



| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday   |
|---|---|--|---|---|--|--|
| 10:30 The Russian Samovar Club (1WLR)<br>11:00 Christian Community Gathering (2ELR)<br>1:00 Individual Music Therapy with Rachel (RR)<br>2:15 Choir Practice (3WDR)<br>3:15 Movie Matinee-Hot Frosty (3)              | 10:00 Green Thumb Club with Celia (G)<br>11:15 Program Planning Meeting 1W (1WDR)<br>2:30 An Hour with Guest Speaker Professor Gerry Cammy on 3E (3EDR)<br>3:30 Friendly Visits on 1W (RR)<br>7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3) | 10:00 Green Thumb Club with Celia (RR)<br>2:30 Keep on Singing with Al, Debbie & Howard on 2nd Floor (2)<br>2:30 YouTube Painting Tutorial (3WDR)<br>3:30 Holiday Trivia on 3W (3)<br>6:00 Beading Bracelets (3EN) | 9:45 Art Therapy Group with Mindy and Andrea (3L)<br>10:00 Pet Visits with Steve and Molly on 3rd floor (RR)<br>10:30 Pet visits with Brian and Thor on 1W (RR)<br>11:00 Art Therapy Group with Mindy and Andrea (3L)<br>11:00 Resident Council Meeting (S)<br>2:30 Music with Mike Steinberg on 2nd floor (2)<br>4:00 Lessons from the Parsha with Rabbi T. (1W) | 10:00 Green Thumb Club with Celia (G)<br>10:00 Pet Visits with Christine & Tinkerbell Grace on 2nd Floor (RR)<br>11:00 Christian Service with Father Daryold (2ELR)<br>11:00 Tai Chi with Ruth on 3W (3)<br>2:30 Dessert Tasting with Patty (3) | 10:30 Oneg Shabbat with Grade 6 Class from OJCS (Cafe)<br>11:15 Chair Exercise with Gloria (Cafe)<br>2:30 Bingo (Cafe)<br><br>Light Candles at 4:02 pm | Shabbat Shalom<br>Parshat: VAYEITZEI<br>9:30 Shabbat Services (S)<br>4:00 Friendly Visits (RR)<br><br>Shabbat ends at 5:09 pm                  |
| 10:30 A Touch of Klez (Cafe)<br>11:00 Christian Community Gathering (2ELR)<br>1:00 Individual Music Therapy with Rachel (RR)<br>2:15 Choir Practice (3WDR)  | 10:00 Green Thumb Club with Celia (G)<br>10:30 Music with Arlene Quinn (Cafe)<br>7:00 Monday Evening BINGO with Barbara and Joel (3)  | 10:30 The Usuals Jazz Band (Cafe)<br>2:30 Therapeutic Chair Yoga with Eric on 1W (1W)  | 9:45 Art Therapy Group with Mindy and Andrea (3L)<br>10:00 Pet Visits with Steve and Molly on 2nd floor (RR)<br>10:00 Bowling on 3rd Floor (3WDR)<br>10:00 Trivia on 1W (1W)<br>10:00 Green Thumb Club with Celia (RR)<br>11:00 Art Therapy Group with Mindy and Andrea (3L)<br>4:00 Memorial with Rabbi T. (1W)  | 10:00 Green Thumb Club with Celia (G)<br>10:00 Pet Visits with Christine & Tinkerbell Grace on 3rd Floor (RR)<br>10:00 Sit Down Dancing on 3rd Floor (YouTube) (3)<br>11:00 Friendly Visits on 1W (RR)<br><br>Light Candles at 4:02 pm          | 10:30 Oneg Shabbat with Joel Yan and Friends (Cafe)<br>11:15 Chair Exercise (Cafe)<br>2:30 Bingo (Cafe)<br><br>Light Candles at 4:02 pm                | Shabbat Shalom<br>Parshat: VAYISHLACH<br>9:30 Shabbat Services (S)<br>4:00 Friendly Visits (RR)<br><br>Shabbat ends at 5:10 pm                 |
| 11:00 Christian Community Gathering (2ELR)<br>11:00 Balloon Toss on 1W (1W)<br>1:00 Individual Music Therapy with Rachel (RR)<br>2:15 Choir Practice (3WDR)<br>2:30 A Musica Ebraica Concert of Chanukah Music (Cafe) | 10:00 Green Thumb Club with Celia (G)<br>11:00 Friendly Visits on 1W (RR)<br>2:30 Arts and Crafts on 1W (1WDR)<br>7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)   | 10:00 Green Thumb Club with Celia (RR)<br>10:30 Zumba with Debbie on 2W (2WDR)<br>2:30 Keep on Singing with Al, Debbie & Howard on 3rd Floor (3)<br>4:30 Outing to Magic of Lights at Wesley Clover Park (ON)      | 9:45 Art Therapy Group with Mindy and Andrea (3L)<br>10:00 Axe Throwing on 3rd Floor (3EDR)<br>11:00 Art Therapy Group with Mindy and Andrea (3L)<br>2:00 Pet Visits with Steve and Molly on 1W and 2E (RR)<br>2:15 Book Chat on 3rd Floor (3L)<br>4:00 Let's Ask Why with Rabbi T. (1W)  | 10:00 Green Thumb Club with Celia (G)<br>10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR)<br>10:00 Chanukah Trivia (3WDR)<br>11:00 Christian Mass with Father Daryold (2ELR)<br><br>Light Candles at 4:04 pm                | 10:15 Oneg Shabbat with The Ganon Preschool (Cafe)<br>11:15 Chair Exercise (Cafe)<br>2:30 Bingo (Cafe)<br><br>Light Candles at 4:04 pm                 | Shabbat Shalom<br>WINTER BEGINS<br>Parshat: VAYEISHEV<br>9:30 Shabbat Services (S)<br>4:00 Friendly Visits (RR)<br><br>Shabbat ends at 5:13 pm |

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday  |
|---|--|---|---|--|--|---|
| <div>10:30 Individual Short Stories with Christine (RR)</div> <div>11:00 Christian Community Gathering (2ELR)</div> <div>1:00 Individual Music Therapy with Rachel (RR)</div> <div>2:15 Choir Practice (3WDR)</div> <div>22</div> | <div>10:30 Holiday Music with Roxy Swan on 2nd Floor (2)</div> <div>3:30 Friendly Visits on 1W (RR)</div> <div>7:00 Monday Evening BINGO with Barbara and Joel (3)</div> <div>23</div>   | <div>CHRISTMAS EVE</div> <div>24</div> <div>10:00 Chanukah Scavenger Hunt (Cafe)</div> <div>12:00 Friendly Visits on 1W (RR)</div> <div>2:30 Holiday Music with Don on 3rd Floor (3)</div>  | <div>CHANUKAH - 1st Candle</div> <div>25</div> <div>EREV CHANUKAH</div> <div>CHRISTMAS DAY</div> <div>10:30 Holiday Hot Chocolate Cart 2nd Floor (RR)</div> <div>2:30 Holiday Hot Chocolate Cart 3rd Floor (RR)</div> <div>3:30 Holiday Hot Chocolate Cart 1W (RR)</div>  | <div>CHANUKAH - 2nd Candle</div> <div>26</div> <div>BOXING DAY</div> <div>10:30 Giant Crossword on 1W (1W)</div> <div>2:30 Birthday Party with Evelyn Greenberg (Cafe)</div> | <div>CHANUKAH - 3rd Candle</div> <div>27</div> <div>10:30 Oneg Shabbat with Rabbi Lesser (Youtube) (3EDR)</div> <div>11:15 Chair Exercise (3)</div> <div>2:30 Bingo (Cafe)</div> <div>Light Candles at 4:09 pm</div> | <div>Shabbat Shalom</div> <div>CHANUKAH - 4th Candle</div> <div>Parshat: MIKEITZ</div> <div>9:30 Shabbat Services (S)</div> <div>4:00 Friendly Visits (RR)</div> <div>Shabbat ends at 5:17 pm</div> |
| <div>CHANUKAH - 5th Candle</div> <div>29</div> <div>11:00 Christian Community Gathering (2ELR)</div> <div>1:00 Individual Music Therapy with Rachel (RR)</div> <div>2:15 Choir Practice (3WDR)</div>                              | <div>CHANUKAH - 6th Candle</div> <div>30</div> <div>3:30 Friendly Visits on 1W (RR)</div> <div>7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)</div>                         | <div>CHANUKAH - 7th Candle</div> <div>31</div> <div>NEW YEARS EVE</div> <div>10:15 Bocce Ball on 1W (1W)</div> <div>2:30 New Years Eve Cocktail Party with Special Guest John DeVries on piano (Cafe)</div> <div></div> | <div></div>   |  | <div>Companionship Connections Program is a One-to-One Friendly Visit offered to residents daily on each neighbourhood.</div>  |   |
| <div>RESIDENT COUNCIL MEETING</div> <div>Wednesday, December 4th at 11:00 am in the Synagogue</div>   | <div>Outing to The Magic of Lights at Wesley Clover Park</div> <div>Tuesday, December 17th at 4:30 PM</div> <div>For more information, please speak with a Recreation Team Member!</div> | <div>Resident's Room (RR)</div> <div>Café (Cafe)</div> <div>3rd Floor Dining Room (3)</div> <div>3West Dining Room (3WDR)</div> <div>1West (1W)</div> <div>2East Living Room (2ELR)</div>   | <div>Locations Legend</div> <div>3rd Floor Lounge (3L)</div> <div>Garden (G)</div> <div>Synagogue (S)</div> <div>3East Dining Room (3EDR)</div> <div>2nd Floor Dining Room (2)</div> <div>1 West Dining Room (1WDR)</div> <div>1 West Living Room (1WLR)</div> <div>3East Nook (3EN)</div> <div>2West Dining Room (2WDR)</div> <div>Outside Neighborhood (ON)</div> |  | <div>PLEASE NOTE:</div> <div>Programs are subject to change. Please see your neighbourhood Info-Television MSTV for the most up-to-date activity information.</div>  |   |