

**WINTER/SPRING 2024/2025**

**2023/2024 Week Four Menu**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B K F T	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg - Scrambled or Peanut Butter & Jam WW Toast/ Croissant	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg- Boiled or Peanut Butter & Jam WW/White Toast	Choice of Juice Banana or Prunes Milk Hot/ Cold Cereal French Toast, Syrup Cheddar Cheese or PB&J WW/White Toast	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg - Boiled or or Peanut Butter & Jam WW/White Toast	Choice of Juice Banana or Prunes Milk; Hot or Cold Cereal Egg -Boiled or Cream Cheese WW/White Toast	Choice of Juice Banana or Prunes Milk Hot/Cold Cereal Cream Cheese or Peanut Butter & Jam Raisin Bread/ Challah	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg - Boiled, or Peanut Butter & Jam WW/White Toast
S N	Juice/Water	Juice/Water	Juice/Water	Juice/Water	Juice/Water	Juice/Water	Juice/Water
L U N C H	Corn Chowder Egg Foo Yung Rice Egg rolls & Plum sauce Ice Cream	Caesar Salad Lasagna Garlic Bread Apple Crumble Cake	Carrot Soup Potato Latkes Scrambled Eggs Applesauce Sour Cream Rice Pudding	Beet Salad Shephard's Pie Corn Apricots	Pea Soup Cheese Blintzes Fruit Salad & sour cream Bread Baked Custard	Chickpea Salad Beef Stew Mushroom Noodle Kugel Carrots Mandarins	Minestrone Soup Bagel, Lox & Cream Cheese Onion & Tomato Carrot Cake
A L T	Salmon Salad Plate Bread Peaches	Tuna Salad Plate Bread Pears	Cheese & Quinoa Salad Plate Bread Pineapple	Israeli Orange Chicken Mashed Potato Green Beans Chocolate Wafers	Salmon Sandwich Tomato & Cucumber Peaches	Herb Baked Chicken gravy Seasoned Green Beans Cake	Egg Salad Plate Bread Apricots
S N	Oatmeal cookies Fresh Fruit Vanilla Pudding Juice/Tea/Water	Double Chocolate Cookies Fresh Fruit Vanilla Pudding Juice/Tea/Water	Mini Danish Fresh Fruit Vanilla Pudding Juice/Tea/Water	Lemon Cookies Fresh Fruit Vanilla Pudding Juice/Tea/Water	Ice Cream Fresh Fruit Vanilla Pudding Juice / Water	Wafers Fresh Fruit Vanilla Pudding Juice/Tea/Water	Chocolate Chip Cookies Fresh Fruit Vanilla Pudding Juice/Tea/Water
S U P P E R	Spanish Lentil Soup Lemon Thyme Chicken Gravy Roast Potato Carrots Pineapple	Potato Onion Soup Beef Burgundy Mashed Potato Harvest Blend Vegetables Lemon Cookies	Coleslaw Hamburger on Bun French Fries Tomato & onion Baked Apples	Mushroom Soup Parmesan Breaded Sole Baked Potato Sour Cream Herbed Broccoli Blueberry Pie	Chopped Liver Chicken Soup & Noodles Beef Pot Roast & gravy Roast Potato Baked Squash Cake	Borscht & Potato Sour cream Salmon Patty Tartar sauce Mashed Potato Mixed Vegetables Pudding	Mulligatawny Veg. Soup Pepper Steak Rice Squash Peaches
A L T	Weiner & Baked Beans Tomato & Cucumber Vanilla Wafers	Portuguese Chicken Gravy Corn Mandarin Oranges	Mustard Baked Chicken Carrots Chocolate Cookies	Egg Salad Plate Bread Yogurt	Roast Chicken Peas Honeydew Melon	Cottage Cheese & Fruit Plate Bread Applesauce	Tandoori Chicken Ginger Oriental mixed veg. Lemon Cookies
S N	½ PB & Jam Sandwich Strawberry Apple sauce Chocolate Pudding Ice cream Juice/Milk/Tea/Water	½ Egg SW Strawberry Apple sauce Chocolate Pudding Ice cream Juice/Milk/Tea/Water	½ PB & Jam SW Strawberry Apple sauce Chocolate Pudding Ice cream Juice/Milk/Tea/Water	½ Cheese + Crackers Strawberry Apple sauce Chocolate Pudding Ice cream Juice/Milk/Tea/Water	½ Egg SW Strawberry Apple sauce Chocolate Pudding Ice cream Juice/Milk/Tea/Water	Cheese & Cracker Strawberry Apple sauce Chocolate Pudding Ice cream Juice/Milk/Water/Tea	½ Egg Sandwich Strawberry Apple sauce Chocolate Pudding Ice cream Juice/Water/Milk/Tea

Bread, margarine & juice are available at all meals. Milk is available at breakfast & dairy meals & HS snack. Jam, marmalade & peanut butter are available at breakfast.  
Fresh fruit is available at PM Snack. Coffee or tea and ice water are available at Breakfast, Lunch and dinner.