December 2024

Hillel Lodge

Recreation Activity Schedule 3EAST & 3WEST



Your Recreation Team: Maya, Sarah, Preya Danielle, Jess and Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 The Russian Samovar Club (1WLR) 11:00 Christian Community Gathering (2ELR) 1:00 Individual Music Therapy with Rachel (RR) 2:15 Choir Practice (3WDR) 3:15 Movie Matinee-Hot Frosty (3)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:00 Green Thumb Club with Celia (G) 2:30 An Hour with Guest Speaker Professor Gerry Cammy on 3E (3EDR) 4:00 Friendly Visits on 3E (RR) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:00 Green Thumb Club with Celia (RR) 2:30 Keep on Singing with Al, Debbie & Howard on 2nd Floor (2) 2:30 YouTube Painting Tutorial (3WDR) 3:30 Holiday Trivia on 3W (3) 4:00 Friendly Visits on 3E (3EDR) 6:00 Beading Bracelets (3EN)	8:00 Nursing Rehab Exercise on 3E (3EDR) 9:45 Art Therapy Group with Mindy and Andrea (3L) 10:00 Pet Visits with Steve and Molly on 3rd floor (RR) 11:00 Art Therapy Group with Mindy and Andrea (3L) 11:00 Resident Council Meeting (S) 2:30 Music with Mike Steinberg on 2nd floor (2) 4:00 Lessons from the Parsha with Rabbi T. (1W)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 2nd Floor (RR) 11:00 Christian Service with Father Daryold (2ELR) 11:00 Tai Chi with Ruth on 3W (3) 2:30 Dessert Tasting with Patty (3) 4:00 Friendly Visits on 3W (RR)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:30 Oneg Shabbat with Grade 6 Class from OJCS (Cafe) 11:15 Chair Exercise with Gloria (Cafe) 2:30 Bingo (Cafe)	Shabbat Shalom Parshat: VAYEITZEI 9:30 Shabbat Services (S) 4:00 Friendly Visits (RR) Shabbat ends at 5:09 pm
10:30 A Touch of Klez (Cafe) 8 11:00 Christian Community Gathering (2ELR) 1:00 Individual Music Therapy with Rachel (RR) 2:15 Choir Practice (3WDR)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:00 Green Thumb Club with Celia (G) 10:30 Music with Arlene Quinn (Cafe) 4:00 Friendly Visits on 3E (RR) 7:00 Monday Evening BINGO with Barbara and Joel (3)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:30 The Usuals Jazz Band (Cafe) 2:30 Therapeutic Chair Yoga with Eric on 1W (1W)	8:00 Nursing Rehab Exercise on 3E (3EDR) 9:45 Art Therapy Group with Mindy and Andrea (3L) 10:00 Pet Visits with Steve and Molly on 2nd floor (RR) 10:00 Bowling on 3rd Floor (3WDR) 10:00 Green Thumb Club with Celia (RR) 11:00 Art Therapy Group with Mindy and Andrea (3L) 2:00 Program Planning Meeting on 3E (3ELR) 3:00 Program Planning Meeting on 3W (3WLR) 4:00 Memorial with Rabbi T. (1W)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 3rd Floor (RR) 10:00 Sit Down Dancing on 3rd Floor (YouTube) (3)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:30 Oneg Shabbat with Joel Yan and Friends (Cafe) 11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe) Light Candles at 4:02 pm	Shabbat Shalom Parshat: VAYISHLACH 9:30 Shabbat Services (S) 4:00 Friendly Visits (RR) Shabbat ends at 5:10 pm
11:00 Christian Community Gathering (2ELR) 1:00 Individual Music Therapy with Rachel (RR) 2:15 Choir Practice (3WDR) 2:30 A Musica Ebraica Concert of Chanukah Music (Cafe)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:00 Green Thumb Club with Celia (G) 4:00 Friendly Visits on 3E (RR) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:00 Green Thumb Club with Celia (RR) 10:30 Zumba with Debbie on 2W (2WDR) 2:30 Keep on Singing with AI, Debbie & Howard on 3rd Floor (3) 4:00 Friendly Visits on 3E (3EDR) 4:30 Outing to Magic of Lights at Wesley Clover Park (ON)	8:00 Nursing Rehab Exercise on 3E (3EDR) 9:45 Art Therapy Group with Mindy and Andrea (3L) 10:00 Axe Throwing on 3rd Floor (3EDR) 11:00 Art Therapy Group with Mindy and Andrea (3L) 2:00 Pet Visits with Steve and Molly on 1W and 2E (RR) 2:15 Book Chat on 3rd Floor (3L) 4:00 Let's Ask Why with Rabbi T. (1W)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR) 10:00 Chanukah Trivia (3WDR) 11:00 Christian Mass with Father Daryold (2ELR) 4:00 Friendly Visits on 3W (RR)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:15 Oneg Shabbat with The Ganon Preschool (Cafe) 11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe)	Shabbat Shalom WINTER BEGINS Parshat: VAYEISHEV 9:30 Shabbat Services (S) 4:00 Friendly Visits (RR) Shabbat ends at 5:13 pm

December 2024

Hillel Lodge



Recreation Activity Schedule 3EAST & 3WEST



Your Recreation Team:
Maya, Sarah, Preya
Danielle, Jess and Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Individual Short Stories with Christine (RR) 11:00 Christian Community Gathering (2ELR) 1:00 Individual Music Therapy with Rachel (RR) 2:15 Choir Practice (3WDR)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:30 Holiday Music with Roxy Swan on 2nd Floor (2) 4:00 Friendly Visits on 3E (RR) 7:00 Monday Evening BINGO with Barbara and Joel (3)	CHRISTMAS EVE 8:00 Nursing Rehab Exercise on 3E (3EDR) 10:00 Chanukah Scavenger Hunt (Cafe) 2:30 Holiday Music with Don on 3rd Floor (3) 4:00 Friendly Visits on 3E (3EDR)	CHANUKAH - 1st Candle EREV CHANUKAH CHRISTMAS DAY 8:00 Nursing Rehab Exercise on 3E (3EDR) 10:30 Holiday Hot Chocolate Cart 2nd Floor (RR) 2:30 Holiday Hot Chocolate Cart 3rd Floor (RR)	CHANUKAH - 2nd Candle BOXING DAY 8:00 Nursing Rehab Exercise on 3E (3EDR) 10:00 Balloon Toss on 3E (3ELR) 2:30 Birthday Party with Evelyn Greenberg (Cafe) 4:00 Friendly Visits on 3W (RR)	CHANUKAH - 3rd Candle 8:00 Nursing Rehab Exercise on 3E (3EDR) 10:30 Oneg Shabbat with Rabbi Lesser (Youtube) (3EDR) 11:15 Chair Exercise (3) 2:30 Bingo (Cafe) Light Candles at 4:09 pm	Shabbat Shalom CHANUKAH - 4th Candle Parshat: MIKEITZ 9:30 Shabbat Services (S) 4:00 Friendly Visits (RR) Shabbat ends at 5:17 pm
CHANUKAH - 5th 29	CHANUKAH - 6th Candle	CHANUKAH - 7th Candle				Companionship

Candle

11:00 Christian Community
Gathering (2ELR)

1:00 Individual Music Therapy
with Rachel (RR)

2:15 Choir Practice (3WDR)

8:00 Nursing Rehab Exercise on 3E (3EDR) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3) CHANUKAH - 7th
Candle
NEW YEARS EVE
8:00 Nursing Rehab Exercise
on 3E (3EDR)
2:30 New Years Eve Cocktail
Party with Special Guest
John DeVries on piano
(Cafe)





Companionship
Connections
Program is a
One-to-One Friendly
Visit
offered to residents
daily on each
neighbourhood.

RESIDENT COUNCIL MEETING

Wednesday,
December 4th
at 11:00 am
in the Synagogue

Outing to The Magic of Lights at Wesley Clover Park

Tuesday, December 17th at 4:30 PM

For more information, please speak with a Recreation Team

Member!

Resident's Room (RR)
3East Dining Room
(3EDR)
Café (Cafe)
3rd Floor Dining Room
(3)
3West Dining Room
(3WDR)
2East Living Room
(2ELR)

Locations Legend
rd Floor Lounge (3L)

3rd Floor Lounge (3L)
Garden (G)
Synagogue (S)
1West (1W)
2nd Floor Dining Room
(2)
3East Living Room
(3ELR)

1 West Living Room (1WLR) 3East Nook (3EN) 3West Living Room (3WLR) 2West Dining Room (2WDR) Outside Neighborhood (ON)

PLEASE NOTE:

Programs are subject to change.
Please see your neighbourhood InfoTelevision MSTV
for the most up-to-date activity information.