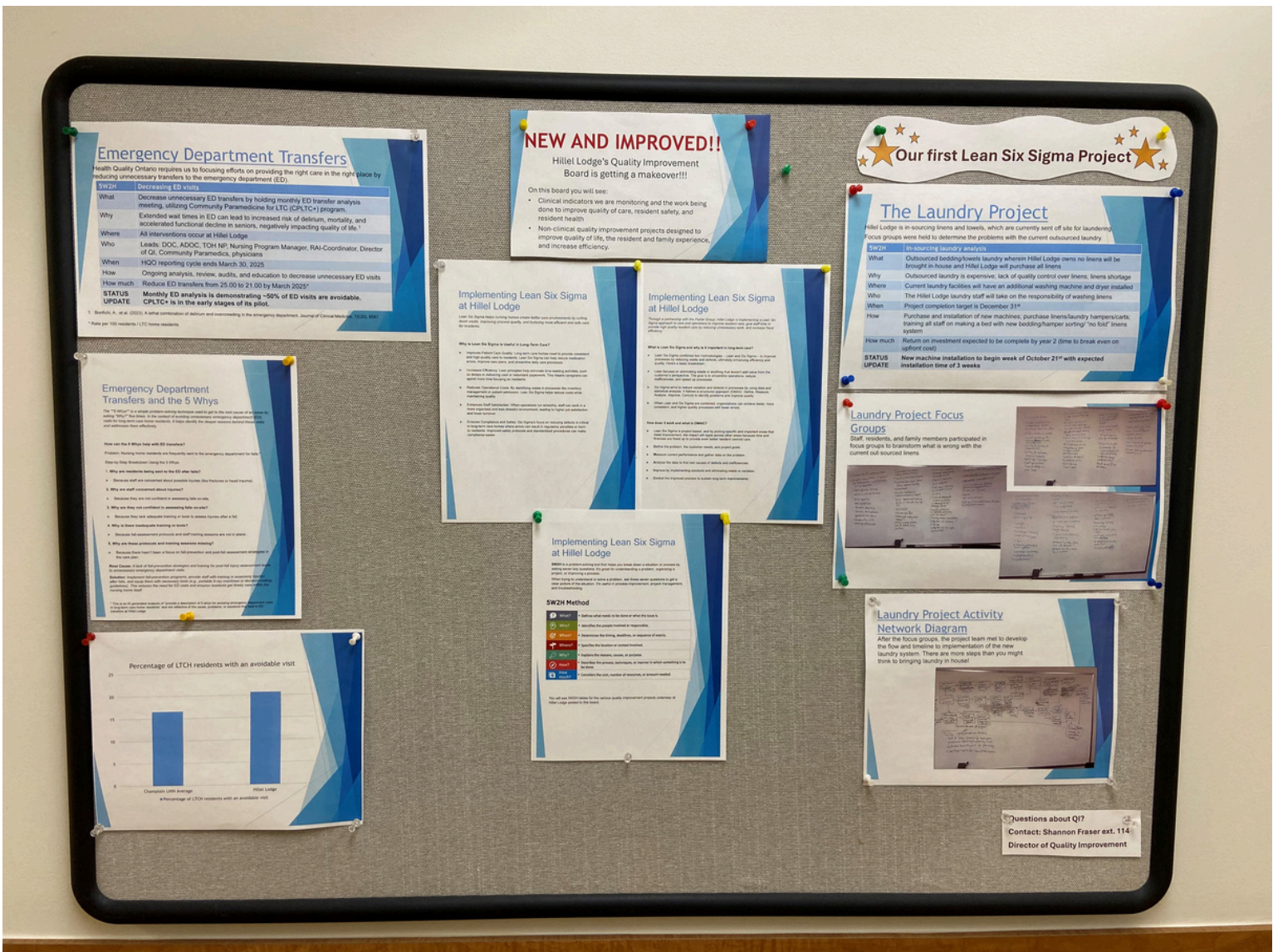
Our Quality Improvement Board Has Undergone an Exciting Transformation!



Hillel Lodge's Quality Improvement Board now highlights:

Clinical Indicators: An overview of the key metrics we are monitoring, along with the initiatives aimed at enhancing the quality of care, ensuring resident safety, and promoting resident health.

Non-Clinical Quality Improvement Projects: Information on projects designed to enrich the quality of life, enhance the resident and family experience, and improve operational efficiency.



NEW & HAPPENING

Our Quality Improvement Board Has Undergone an Exciting Transformation ! (continued)



Hillel Lodge is implementing a Lean Six Sigma approach to care and operations to improve resident care, give staff time to provide high quality resident care by reducing unnecessary work, and increase efficiency.








Part of the Lean Six Sigma approach is the 5W2H problem-solving tool that helps you break down a situation or process by asking seven key questions. It's great for understanding a problem, organizing a project, or improving a process.

When trying to understand or solve a problem, ask these seven questions to get a clear picture of the situation. It's useful in process improvement, project management, and troubleshooting.

You will see 5W2H tables for the various quality improvement projects underway at Hillel Lodge posted to Quality Improvement Board.

5W2H Method



 What?	▪ Defines what needs to be done or what the issue is.
 Who?	▪ Identifies the people involved or responsible.
 When?	▪ Determines the timing, deadlines, or sequence of events.
 Where?	▪ Specifies the location or context involved.
 Why?	▪ Explains the reasons, causes, or purpose.
 How?	▪ Describes the process, techniques, or manner in which something is to be done.
 How much?	▪ Considers the cost, number of resources, or amount needed.

NEW & HAPPENING

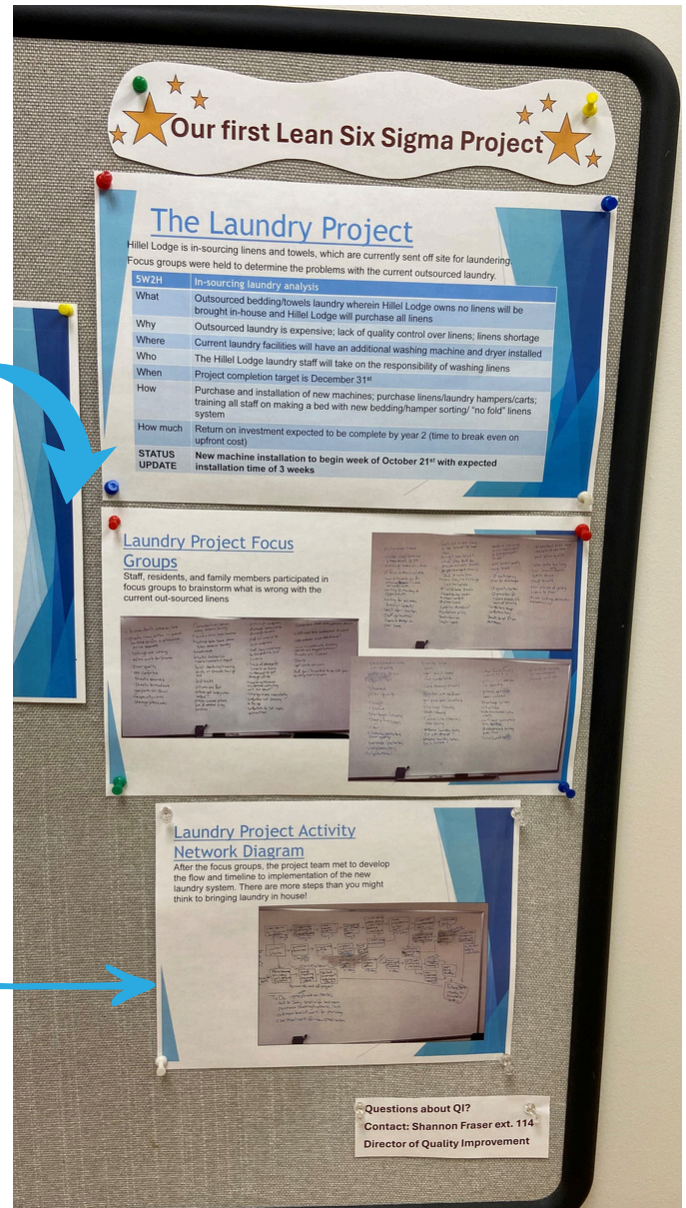
Our Quality Improvement Board Has Undergone an Exciting Transformation ! (continued)



Our Quality Improvement Board currently features our first Lean Sigma Project: The Laundry Project!

In addition to using the 5W2H tool, we had focus group discussions with staff, residents, and family members to identify our laundry needs at Hillel Lodge. Photos of the **whiteboard brainstorming sessions** that took place at these focus groups are currently on display on our Quality Improvement Board.

After doing the focus groups, the project team developed the flow and timeline for the implementation of the new laundry system. These steps are included in the **Laundry Project Activity Network Diagram** on the Quality Improvement Board.



Stay tuned for regular Quality Improvement Board updates as we continue to strive for excellence at Hillel Lodge!

NEW & HAPPENING

Exciting News: Planned Giving Videos Coming to Hillel Lodge!



We are thrilled to announce that Hillel Lodge has won a grant from the Harold Grinspoon Foundation as part of the Life and Legacy program, to create three inspiring videos focused on planned giving and leaving a legacy. This exciting opportunity allows us to highlight the importance of thoughtful contributions that can significantly impact our community and enhance the lives of our residents for years to come.



What to Expect? During the filming, you may notice our crew around the Lodge capturing heartfelt stories and testimonials that reflect the spirit of generosity and commitment within our community. We aim to showcase how planned giving not only supports the mission of Hillel Lodge but also allows individuals to leave a lasting legacy aligned with their values.



Thank you for being an integral part of the Hillel Lodge family. We look forward to sharing these inspiring videos with you soon!



Will Power: Leaving a Lasting Legacy



When we think about our legacies, we often consider the tangible assets we leave behind—our homes, savings, and cherished possessions. However, one of the most meaningful ways to express our values and beliefs is through our wills. By including the Hillel Lodge LTC Foundation in your estate plans, you can make a profound impact on the lives of our residents while sending a powerful message about what truly matters to you.

A Testament to Your Values - Choosing to leave a percentage of your estate to Hillel Lodge is more than just a financial decision; it's a reflection of your commitment to community, compassion, and care. It signifies your belief in the importance of providing a nurturing environment for those who need it most. Your gift can help ensure that we continue to offer high-quality long-term care, enriching programs, and essential services that uphold the dignity and well-being of our residents.

The Power of Collective Giving - Even a small percentage of your estate can make a big difference! When combined with the contributions of others who share your values, your gift can create a lasting legacy that supports our mission for generations to come. This is the essence of tzedakah—the Jewish principle of charitable giving that encourages us to support one another and strengthen our community.

Creating a Future of Care -Your planned gift can help fund essential programs, upgrade facilities, and enhance the quality of life for residents at Hillel Lodge. It allows you to become a vital part of our story, ensuring that future generations receive the care and support they deserve.

Taking the Next Step - If you're considering including Hillel Lodge in your will, we encourage you to reach out for guidance. Nicky and Leslie are here to assist you in making a decision that aligns with your values and goals. (lsheer@hillel-ltc.com or foundation@hillel-ltc.com) Together, we can ensure that your legacy reflects the compassion and commitment that define our community

The act of leaving a portion of your estate to Hillel Lodge LTC Foundation is not just a gift; it's a message of hope and solidarity. It demonstrates that you care about the well-being of others and believe in the power of community. As you reflect on your legacy, consider the impact your generosity can have on the lives of those we serve.

Thank you for your continued support and for believing in the mission of Hillel Lodge. Together, we are building a brighter future for our residents and our community.

Keeping Residents Warm: Handmade Crocheted Blankets !

We are delighted to highlight the ongoing efforts of volunteers Tara Lapointe and her mother, Mrs. Claudette Lapointe, who bring comfort to our residents through their dedicated work.

A Family Tradition of Crafting

Claudette Lapointe, a retired teacher with a passion for travel and reading, has been crocheting for most of her adult life. Her daughter, Tara Lapointe, is an executive with the Social Sciences and Humanities Research Council and shares her mother's love for travel and literature. Tara began crocheting about eight years ago, inspired by her mother's skill and creativity.

The Project

Their journey into creating lap blankets for Hillel Lodge residents began when Leslie Turcotte, Executive Director of the Hillel Lodge LTC Foundation, mentioned the need for more lap blankets for incoming residents. Recognizing this opportunity to help, both Tara and Claudette, who are avid crafters, jumped at the chance to contribute. Tara and Claudette have lost track of how many blankets they have donated, but estimate it's thirty or more since January 2023.

The Crafting Process

Thanks to generous donations of yarn, the duo enjoys experimenting with various colors and patterns to use the donated yarn. Tara primarily uses a granny square design, allowing for a mix of bright and soothing colours. The blankets are made from acrylic yarn, making them machine-washable for easy cleaning—perfect for the needs of our residents.

Impact on Our Residents

The Lapointes hope that their handmade blankets provide comfort and solace to Hillel Lodge residents. As part of the admission process, these lap blankets are distributed to new residents, ensuring they feel welcomed from the very start. Additionally, some blankets are kept on hand in our Dream Garden for those chillier days, ensuring that coziness is always within reach.

Tara and Claudette's generous contributions exemplify the spirit of community and support at Hillel Lodge, and we are incredibly grateful for their hard work and dedication. Thank you for helping us keep our residents warm and comfortable!

VOLUNTEER SPOTLIGHT



Claudette Lapointe and Tara Lapointe and some of the lap blankets crocheted for residents



**SUPPORT BY DONATING YARN
OR YARN STORE GIFT-CARDS
TO LTC FOUNDATION**

STAY TUNED FOR OTHER VOLUNTEER SPOTLIGHTS IN FUTURE LODGE LINE EDITIONS ...

Holidays & Observances

November 2024

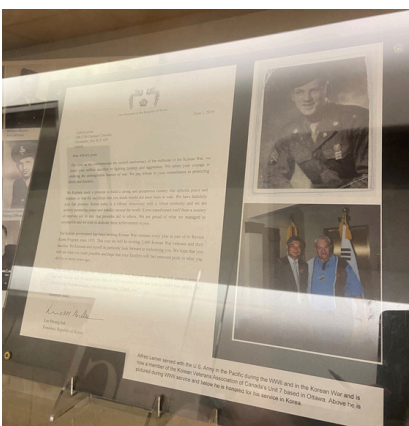
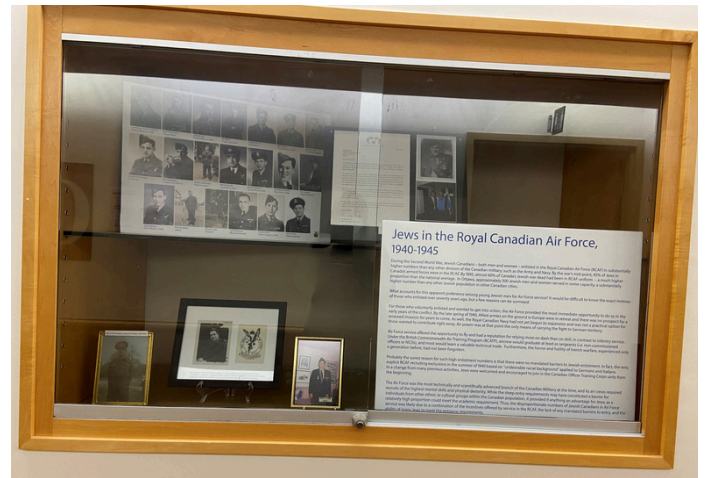
Remembrance Day Monday, November 11th



Remembrance Day, originally called Armistice Day, commemorates the November 11, 1918, armistice at 11 a.m. (hence “the eleventh hour of the eleventh day of the eleventh month”), which suspended active hostilities and effectively ended the First World War.

This Remembrance Day, we invite you to take a moment to appreciate our Tribute Display next to the elevator.

This display honors the troops, including the Jewish men and women who served in the Royal Canadian Air Force from 1940 to 1945. Your attention to this display is a meaningful way to remember their contributions and sacrifices.



Did you know that resident Marlyn Lerner’s husband is honored in our Tribute Display?

Alfred Lerner served with the U.S. Army in the Pacific during WWII and the Korean War, and he is a proud member of the Korean Veterans Association of Canada. The display features Alfred’s photos and a tribute letter from the President of the Republic of Korea.

Take a moment to stop and appreciate it the next time you stroll by!

Announcements

the Café

NOVEMBER DAILY SPECIALS

Mondays: Pasta of the day with a side salad and a canned drink \$9

Tuesday: Quesadilla with salsa, guacamole and a canned drink \$9

Wednesdays: Pizza and a canned drink \$8

Thursdays: Pasta of the day with a side Caesar salad and a canned drink \$9

Wrap it up Fridays: -Assorted wraps and a canned drink for \$8



WHAT IS A SHABBAT ELEVATOR ?

A Shabbat elevator is designed to accommodate the needs of observant Jews on the Sabbath and all observed Jewish holidays, as Jewish law prohibits the operation of electrical switches.

A Shabbat elevator operation begins at sundown on Friday and religious holidays,
and ends at sundown on Saturday and religious holidays. It operates in a specific mode where it stops automatically at every floor going up and down, allowing people to enter and exit without pressing any buttons.

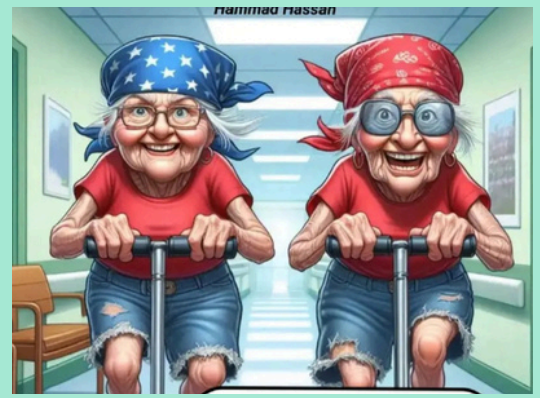
Our Shabbat elevator is part of the Lodge's 'Shabbat friendly' program and it will take you to your designated floor — no matter your faith.

FAMILY COUNCIL

The Family Council is always looking for new members to contribute to improving life at the Lodge for all residents.

If you are interested in joining the Council please contact the Coordinator, Mike Cohen, at macinmontreal@gmail.com





RESIDENTS COUNCIL:

Join us for

Residents Council Meeting!

When: November 13th at 11am

Where: Synagogue

Residents Council is for the residents by the residents. Come join us to find out what is the purpose of the Residents Council and how you can participate!

Section written by members of our Residents Council.

For suggestions or questions, reach out to Sandra or Devora

Coming Soon:

Residents Bulletin Board !

Be on the look-out for our Bulletin Board to be located next to elevators. Board will include useful information such as: Residents Bill of Rights, Suggestion Forms, Monthly Calendar and copies of Lodge Line !



November Red Fridays Month



We invite residents, families, and staff to honour the troupes by wearing **red** on Fridays during the month of November. This great suggestion comes from a fellow resident Morris who started this tradition many years ago.

MEMORY LANE



Do you remember the Malties at "Freiman's" ?

A store a lot of people who grew up in Ottawa in the 40's, 50's and 60's will remember is A.J Freiman's on Rideau Street.

Most of all, many of us will remember the malted milkshakes that one could get in the lower levels of the store! And many for sure will have fond memories of taking the train to go get that special maltie !

We would like to express our sincere condolences to friends and family of Sonia Cherestal.

Sonia was a valued part of the Nursing Team at Hillel Lodge for more than 22 years. She will be greatly missed.





CALENDAR OF ACTIVITIES

Tuesday, November 5th
10:30 The Usuals Jazz Band

Wednesday, November 6th
11:00 Memorial Service

Monday, November 11th
10:15 Remembrance Day Service

Tuesday, November 12th
10:30 Keep on Singing with Al, Debbie & Howard

Wednesday, November 13th
11:00 Resident Council

Thursday, November 14th
2:15 A Classical Musical Performance with Anna and Natalia

Monday, November 18th
2:30 An Hour with Guest Speaker Professor Gerry Cammy

Tuesday, November 19th
11:00 Jewish Songs and Prayers with Cantor Bielak

2:30 Music with Rick Crepin

Wednesday, November 20th
2:15 Presentation with Rabbi Mikelberg

Thursday, November 21st
10:30 Music with Don

Tuesday, November 26th
2:30 Keep on Singing with Al, Debbie & Howard



November Birthday Party

Thursday, November 28th
at 2:30 pm
with Evelyn Greenberg



Daylight Savings

Clocks fall back
one hour on
November 3rd!



Weekly Bingo
Mondays at 7pm
&
Fridays at 2.30pm



Oneg Shabbat - Fridays 10:30 am

Nov. 1st with OJCS Grade 8 Class
Nov. 8th with Rabbi Lesser (Youtube)
Nov. 15th with The Ganon Preschool
Nov. 22nd with Joel Yan and Friends
Nov. 29th with Rabbi Lesser (Youtube)

Download the full
calendar of activities at
hillel-ltc.com/programs/recreation
or scan QR code:



Connection

Nursing Extensions

If you need to speak with your loved one's nursing staff, you may use the phone extensions below. Please note, only the desk phones have an option to leave a voicemail.

Charge Nurse - 688

1-West

Desk Phone - 160

Portable - 694

2-East

Desk Phone - 228

Portable - 683

2-West

Desk Phone - 260

Portable - 676

3-East

Desk Phone - 328

Portable - 679

3-West

Desk Phone - 360

Portable - 677

Pet Visiting Policy

**Ensuring a Purrr-fect
experience!**

We're excited to welcome your furry friends at Hillel Lodge!

Our Pet Visiting Policy currently allows dogs and cats to come for short visits to bring joy to our residents.

To ensure a safe and enjoyable experience for everyone, pet owners will need to provide proof of immunization and veterinary documentation confirming their pet's health. Additionally, pet owners will need to fill out a Pet Registration Form to get started. You can request for a registration form at reception.

We look forward to seeing you and your pets soon!



EXCITING **ANNOUNCEMENT**

RESIDENT
WIFI SERVICE
NOW
AVAILABLE AT
HILLEL LODGE!

MONTHLY FEE OF ONLY
\$15!



FOR MORE INFORMATION OR TO SIGN UP, PLEASE CONTACT SARAH AT
OFFICE #104, EXT. 790 OR SLEGENDRE@HILLEL-LTC.COM