Hillel Lodge

Recreation Activity Schedule 3 EAST & 3 WEST

Your Recreation Team: Maya, Preya, Danielle Jess & Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tapp Passove		8:00 Nursing Rehab Exercise on 3E (3EDR) 10:30 The Usuals Jazz Band (Cafe) 2:30 Laughing Through the Ages (3WDR) 4:00 Friendly Visits on 3E (RR)	8:00 Nursing Rehab Exercise on 3E (3EDR) 9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:00 Pet Visits with Steven and Molly on 3rd floor (RR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 An Hour with Guest Speaker Professor Gerry Cammy (3EDR) 4:00 Lessons from the Parsha with Rabbi T. (1W)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR) 10:00 Bowling on 3rd Floor (3WDR) 10:00 Friendly Visits (RR) 2:30 Birthday Party with Evelyn Greenberg (Cafe)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:30 Oneg Shabbat with Grade 6 Class from OJCS (3) 11:15 Chair Exercise (3) 2:30 Bingo (Cafe) 4:00 Friendly Visits (RR) Seudat Shabbat 3rd Floor at 5:45 pm 1W at 6:00 pm Light Candles at 7:17 pm	Shabbat Shalom Parshat: VAYIKRA 9:30 Shabbat Services (S) 4:00 Friendly Visits (RR) Shabbat ends at 8:22 pm
10:30 Individual Reading with Christine (RR) 11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	with Gordon (BR) 10:30 Program Planning Meeting on 3E (3ELR) 10:30 Matzah Making Factory with Rabbi Blum and OJCS Grade 1 Class (3) 11:00 Friendly Visits on 3E (RR) 3:30 Music Trivia (3WDR) 4:00 Program Planning Meeting on 3W (3WLR) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:30 Zumba with Debbie on 3rd Floor (3EDR) 3:30 Friendly Visits (RR) 4:00 Friendly Visits on 3E (RR)	8:00 Nursing Rehab Exercise 9 on 3E (3EDR) 9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:00 Pet Visits with Steven and Molly on 1W and 2E (RR) 10:30 Sunshine Strolls (G) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Music with Rick Crepin (3) 4:00 Lessons from the Parsha with Rabbi T. (1W)	Exercise on 3E (3EDR) 10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 2nd Floor (RR) 11:00 Christian Mass with Father Daryold (2ELR)	8:00 Nursing Rehab Exercise on 3E (3EDR) 10:30 Oneg Shabbat with Rabbi Lesser (Youtube) (3EDR) 11:30 Chair Exercise with Gloria (3EDR) 2:30 Bingo (Cafe) 4:00 Friendly Visits (RR) Seudat Shabbat 3rd Floor at 5:45 pm 2W at 6:00 pm Light Candles at 7:26 pm	Shabbat Shalom EREV PASSOVER 1st SEDER Parshat: TZAV 4:00 Friendly Visits (RR) Synagogue Services in the afternoon: To Be Determined Shabbat ends at 8:32 pm
1st Day of PASSOVER 2nd SEDER 9:30 Synagogue Services (S) 11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	2nd Day of PASSOVER 8:00 Nursing Rehab Exercise on 3E (3EDR) 9:30 Synagogue Services (S) 2:00 Finish the Line on 3W (3WDR)	PASSOVER: 1st Intermediate Day 8:00 Nursing Rehab Exercise on 3E (3EDR) 10:00 Green Thumb Club with Celia (RR) 11:00 Ecumenical Service with Reverend Peate (2ELR) 11:00 Drumming Together on 2nd Floor (2) 4:00 Friendly Visits (RR) 7:00 Cinematic Night In (DR)	PASSOVER: 2nd Intermediate Day 8:00 Nursing Rehab Exercise on 3E (3EDR) 9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:00 Pet Visits with Steven and Molly on 2nd Floor (RR) 10:30 Garden Visits (G) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:15 Book Chat with Marcia and Arlene on 3rd Floor (3L) 4:00 Let's Ask Why with Rabbi T. (1W)	PASSOVER: 3rd Intermediate Day 8:00 Nursing Rehab Exercise on 3E (3EDR) 10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 3rd Floor (RR) 10:30 Resident Council (S) 10:30 Friendly Visits (RR) 11:00 Tai Chi with Ruth on 1W (1WLR) 1:00 Friendly Visits on 3E (RR)	PASSOVER: 4rd Intermediate Day GOOD FRIDAY 8:00 Nursing Rehab Exercise on 3E (3EDR) 10:15 Oneg Shabbat with Joel Yan and Friends (Cafe) 11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe) 4:00 Friendly Visits (RR) Seudat Shabbat 3rd Floor at 5:45 pm 2E at 6:00 pm Light Candles at 7:35 pm	Shabbat Shalom 19 7th Day of PASSOVER 4:00 Friendly Visits (RR) 9:30 Synagogue Services (S) Shabbat ends at 8:42 pm

April 2025

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Recreation Activity Schedule 3 EAST & 3 WEST

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Tuesday Wednesday **Monday Thursday Friday** Sunday **Saturday** 22 8:00 Nursing Rehab 24 8:00 Nursing Rehab Shabbat Shalom 26 **EASTER MONDAY 23** YOM HASHOAH: 8th Day of 8:00 Nursing Rehab Exercise on 3E Exercise on 3E Holocaust 8:00 Nursing Rehab **PASSOVER: Holiday** Exercise on 3E **Parshat: SHEMINI** (3EDR) (3EDR) Remembrance Day Exercise on 3E **Ends** (3EDR) 9:30 Shabbat Services (S) (3EDR) 10:00 Pet Visits with Steven 9:45 Exploring Art Group with Art 8:00 Nursing Rehab Exercise on **EASTER SUNDAY** 10:15 Oneg Shabbat with and Molly on 1W and 2E Therapists Mindy and 3E (3EDR) 11:00 Christian Community 9:30 Synagogue Services The Ganon (RR) Andrea (3L) 10:30 Remembering and Gathering (2ELR) (S) 1:00 One-to-One Individual 10:00 Green Thumb Club with 10:30 Pet visits with Brian and Honouring: A Yom Preschool (3) Sessions with Music Celia (RR) Thor on 2nd Floor (RR) **Hashoah Commemoration** 11:30 Chair Exercise with Therapist Rachel (RR) 10:30 Country Music with Luke 11:00 Exploring Art Group with with Joel, Toby and Nina Gloria (3) Happy Easter! Art Therapists Mindy and 2:15 Choir Practice (3WDR) 2:30 Bingo (Cafe) 2:30 Therapeutic Chair Yoga 1:00 Friendly Visits on 3E (RR) Andrea (3L) 7:00 Monday Evening BINGO with Eric on 2W (2WDR) 2:15 Torah Day School Students with Elayne, Wesley and Seudat Shabbat Visit (3) Bobby (3) 3:30 Bible Stories on 3E 3rd Floor at 5:45 pm (3EDR) 4:00 Lessons from the Parsha 1W at 6:00 pm with Rabbi T. (1W) Light Candles at 7:44 pm Shabbat ends at 8:52 pm 8:00 Nursing Rehab Exercise 29 YOM HAZIKARON: Israel's FEDERAL ELECTION 30 10:30 Musical **April Outing** Calendar Legend **Memorial Day** on 3E (3EDR) **VOTING DAY (3L)** Performance by To Be Determined... 8:00 Nursing Rehab Exercise on 10:00 Pet Visits with Steven and Yom HaZikaron **All Day** 8:00 Nursing Rehab Exercise on Sound of Life (3) 3E (3EDR) Molly on 3rd floor (RR) 3E (3EDR) 9:45 Exploring Art Group with Art **Outings** 11:00 Christian Community Israel Memorial Day 10:00 Green Thumb Club with Celia **Stav Tuned!** Therapists Mindy and Andrea (3L) 9:30 Morning Social in the (RR) **Special Events** Gathering (2ELR) 11:00 Exploring Art Group with Art Posters will be on and Lounge (3L) 10:30 French Singalong with Aline Therapists Mindy and Andrea (3L) **Music Therapy** 1:00 One-to-One Individual 10:00 Green Thumb Club with The Resident and (3WDR) 1:00 Friendly Visits on 3E (RR) Sessions with Music **Art Therapy** Celia (G) 1:45 Guest Speaker Mrs. Yifah Greenfeld 2:00 Food Committee on 3E Neighbourhood Mitvach, Public Diplomacy Director 2:30 Jewish Songs and Prayers Therapist Rachel (RR) (3ELR) Horticulture **Recreation bulletin** from the Embassy of Israel (3) with Cantor Bielak on 3W 3:00 Happy Hour with Sax & Piano 2:00 Pet Visits with Christine 2:00 Pet Visits with Steven and Molly on **Exercise** boards once Outing is **Duo Edwin Gans and Charles** (3WDR) 1W and 2E (RR) & Tinkerbell Grace on Guerin (3) **Spiritual** announced. 2:00 Spring Scenes Watercolour Painting 7:00 Monday Evening BINGO 1W and 2W (RR) 3:00 Food Committee on 3W on 3E (3EDR) with Joel (3) (3WLR) 4:00 Memorial Service with Rabbi T. (1W) 2:15 Choir Practice (3WDR) 7:00 Cinematic Night In (DR) **Locations Legend** Please note: 1West (1W)







Programs are subject to change.
Please refer to your Info-Television on your neighbourhood for the most up-to-date program information!

Thank you!

Resident's Room (RR)
3East Dining Room (3EDR)
3rd Floor Dining Room (3)
3rd Floor Lounge (3L)
3West Dining Room (3WDR)
Café (Cafe)
Garden (G)
Synagogue (S)
2East Living Room (2ELR)

1West (1W)
3East Living Room (3ELR)
3West Living Room (3WLR)
Individual Dining Rooms (DR)
Board Room (BR)
2nd Floor Dining Room (2)
1 West Living Room (1WLR)
2West Dining Room (2WDR)