



Recreation Activity Schedule

2EAST & 2WEST



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 The Russian Samovar Club (1WLR) 1</p> <p>11:00 Christian Community Gathering (2ELR)</p> <p>1:00 Individual Music Therapy with Rachel (RR)</p> <p>2:15 Choir Practice (3WDR)</p> <p>3:15 Movie Matinee-Hot Frosty (3)</p>	<p>10:00 Green Thumb Club with Celia (G) 2</p> <p>10:30 Program Planning Meeting on 2E (2EDR)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 An Hour with Guest Speaker Professor Gerry Cammy on 3E (3EDR)</p> <p>2:30 Java Time (2ELR)</p> <p>7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)</p>	<p>10:00 Green Thumb Club with Celia (RR) 3</p> <p>10:30 Chair Exercise on 2W (2WDR)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Keep on Singing with Al, Debbie & Howard on 2nd Floor (2)</p> <p>2:30 YouTube Painting Tutorial (3WDR)</p> <p>3:30 Holiday Trivia on 3W (3)</p> <p>4:00 Puzzles on 2W (2WDR)</p> <p>6:00 Beading Bracelets (3EN)</p>	<p>9:45 Art Therapy Group with Mindy and Andrea (3L) 4</p> <p>10:00 Pet Visits with Steve and Molly on 3rd floor (RR)</p> <p>11:00 Art Therapy Group with Mindy and Andrea (3L)</p> <p>11:00 Resident Council Meeting (S)</p> <p>11:00 Word Game on 2W (2WDR)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Music with Mike Steinberg on 2nd floor (2)</p> <p>4:00 Lessons from the Parsha with Rabbi T. (1W)</p> <p>4:00 Friendly Visit on 2W (RR)</p> <p>4:00 Friendly Visits on 2E (RR)</p>	<p>10:00 Green Thumb Club with Celia (G) 5</p> <p>10:00 Pet Visits with Christine & Tinkerbell Grace on 2nd Floor (RR)</p> <p>10:30 Snakes and Ladders on 2W (2WDR)</p> <p>11:00 Christian Service with Father Daryold (2ELR)</p> <p>11:00 Tai Chi with Ruth on 3W (3)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Dessert Tasting with Patty (3)</p> <p>2:30 Mini Basketball on 2W (2WLR)</p> <p>4:00 Friendly Visit on 2W (RR)</p>	<p>10:30 Oneg Shabbat with Grade 6 Class from OJCS (Cafe) 6</p> <p>11:15 Chair Exercise with Gloria (Cafe)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Bingo (Cafe)</p> <p>Light Candles at 4:02 pm</p>	<p>Shabbat Shalom 7</p> <p>Parshat: VAYEITZEI</p> <p>9:30 Shabbat Services (S)</p> <p>2:30 Balloon Toss on 2W (2WN)</p> <p>4:00 Friendly Visits (RR)</p> <p>Shabbat ends at 5:09 pm</p>
<p>10:30 A Touch of Klez (Cafe) 8</p> <p>11:00 Christian Community Gathering (2ELR)</p> <p>1:00 Individual Music Therapy with Rachel (RR)</p> <p>2:15 Choir Practice (3WDR)</p>	<p>10:00 Green Thumb Club with Celia (G) 9</p> <p>10:30 Music with Arlene Quinn (Cafe)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>7:00 Monday Evening BINGO with Barbara and Joel (3)</p>	<p>10:30 The Usuals Jazz Band (Cafe) 10</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:00 Program Planning Meeting for 2W (2WN)</p> <p>2:30 Therapeutic Chair Yoga with Eric on 1W (1W)</p> <p>4:00 Sing Along with Susie Q on 2W (2WDR)</p>	<p>9:45 Art Therapy Group with Mindy and Andrea (3L) 11</p> <p>10:00 Pet Visits with Steve and Molly on 2nd floor (RR)</p> <p>10:00 Bowling on 3rd Floor (3WDR)</p> <p>10:00 Green Thumb Club with Celia (RR)</p> <p>11:00 Art Therapy Group with Mindy and Andrea (3L)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Snoezelen Cart on 2E (RR)</p> <p>3:30 Chair Exercise on 2W (2WDR)</p> <p>4:00 Memorial with Rabbi T. (1W)</p>	<p>10:00 Green Thumb Club with Celia (G) 12</p> <p>10:00 Pet Visits with Christine & Tinkerbell Grace on 3rd Floor (RR)</p> <p>10:00 Sit Down Dancing on 3rd Floor (YouTube) (3)</p> <p>10:00 Java Time (2ELR)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p>	<p>10:30 Oneg Shabbat with Joel Yan and Friends (Cafe) 13</p> <p>11:15 Chair Exercise (Cafe)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Bingo (Cafe)</p> <p>Light Candles at 4:02 pm</p>	<p>Shabbat Shalom 14</p> <p>Parshat: VAYISHLACH</p> <p>9:30 Shabbat Services (S)</p> <p>2:30 Axe Throwing on 2W (2WDR)</p> <p>4:00 Friendly Visits (RR)</p> <p>Shabbat ends at 5:10 pm</p>
<p>10:00 Balloon Toss on 2E (2EDR) 15</p> <p>11:00 Christian Community Gathering (2ELR)</p> <p>1:00 Individual Music Therapy with Rachel (RR)</p> <p>2:15 Choir Practice (3WDR)</p> <p>2:30 A Musica Ebraica Concert of Chanukah Music (Cafe)</p>	<p>10:00 Green Thumb Club with Celia (G) 16</p> <p>10:00 Java Time (2ELR)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>3:30 Friendly Visits on 2E (RR)</p> <p>7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)</p>	<p>10:00 Green Thumb Club with Celia (RR) 17</p> <p>10:30 Zumba with Debbie on 2W (2WDR)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Keep on Singing with Al, Debbie & Howard on 3rd Floor (3)</p> <p>4:30 Outing to Magic of Lights at Wesley Clover Park (ON)</p>	<p>9:45 Art Therapy Group with Mindy and Andrea (3L) 18</p> <p>10:00 Axe Throwing on 3rd Floor (3EDR)</p> <p>10:30 Balloon Toss on 2W (2WN)</p> <p>11:00 Art Therapy Group with Mindy and Andrea (3L)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>1:45 Chair Exercise on 2W (2WDR)</p> <p>2:00 Pet Visits with Steve and Molly on 1W and 2E (RR)</p> <p>2:15 Book Chat on 3rd Floor (3L)</p> <p>4:00 Let's Ask Why with Rabbi T. (1W)</p>	<p>10:00 Green Thumb Club with Celia (G) 19</p> <p>10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR)</p> <p>10:00 Chanukah Trivia (3WDR)</p> <p>11:00 Christian Mass with Father Daryold (2ELR)</p> <p>11:00 Puzzles on 2W (2WDR)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>4:00 Friendly Visit on 2W (RR)</p> <p>4:00 Friendly Visits on 2E (RR)</p>	<p>10:15 Oneg Shabbat with The Ganon Preschool (Cafe) 20</p> <p>11:15 Chair Exercise (Cafe)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Bingo (Cafe)</p> <p>Light Candles at 4:04 pm</p>	<p>Shabbat Shalom 21</p> <p>WINTER BEGINS</p> <p>Parshat: VAYEISHEV</p> <p>9:30 Shabbat Services (S)</p> <p>2:30 Balloon Volleyball on 2W (2WDR)</p> <p>4:00 Friendly Visits (RR)</p> <p>Shabbat ends at 5:13 pm</p>

December 2024 Recreation Activity Schedule

Hillel Lodge 2EAST & 2WEST



Your Recreation Team:
Maya, Sarah, Preya
Danielle, Jess and Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 Individual Short Stories with Christine (RR) 22</p> <p>11:00 Christian Community Gathering (2ELR)</p> <p>1:00 Individual Music Therapy with Rachel (RR)</p> <p>2:15 Choir Practice (3WDR)</p>	<p>10:30 Holiday Music with Roxy Swan on 2nd Floor (2) 23</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Snoezelen Cart on 2E (RR)</p> <p>7:00 Monday Evening BINGO with Barbara and Joel (3)</p>	<p>CHRISTMAS EVE 24</p> <p>10:00 Chanukah Scavenger Hunt (Cafe)</p> <p>10:00 Java Time (2ELR)</p> <p>10:30 Holiday Colouring on 2W (2WDR)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Holiday Music with Don on 3rd Floor (3)</p> <p>2:30 Bowling on 2W (2)</p> <p>2:30 Sing Along on 2E (2EDR)</p> <p>3:30 Friendly Visits on 2E (RR)</p> <p>4:00 Friendly Visit on 2W (RR)</p>	<p>CHANUKAH - 1st Candle 25</p> <p>EREV CHANUKAH CHRISTMAS DAY</p> <p>10:30 Holiday Hot Chocolate Cart 2nd Floor (RR)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Holiday Hot Chocolate Cart 3rd Floor (RR)</p>	<p>CHANUKAH - 2nd Candle 26</p> <p>BOXING DAY</p> <p>10:30 Chanukah Trivia on 2W (3WDR)</p> <p>11:15 Friendly Visits on 2E (RR)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Birthday Party with Evelyn Greenberg (Cafe)</p>	<p>CHANUKAH - 3rd Candle 27</p> <p>10:30 Oneg Shabbat with Rabbi Lesser (Youtube) (3EDR)</p> <p>11:15 Chair Exercise (3)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Bingo (Cafe)</p> <p>Light Candles at 4:09 pm</p>	<p>Shabbat Shalom CHANUKAH - 4th Candle 28</p> <p>Parshat: MIKEITZ</p> <p>9:30 Shabbat Services (S)</p> <p>2:30 Ring Toss on 2W (2WDR)</p> <p>4:00 Friendly Visits (RR)</p> <p>Shabbat ends at 5:17 pm</p>
<p>CHANUKAH - 5th Candle 29</p> <p>11:00 Christian Community Gathering (2ELR)</p> <p>1:00 Individual Music Therapy with Rachel (RR)</p> <p>2:15 Choir Practice (3WDR)</p>	<p>CHANUKAH - 6th Candle 30</p> <p>10:30 Music with Brian & Bobby Ukelele Strolling Minstrels on 2W (2WLR)</p> <p>11:00 Music with Brian & Bobby Ukelele Strolling Minstrels on 2E (2EN)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 Arts and Crafts on 2E (RR)</p> <p>7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)</p>	<p>CHANUKAH - 7th Candle 31</p> <p>NEW YEARS EVE</p> <p>10:30 Card Games on 2W (2WLR)</p> <p>11:30 Nursing Rehab Exercise on 2E (2EN)</p> <p>2:30 New Years Eve Cocktail Party with Special Guest John DeVries on piano (Cafe)</p> <p><i>Happy New Year</i></p>			<p>Companionship Connections Program is a One-to-One Friendly Visit offered to residents daily on each neighbourhood.</p>	

RESIDENT COUNCIL MEETING

Wednesday, December 4th at 11:00 am in the Synagogue

Outing to The Magic of Lights at Wesley Clover Park

Tuesday, December 17th at 4:30 PM

For more information, please speak with a Recreation Team Member!

Resident's Room (RR)
2East Nook (2EN)
Café (Cafe)
3rd Floor Dining Room (3)
2West Dining Room (2WDR)
2East Living Room (2ELR)

Locations Legend

3West Dining Room (3WDR)
3rd Floor Lounge (3L)
Garden (G)
Synagogue (S)
2nd Floor Dining Room (2)
1West (1W)
2East Dining Room (2EDR)

3East Dining Room (3EDR)
2West Living Room (2WLR)
2West Nook (2WN)
1 West Living Room (1WLR)
3East Nook (3EN)
Outside Neighborhood (ON)

PLEASE NOTE:

Programs are subject to change. Please see your neighbourhood Info-Television MSTV for the most up-to-date activity information.