

LODGE LINE



THE BESS AND MOE GREENBERG FAMILY

Hillel Lodge

LONG-TERM CARE HOME OF OTTAWA

70 YEARS STRONG: A LEGACY OF CARE AND COMPASSION

As we embark on our 70th year, The Bess and Moe Greenberg Family Hillel Lodge Long-Term Care Home of Ottawa proudly continues its legacy as a cornerstone of support for the Jewish community.

At our 70th Annual General Meeting on May 27th, Dr. Janet Dollin, President of the Board of Directors, delivered a heartfelt message expressing gratitude to everyone who contributes to the success of Hillel Lodge. "Thank you to all of you—our Board members, devoted staff, incredible volunteers, the Auxiliary, the Foundation, and our donors. You are the heart of Hillel Lodge," she emphasized, acknowledging the dedication that keeps our community thriving.



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70 YEARS STRONG: A LEGACY OF CARE AND COMPASSION

Dr. Dollin reflected on our rich history, tracing back to 1954 when founders Dora Lithwick and Judge J.C. Horwitz envisioned a Jewish long-term care home in Ottawa. Their “labour of love” became a reality in 1965 with the opening of the original Ottawa Jewish Home for the Aged on Wurtemberg Street. She noted that this vision laid the groundwork for what Hillel Lodge has become today, with future generations of these founders actively involved in our community. As we celebrate this significant milestone, she highlighted the need to address the challenges we face today, including how to serve an aging population with increasing care needs while ensuring staff retention.

Dr. Dollin shared insights from our recent environmental scan, which included discussions with stakeholders such as staff, families, and community partners. Many expressed that Hillel Lodge is one of Ottawa’s most respected long-term care homes, renowned for its compassionate, person-centred care. She emphasized that our greatest strength lies in the warmth of our staff, who often describe residents as family. The term “haimish” emerged frequently, capturing the uniquely Jewish warmth and sense of belonging that transforms our facility into a true home where residents are known and valued. Preserving this essence is essential as we move forward.



Likewise, Ted Cohen, CEO of Hillel Lodge, shared powerful reflections on the essence of our community, opening with a proverb: “If you want to go fast, go alone. If you want to go far, go together.” He emphasized that Hillel Lodge is not a place shaped by individual efforts or short-term wins; it’s a community—a tapestry of care, trust, and tradition, woven together by many hands, all working toward something enduring. In long-term care, community isn’t a nice-to-have—it’s everything. It’s the reason our residents feel known, our families feel heard, and our staff feel supported. It’s how we transform care into connection and routine into ritual.



Cohen introduced Hillel Lodge’s new 2026-30 Strategic Plan, rooted in Jewish values and centered around the Hebrew word *levav*, meaning heart or inner spirit. This plan focuses on four key commitments: personalized care, innovation, deepening belonging, and sustaining strength. These principles guide us as we move forward together.

In closing, he shared a touching story about a longtime resident who described Hillel Lodge as a continuation of her home, where she can create new memories with loved ones. “It’s not just that I live here — it’s that I belong here,” she said. This sentiment captures our goal to create a place where love, dignity, and belonging truly reside.

70 YEARS STRONG: A LEGACY OF CARE AND COMPASSION

Adam Silver, President and CEO of the Jewish Federation of Ottawa, addressed the attendees about the ongoing connection between Hillel Lodge and the Jewish community, highlighting the importance of unity.



David Baker, President and Chair of the Hillel Lodge LTC Foundation, expressed his gratitude to all donors, board members, staff, and supporters as they close this chapter and look ahead. Spoke about the exceptional year, including the Dream Garden becoming a reality. He emphasized that at the heart of their mission is the belief that the community's elders deserve care with dignity, compassion, and love, and noted that together they are making this a reality every day.

Fran Ross, President of The Auxiliary of Hillel Lodge, spoke proudly about the organization celebrating its 60th anniversary this year, highlighting its longstanding commitment to the residents since the beginning. She noted that The Auxiliary's contributions play a crucial role in providing the extras that enhance the residents' lives, describing their support as the "icing on the top of the cake." This dedication to enriching the resident experience has been a vital part of Hillel Lodge's community spirit, ensuring that the needs and desires of the residents are met beyond the basics of care.



2024/25 SPECIAL AWARDS

EACH YEAR, THE BOARD OF DIRECTORS OF HILLEL LODGE PROUDLY PRESENTS SPECIAL AWARDS TO INDIVIDUALS AND GROUPS WHO HAVE MADE SIGNIFICANT CONTRIBUTIONS. THE 2024/25 AWARD WINNERS WERE CELEBRATED AND HONORED AT OUR 70TH ANNUAL GENERAL MEETING ON MAY 27TH, 2025.

IN THE FOLLOWING PAGES OF LODGE LINE, YOU WILL FIND DETAILED DESCRIPTIONS OF EACH AWARD, THE SELECTION PROCESS FOR THE WINNERS, AND PHOTOS FROM THE AWARD CEREMONY.

THE OUTSTANDING SERVICE AWARD

The Outstanding Service Award is presented periodically to a group for outstanding service to Hillel Lodge. Recipients have included community groups, non-profit and for-profit companies and organizations that have made a significant contribution to Hillel Lodge and its residents.

RECIPIENTS OF THE OUTSTANDING SERVICE AWARD: THE POIRIER GROUP



The Poirier Group (TPG), under the expert guidance of Dale Schattenkirk, has played a transformative role in establishing Hillel Lodge as a center of excellence for Lean Six Sigma quality in Ontario's long-term care sector. Lean Six Sigma combines principles focused on identifying and solving problems in business processes, leading to significant improvements in efficiency, quality, and customer satisfaction.

Dale has generously dedicated his time, expertise, and TPG's resources to enhance the Lodge's internal capacity for continuous improvement. His commitment extends beyond a traditional consulting relationship; he has become a trusted advisor and partner, empowering the leadership team to drive change from within. His efforts have laid a solid foundation for a quality program that is both rigorous and data-driven, aligning seamlessly with Hillel Lodge's mission to provide exceptional care to its residents.

Through TPG's involvement, Hillel Lodge has launched a comprehensive Lean Six Sigma training initiative, equipping the management team with the tools and mindset necessary to identify inefficiencies, eliminate waste, and drive sustainable improvements across the organization. This cultural shift encourages curiosity, fosters accountability, and supports innovation at every level.

For these reasons, Hillel Lodge Board of Directors proudly honors The Poirier Group with this recognition. Their generosity, leadership, and unwavering belief in our potential have already made a lasting impact on the Lodge over the past year. By investing in our people and fostering a culture of continuous improvement, TPG and Dale Schattenkirk have positioned Hillel Lodge on a path to becoming a model of quality and innovation in long-term care. It is only fitting that we celebrate their exceptional contributions as recipients of the Outstanding Service Award.

DUE TO PRIOR COMMITMENTS, DALE SCHATTENKIRK WAS UNABLE TO ATTEND THE AGM AWARD CEREMONY. HE RECEIVED THE OUTSTANDING SERVICE AWARD AT HILLEL LODGE ON MAY 26TH. A RECORDING OF HIS ACCEPTANCE SPEECH WAS PLAYED DURING THE AGM.



2024/25 SPECIAL AWARDS

SHALOM PEREL PRESIDENT'S AWARD OF MERIT

The Shalom Perel President's Award of Merit is given annually to recognize an individual who works diligently, often behind the scenes, to benefit the Lodge and its residents. The recipient is someone who makes an outstanding contribution to Hillel Lodge.

This president's award of merit is named in honour of Shalom Perel, of blessed memory.

Mr. Perel was born in Russia and when he was 8 years old, he along with his parents and 3 siblings immigrated to Montreal. In his 20's he moved to Ottawa and attended the University of Ottawa. Subsequently, he found employment in the federal government as a statistician where he worked until his retirement. He was a quiet unassuming gentleman who enjoyed reading as well as classical music. Mr. Perel moved to Hillel lodge in October 1997. He passed away in July 1998. To show his appreciation for the care and attention he received at the lodge, he endowed the Lodge with almost the entirety of his considerable estate. This magnificent gift was accompanied by Shalom Perel's desire to make things better for the residents who lived at Hillel Lodge.

RECIPIENT OF THE SHALOM PEREL PRESIDENT'S AWARD OF MERIT: JAMES FARROW

Hillel Lodge Board of Directors proudly awards James Farrow the Shalom Perel President's Award of Merit for 2024/25. Jim served as the President of the Lodge from 2020 to 2022 and remained actively engaged as a Board member and Immediate Past President for two additional years.

After retiring as a distinguished architect, Jim joined the Board in 2016, quickly making a significant impact. He rose from Second Vice President to First Vice President and began his presidency during the challenging COVID-19 pandemic, exemplifying calm, steady, and compassionate leadership. His presence was reassuring as he provided clear guidance and unwavering support, attending urgent virtual meetings and volunteering on-site to demonstrate the Board's commitment to staff and residents. In the later stages of the pandemic, he valued the opportunity to volunteer by serving snacks to residents, deepening his understanding of their needs and the challenges faced by the staff.

Beyond crisis management, Jim's leadership has profoundly influenced Hillel Lodge's physical and strategic infrastructure, particularly through his pivotal role in the HVAC replacement project, ensuring safety and comfort for all. His efforts in implementing crucial infrastructure improvements, including upgrades to heating and air conditioning systems, have ensured the ongoing safety and health of residents.

He was instrumental in recruiting the current CEO, Ted Cohen, whose leadership has been vital. Additionally, Jim contributed to strategic planning efforts that clarified the governance roles of Board members, preparing future boards for their responsibilities.

James Farrow is a leader who acts not for recognition, but from a profound sense of responsibility and care for others. His legacy at Hillel Lodge is characterized by compassion, integrity, and dedicated service.



DUE TO PRIOR COMMITMENTS, JIM FARROW WAS UNABLE TO ATTEND THE AGM AWARD CEREMONY. HE RECEIVED HIS AWARD DURING THE BOARD OF DIRECTORS MEETING ON MAY 6TH. PAST PRESIDENT OF HILLEL LODGE, MARTY BLACK, DELIVERED AN ACCEPTANCE SPEECH ON HIS BEHALF AT THE AGM.



2024/25 SPECIAL AWARDS

THELMA STEINMAN DIRECT SERVICE AWARD

This award is named after Thelma Steinman, of blessed memory, who was held in the highest esteem by our residents, staff and board members for her ability to give of herself and do the utmost to help others. As everyone who knew her can attest, she was a woman who exhibited tremendous warmth, energy, compassion and a marvellous sense of humour. Her ability to relate to people and to make them seem so special was especially evidenced in her interaction with the residents of Hillel Lodge. The Thelma Steinman Direct Service Award is given in honour of an individual who interacts directly with the residents in order to improve their quality of life – a person who as a result of his/her direct efforts makes a significant difference.

JOINT RECIPIENTS OF THE THELMA STEINMAN DIRECT SERVICE AWARD: WESLEY AND ELAYNE SCHACTER

Hillel Lodge Board of Directors is pleased to announce that Wesley and Elayne Schacter are the joint recipients of the Thelma Steinman Direct Service Award for 2024/25. Elayne began her involvement with the Lodge 15 years ago by assisting her friend Mark Spergel with the Monday Evening Bingo. After Mark moved away, Elayne and Wes took on the responsibility of running the Bingo program, a role they have maintained ever since, with volunteers Joel Diener and Barbara Levinson participating on alternating weeks.



Elayne and Wes have consistently expressed how much joy they find in running Bingo, recognizing its importance for residents' socialization and engagement. Their commitment has fostered continuity and provided enjoyable evening programs, allowing them to build meaningful relationships with the residents who regularly attend.

In recognition of their long-standing and steadfast dedication to the Lodge, we proudly award Elayne and Wesley Schacter this honor.



IN THEIR ACCEPTANCE SPEECHES, WESLEY AND ELAYNE BEAUTIFULLY DESCRIBED THE JOY OF ENTERING THE BUILDING AND SENSING THE RESIDENTS' EXCITEMENT FOR A LIVELY NIGHT OF BINGO. THEY SPOKE OF THE PALPABLE ENERGY IN THE AIR, AS LAUGHTER AND CHATTER FILLED THE ROOM, CREATING AN ATMOSPHERE OF WARMTH AND COMMUNITY. THIS FEELING, THEY NOTED, NEVER GETS OLD; IT IS A CONSTANT REMINDER OF THE MEANINGFUL CONNECTIONS FORMED THROUGH SHARED EXPERIENCES. EACH EVENT IS NOT JUST ABOUT THE GAME, BUT ABOUT THE JOY OF TOGETHERNESS, THE SMILES EXCHANGED, AND THE MEMORIES CREATED. IT'S A HEARTWARMING EXPERIENCE THAT REINFORCES THE IMPORTANCE OF COMMUNITY AND THE IMPACT OF BRINGING PEOPLE TOGETHER FOR MOMENTS OF FUN AND CAMARADERIE.



2024/25 SPECIAL AWARDS

SARAH LITHWICK GREEN AWARD

Sarah Lithwick Green was a true pioneer whose legacy of compassion, advocacy, and service continues to inspire us all. The Sarah Lithwick Green Award honors her remarkable contributions by recognizing a young individual who embodies her spirit of leadership and civic engagement. The recipient of this annual award reflects the values that Sarah Lithwick Green instilled in her community, serving as a testament to her enduring influence.

RECIPIENT OF THE SARAH LITHWICK GREEN AWARD: TEHILA SHAPIRO

Tehila Shapiro has been selected as the recipient of the 2024/25 Sarah Lithwick Green Award for her heartfelt essay, which beautifully illustrates the profound and lasting impact of intergenerational relationships on both young people and the elderly. Through her early visits to Hillel Lodge, her close bond with her Bubby, and her participation in the L'dor Vador intergenerational program, Tehila has demonstrated deep empathy, compassion, and a commitment to kindness. She exemplifies the values of respect, leadership, and care for others—especially our elders—making a meaningful difference in the lives of those around her.



In her acceptance speech, Tehila reflected on how her experiences have underscored the importance of building relationships with the elderly. She explained that her essay aimed to showcase the significance of developing intergenerational connections, emphasizing that these relationships not only reduce loneliness but also enhance well-being, improve mental and physical health, and create valuable opportunities for connection and learning.

"Forming relationships with the elderly offers valuable opportunities for intergenerational connection and learning. Recently, I was accepted into the intergenerational program L'dor Vador, which is part of the Rabbi Bulka Kindness Project initiative. It provided me with the opportunity to meet and get to know Vera Gara, a holocaust survivor and a wonderful human being," explained Tehila during her acceptance speech. "During our monthly meetups at Hillel Lodge, we discuss our Jewish beliefs, customs, and core values and collaborate to form intellectual conversations. I continue to enjoy our visits while learning about her traditions, history, and values, like her ideology that the future generation should learn respect at a young age and never forget our past. She has taught me a lot through our discussions, strengthening our connection."

Tehila shared how her experiences have revealed the power of human connection—how a hug, a story, or even a simple conversation can brighten someone's day and leave a lasting impact. Forging relationships with the elderly teaches us empathy, patience, and wisdom, while giving seniors a sense of purpose and belonging that improves everyone's physical and mental well-being. She vowed to carry these lessons forward and continue building bridges between generations, l'dor vador—from generation to generation.

TO READ TEHILA'S FULL HEARTFELT ESSAY,
WE INVITE YOU TO [DOWNLOAD OUR 2024 ANNUAL REPORT](#)



HILLEL LODGE AT FOREFRONT OF TECHNOLOGY AND INNOVATION WITH WORXHUB

I would like to send a shout out to the whole Hillel Lodge EVS team for embracing new technology and the success they are having with piloting TheWorxHub, our new senior living CMMS solution for daily task management in Housekeeping, Maintenance and Laundry.

Keeping up with current technology can be challenging, but with dedication, perseverance and feedback from our EVS superstars, the streamlined digital workflows and task lists have made an extremely positive impact.

The success of the initiative is a direct result of the EVS team's engagement and passion for what they do and the residents they care for.

Well done Hillel Lodge!

CLAIRE MALEK
Manager, CAFM and EVS
Systems

TheWorxHub for Marquise Hospitality

SOFTWARE SOLUTIONS DESIGNED FOR SENIOR LIVING

TheWorxHub is our innovative and user friendly software solution enabling the EVS Operations teams a resident focused approach to service delivery by seamlessly integrating request management, maintenance, housekeeping & laundry, quality feedback surveys and more.

KEY FEATURES & BENEFITS



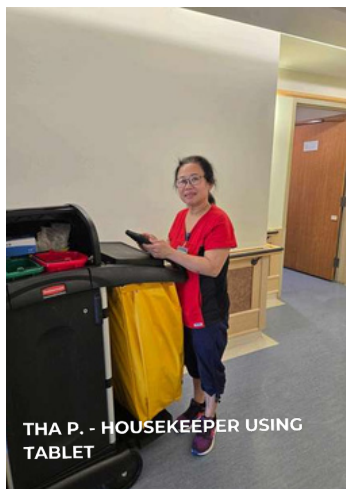
What the Team Is Saying:

"I really like that the daily assignments are organized before the start of each shift and that the tasks are laid out step by step."

— **Danica Paterson**, EVS Housekeeping Aide, Hillel Lodge

"Staff have really adapted well to using TheWorxHub on the tablets, and seeing their feedback caused immediate changes, which really helps with staff engagement. I'm also seeing improvements to QA scores and getting really positive remarks from the client."

— **Daniel Goyer**, Environmental Services Manager, Hillel Lodge LTC



NEW & HAPPENING

Enhancing Care: Julie Mitchell Takes on New Role as Resident & Family Advocate!

We are pleased to announce that, effective May 17th, Julie Mitchell's title has officially changed from Resident Services Coordinator to Resident & Family Advocate.



This change marks our ongoing commitment to creating a more person-centred environment at Hillel Lodge. As we continue to enhance our individualized approach to supporting both residents and their families, Julie's role has evolved to better meet these important priorities.

With the implementation of Point Click Care (PCC), we have successfully reduced the administrative burden associated with documentation. This shift allows us to concentrate more on the social and emotional well-being of our residents. Julie's new title not only reflects this focus but also signifies her expanded responsibilities, which require enhanced skills, deeper knowledge, and a greater commitment to advocacy.

We are excited about this change and believe it will positively impact the experiences of our residents and their families. Please join us in congratulating Julie on her new role as we move forward together in fostering a supportive and compassionate community at Hillel Lodge!

THE BESS AND MOE GREENBERG FAMILY



Hillel Lodge

LONG-TERM CARE HOME OF OTTAWA

SHOWTUNES

SUNDAY, JUNE 1ST, 2025

2:30 PM



**FEATURING:
HILLEL
HARMONICS
CHOIR**

Vernissage

Voices from Home: Chapter 2

This event honours the life stories of Devora Greenspon, Jeraldene (Jerry) Grey, Ingrid Levitz and the late Beverly Harr, who all participated in this special project with architect Dorothy Stern and designer Charlie Laghi-Ford.

Wednesday, June 18th at 2:30 PM
the Café - Hillel Lodge



WE LOOK FORWARD TO HAVING YOU JOIN US!

NEW & HAPPENING

V'HADARTA P'NEI ZAKEN PROGRAM: CELEBRATING, HONOURING, AND RESPECTING THE ELDERLY

The V'Hadarta P'nei Zaken educational program was established in 2006, inspired by Ruthie Lebovitch's Grade 4 students from what was then Hillel Academy (now the Ottawa Jewish Community School, OJCS). When the students expressed concern for Ruthie's mother, who had been admitted to Hillel Lodge, they wanted to visit her and create thoughtful gifts. Recognizing an opportunity to channel her students' empathy, Ruthie developed a project aimed at Celebrating, Honouring, and Respecting the Elderly, facilitating meaningful interactions between students and residents.

Developed in collaboration with Rachel Kugler (also Grade 4 teacher at the time), the V'Hadarta P'nei Zaken project has exceeded expectations in fostering connections between students and residents.

Since its inception, the program has operated successfully, although it was paused during the pandemic. This year marks its return after a hiatus since 2020.

In 2016, the V'Hadarta P'nei Zaken program received the Hillel Lodge Outstanding Service Award, recognizing its significant impact. Rachel noted during the award interview, "Our V'Hadarta P'nei Zaken program provides students with a unique opportunity to engage as caring members of the community. They are always curious about the residents' diverse life experiences, and it's a joy to see them become comfortable and appreciative of the elderly as they connect with their stories."

Students typically visit Hillel Lodge twice to interview residents about their histories, memories, likes, and dislikes, ultimately creating a booklet that captures their lives. Accompanied by a Hillel Lodge volunteer or staff member, the students engage with their assigned residents in meaningful ways.

Over the years, students have gained invaluable insights from their interactions. One student reflected, "Now I look at the resident I was partnered with as a friend. I have learned we have so much in common."

Overall, the program has successfully fostered understanding and connections between students and their new friends at the Lodge. It stands as an exemplary model of intergenerational programming, highlighting the benefits of coexistence within the Ottawa Jewish Community Campus.

A SPECIAL "LIFETIME ACHIEVEMENT CEREMONY" WILL TAKE PLACE AT HILLEL LODGE ON JUNE 19TH AT 11 AM, WHERE STUDENTS WILL PRESENT THEIR COMPLETED PROJECTS TO THE RESIDENTS. PARENTS, TEACHERS, AS WELL AS FAMILIES AND FRIENDS OF THE RESIDENTS ARE INVITED TO JOIN THIS MEMORABLE OCCASION.

NEW & HAPPENING

Coming Soon

A survey team from CARF International* will be visiting on June 26 and 27. We invited the surveyors to evaluate how well we meet international standards for quality. The survey will tell us what we are doing well and ways we might improve. As a result of this survey, we may earn or continue accreditation. As part of the survey, the surveyors will interview people who receive services, their families, our staff, and others. Some questions the survey team members might ask people are:

- Do we provide a clean and safe setting?
- Do you receive the services you need and want?
- Are you treated with respect?
- Do you take part in planning your services?
- Are you told what you need to know about your services?
- Are your questions answered in a way you understand?
- Do you know where to go with questions or concerns?

If you would like to talk with one of the survey team members or want to learn more about CARF International, please let one of our staff members know. You may also contact CARF International directly.

Internet: www.carf.org/contact-us

Email: feedback@carf.org

Mail: CARF International, 6951 East Southpoint Road, Tucson, AZ 85756

Toll-free telephone: (866) 510-2273

Fax: (520) 318-1129



* CARF International — A group of companies that includes CARF, CARF Canada, and CARF Europe.

NEW & HAPPENING

Key leadership team members from Hillel Lodge attended the AdvantAge Ontario 2025 convention at the end of April, where they engaged in relevant and practical education for a thriving seniors' care sector.

Devora Greenspon, a resident of Hillel Lodge, and Co-Chair of the Ontario Association of Resident Councils (OARC), was also present at the convention.



Hillel Lodge is closely associated with AdvantAge Ontario to advocate for government policies that best support residents. Additionally, we are proud to announce that Hillel Lodge CEO, Ted Cohen, was recently voted Vice Chair for the 2025-26 Board of Directors for AdvantAge Ontario.

AdvantAge Ontario is the trusted voice for not-for-profit senior care. We are community-based, not-for-profit organizations dedicated to supporting the best possible aging experience.



Aligned with the requirements of the Fixing Long-Term Care Act Emergency Preparedness, Hillel Lodge is undertaking monthly training to ensure staff are prepared for any emergency that might arise. The leadership team participated in a tabletop training to review the procedures for responding to a Code Orange. In long-term care, a Code Orange refers to an influx of residents who are evacuating from another long-term care home or facility due to a fire, flood, or other significant event.

Across all levels of the organization, staff are engaging in ongoing education online and in-person, as well as mock exercises to ensure that we are prepared for any emergency that may occur.

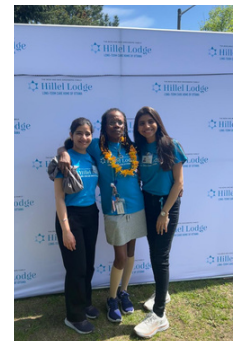


NEW & HAPPENING

HILLEL LODGE ICE CREAM SOCIAL STAFF APPRECIATION EVENT

On May 16th, we celebrated our Staff Appreciation Event in honor of Nursing Week and PSW Day, recognizing our dedicated PREP-LTC Preceptors and the invaluable contributions of all Hillel Lodge team members!

The beautiful summer weather set the perfect backdrop for this outdoor gathering. Attendees enjoyed delicious treats from the Merry Dairy ice cream truck, participated in games, spun the prize wheel, received gifts. Also held exciting raffle draws.



A special recognition was given to our incredible PREP-LTC Preceptors, who received customized t-shirts in appreciation of their hard work. Our home is proud to have approximately 30 trained preceptors, primarily consisting of PSWs, along with nurses and other allied health professionals.



Thanks again to all our incredible staff for helping us elevate excellence and transform lives — and a special thanks to CLRI PREP-LTC for funding this celebration!

NEW & HAPPENING

HILLEL LODGE STAFF RECOGNITION PROGRAM RECOGNIZING KINDNESS, CARING, AND DEDICATION—EVERY DAY



WHO CAN NOMINATE A STAFF MEMBER?

- Residents
- Family Members
- Visitors
- Volunteers



NOMINATE A STAFF MEMBER WHO:

- Was kind and caring
- Helped you or your loved one
- Made your day better



HELP US CELEBRATE OUR AMAZING STAFF!

HOW TO NOMINATE:

- Fill out a paper form at Reception or in the Nursing Nook
- Can also nominate online by using this QR code:



WHERE RECOGNITIONS WILL BE SHARED:

- WILL BE FEATURED IN THE 'NEW & HAPPENING' SECTION OF LODGE LINE STARTING IN JULY!
- ON OUR DIGITAL RECOGNITION WALL IN STAFF LOUNGE AND IN OUR STAFF NEWSLETTER!
- AT STAFF MEETINGS - YOUR KIND WORDS WILL HELP US SAY THANK YOU.

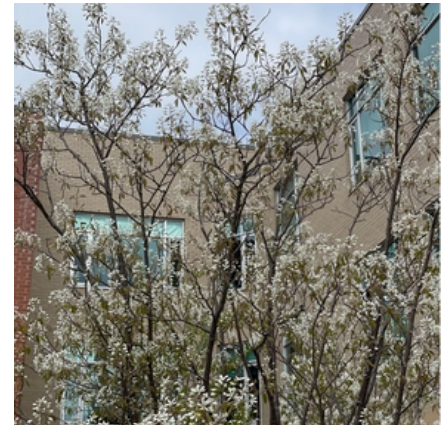
NEWS FROM OUR GREEN THUMB CLUB

by Celia Glanville, Horticultural Specialist



May was a chilly month in the garden this year! Luckily, the cool weather extended the beautiful display of tulips and daffodils we planted last fall and many of the residents braved the cold to enjoy their beauty.

The Green Thumb Club has been slowly hardened off the seedlings we have been tending since the winter months and in the few days of sunshine and warmth we've been planting them out in the garden and pots. It's so wonderful to set them free into the sunshine!



Inside our JASMA planter has also gotten a spring refresh - focusing on colourful blooms we've added a bright orange Kalanchoe, salmon coloured Geraniums and we're experimenting with some outdoor annuals such as Fuchsia and Dipladenia to see if we can have success with them indoors.

Some bright blooms to bring gardening fun right into resident's rooms.



May has been a wonderful month of anticipation and slow strategizing to get everything transitioned happily into the garden. We are looking forward to sharing the flourishing, and delight in the show!

Celebrate with E-Giving Cards!

Looking for the perfect way to honour a loved one, mark a special occasion, or express gratitude? Our E-Giving Cards are here to make it easy, meaningful, and fun!

Why Choose E-Giving Cards?

- Instant Delivery: No waiting! Send your heartfelt tribute in seconds.
- Personal Touch: Customize your card with a special message or image.
- Eco-Friendly: Celebrate without the paper waste—good for the planet!

Whether it's a birthday, anniversary, or cherished memory, our e-giving cards are the ideal way to show you care. And don't forget—these cards can also be used to thank our Hillel Heroes, who make a difference every day!

Join the Celebration! Today!

Make your tribute gifts memorable and unique. Embrace the joy of giving, no matter the occasion.

Few examples of e-cards:



Let's celebrate life's special moments together! 🎉

Ready to spread some love? Scan QR code
or click the link below to get started!

<https://hillel-ltc.crowdfunder.ca/52987/add/cards>



DUE TO THE POTENTIAL POSTAL STRIKE, E-GIVING CARDS OFFER A TIMELY AND THOUGHTFUL
ALTERNATIVE FOR YOUR TRIBUTE GIFTS.

DON'T LET DELAYS STAND IN THE WAY OF YOUR CELEBRATIONS!

Get Ready to Ride!

Save the Date! —Sunday, September 14th is the date for this year's 17th Annual Biking for Bubbies and Zaidies! A cherished tradition in the Hillel Lodge community, this event brings together families, friends, and cycling enthusiasts of all levels to support the residents who make our Lodge so special.



Written by: Max Rosenberg

Whether you're a dedicated cyclist or just looking for a fun day out, there's a route for everyone. Ride through the streets of Ottawa, soak in the fresh air, and enjoy the shared spirit of purpose and connection. It's more than just a ride—it's a heartfelt celebration of our residents and the compassionate care they receive every day.

Funds raised from this event directly enhance the lives of those living at Hillel Lodge, helping us continue to provide dignity, joy, and comfort to each and every resident.



This year's ride offers something for everyone, whether you're a road warrior or a weekend walker. Choose your own adventure from a variety of exciting options:

The Chai Century Challenge (118km): Take on the ultimate ride and push your limits in honour of our cherished residents.

The Classic Challenge (36km): A scenic and satisfying route for riders who love a meaningful challenge.

Spin Bike Challenge - Personal Best: Prefer to pedal indoors? Join the fun on your spin bike and challenge yourself from anywhere!

Your Way - Even from AWAY - Personal Goal: Whether you're biking, hiking, or strolling from afar, you can still ride for the cause in your own way.

Pedal Palooza - Walk or Ride for Kids and Big Kids: Perfect for families, this fun-filled option lets younger participants (and the young at heart) join the action in a relaxed, joyful environment.

And don't miss the **Family Fun Zone**, filled with games, activities, and treats for all ages. Whether you're cheering from the sidelines or crossing the finish line, there's something for everyone at this community celebration.

So, grab your helmet, rally your friends and family, and get ready to ride for a cause that truly matters. Register today to be part of Biking for Bubbies and Zaidies 2025—and help us make this year's event the most impactful yet.



Holidays & Observances

June 2025

Shavuot

Shavuot commemorates the day when the Ten Commandments and the rest of the Torah were given by God, through Moses, to the Jewish people at Mount Sinai, forming the foundation of Jewish law and ethics.

Shavuot is a major holiday where no work is permitted. The Ten Commandments are read in synagogues, including the one at Hillel Lodge. It is also a time to remember the giving of the Torah and to resolve to study it throughout the year.

This year, Shavuot is celebrated from the evening of Sunday, June 1st to the nightfall of Tuesday, June 3rd.



National Indigenous Peoples Day Saturday, June 21st

Day recognizing and celebrating the cultures and contributions of the First Nations, Inuit, and Métis Indigenous peoples of Canada.



Father's Day Sunday, June 15th

To all the fathers, whether past, present, or soon to be dads, may your day be filled with love, joy, and laughter.

ANNOUNCEMENTS



JUNE DAILY SPECIALS

Mondays: Quiche and salad \$9

Tuesday: Mediterranean Wrap and salad \$9

Wednesdays: Pizza \$8

Thursdays: Fish Tacos \$9

Fridays: Nachos with guacamole and hot peppers \$9

FAMILY COUNCIL

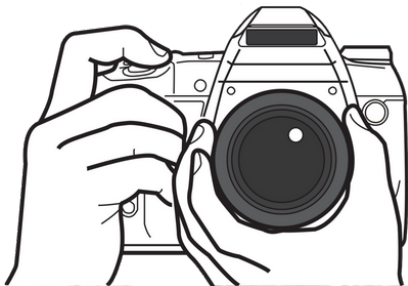
The Family Council is always looking for new members to contribute to improving life at the Lodge for all residents.

If you are interested in joining the Council please contact the Coordinator, Mike Cohen, at macinmontreal@gmail.com



FRIENDLY REMINDER

Respect the privacy of our residents and of our staff.



Please take pictures and/or videos of your loved ones only.

Thank you for your cooperation.

FRIENDLY REMINDER

Hillel Lodge has a Minimal Scent Environment Policy.

Please refrain from wearing scented personal hygiene products, perfumes and/or colognes.





CALENDAR OF ACTIVITIES

Sunday, June 1st

2:30 "Hillel Harmonics" Resident Choir Performance

Thursday, June 5th

11:00 Music with Arlene Quinn

3:30 Musical Entertainment with Klez Bro's

Tuesday, June 10th

10:30 The Usuals Jazz Band

Wednesday, June 11th

3:30 Auxiliary Tea "Celebrating The 60th Anniversary"

Sunday, June 15th

FATHER'S DAY

10:30 Father's Day Musical Entertainment with Nate

Tuesday, June 17th

10:30 Musical Wellness Drum Circle

3:00 Happy Hour with Edwin and Friends

Wednesday, June 18th

2:30 Vernissage "Voices from Home" Chapter 2

5:00 BBQ for 3E*

Thursday, June 19th

11:00 V'Hadarta P'nei Zaken - To Respect and Honour the Elderly with OJSC

Monday, June 23rd

10:30 June Brunch Outing

2:30 An Hour with Guest Speaker Professor Gerry Cammy

Tuesday, June 24th

2:30 Music with Tony True

Wednesday, June 25th

2:15 Book Chat with Marcia and Arlene

5:00 BBQ for 3W*

Thursday, June 26th

2:30 Birthday Party with Evelyn Greenberg

*Neighbourhood BBQs are moved to the Café when the weather is not suitable.



June Birthday Party

Thursday, June 26th

at 2:30 pm

with Evelyn Greenberg



**HAPPY HOUR
WITH EDWIN & FRIENDS
TUESDAY, JUNE 17th AT 3:00 PM**



The Auxiliary Tea Party
Wednesday, June 11th
at 3:30pm

Invitation
For Residents Only

JOIN OUR BOOK CHAT

with volunteers Marcia and Arlene

(WEDNESDAY, JUNE 25th AT 2:15 PM ON THIRD FLOOR)



GREEN THUMB CLUB

**with Celia Glanville
Horticultural Specialist**

MONDAYS & THURSDAYS AT 10 AM



Oneg Shabbat - Fridays 10:30 am

June 6th with The OJCS Grade 7

June 13th with The OJCS Grade 2 Class

June 20th with Joel Yan and Friends

June 27th with Or Bielak

**Download the full
calendar of activities at
hillel-ltc.com/programs/recreation
or scan QR code:**



SAVE THE DATE

CONNECTION

Nursing Extensions

If you need to speak with your loved one's nursing staff, you may use the phone extensions below. Please note, only the desk phones have an option to leave a voicemail.

Charge Nurse - 688

1-West

Desk Phone - 160

Portable - 694

2-East

Desk Phone - 228

Portable - 683

2-West

Desk Phone - 260

Portable - 676

3-East

Desk Phone - 328

Portable - 679

3-West

Desk Phone - 360

Portable - 677

Resident Safety Measures: Safe Clothing and Footwear

In our ongoing tips for resident safety, we previously covered the importance of organizing living spaces to reduce clutter. In this edition of Lodge Line, we will focus on safe clothing and footwear, highlighting ways families can help reduce fall and injury risks.

Provide Safe Clothing and Footwear:

- **Shoes and Slippers:** Ensure all footwear fits properly and has a sturdy shape. Look for shoes with a low, even heel and treaded soles.
Recommended options include:
 - Tennis shoes with Velcro fasteners
 - Oxford-style shoes
 - Canvas or leather slip-on shoes
- **Alternative Options:** If a resident cannot wear safe shoes or slippers, consider using gripper socks instead, especially at night.
- **Well-Fitting Clothing:** Ensure that clothing fits properly. Avoid pants that drag on the ground and long robes, as these can pose a trip hazard.
- **Protective Equipment:** Encourage the use of protective gear, such as hip protectors, to minimize injury risk in case of a fall.

By focusing on proper clothing and footwear, families can significantly enhance the safety of their loved ones.

70 YEARS STRONG: A LEGACY OF CARE AND COMPASSION



A journey fueled by community
support and shared values.



THE BESS AND MOE GREENBERG FAMILY

Hillel Lodge

LONG-TERM CARE HOME OF OTTAWA