June 2025

Hillel Lodge

Recreation Activity Schedule 1 WEST

Your Recreation Team: Maya, Preya, Danielle Aman, Jess and Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:30 "Hillel Harmonics" Resident Choir Performance (Cafe)	9:30 Synagogue Services (S) 2:30 Balloon Toss on 1W (1W) 2:30 Axe Throwing on 3rd Floor (3EDR)	2ND DAY OF 3 SHAVUOT YIZKOR 9:30 Synagogue Services (S) 11:00 Synagogue Yizkor (S) 2:30 Axe Throwing on 2nd Floor (2WDR) 6:30 Friendly Visits (RR) Holiday ends at 9:42pm	9:45 Exploring Art Group with 4 Art Therapists Mindy and Andrea (3L) 10:30 Sing Along on 2nd Floor (2) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Therapeutic Chair Yoga with Eric on 1W (1W) 4:00 Lessons from the Parsha with Rabbi T. (3)	10:00 Green Thumb Club 5 with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR) 11:00 Music with Arlene Quinn (Cafe) 3:30 Musical Entertainment with Klez Bro's (2WDR)	10:00 Green Thumb Club 6 with Celia (G) 10:30 Oneg Shabbat with The OJCS Grade 7 Class (Cafe) 11:30 Chair Exercise with Gloria (Cafe) 2:30 Bingo (Cafe) Seudat Shabbat 3rd Floor at 5:45pm 1W at 6:00pm Light candles at 8:30pm	Shabbat Shalom 7 Parshat: NASSO 9:30 Shabbat Services (S) 2:30 Noodle Ball on 2W (2WDR) 4:00 Friendly Visits (RR) Shabbat ends at 9:46pm
11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR)	10:00 Green Thumb Club 9 with Celia (G) 10:30 Enriching Our Daily Connections with Gordon (Cafe) 2:30 Garden Visits (G) 7:00 Monday Evening BINGO with Joel (3)		9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:30 Trivia on 1W (1W) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 3:30 Auxiliary Tea "Celebrating The 60th Anniversary" (Cafe)	10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 2nd Floor (RR) 10:30 Pride Month Trivia (3WDR) 11:00 Tai Chi with Ruth on 2W (2WDR)	10:00 Green Thumb Club with Celia (G) 10:15 Oneg Shabbat with The OJCS Grade 2 Class (Cafe) 11:15 Chair Exercise (Cafe) 2:30 Father's Day Bingo (Cafe) Seudat Shabbat 3rd Floor at 5:45pm 2W at 6:00pm Light candles at 8:34pm	•
10:30 Father's Day Musical Entertainment with Nate (Cafe) 11:00 Christian Community	10:00 Green Thumb Club with Celia (G) 10:30 Bowling on 1W (1W) 2:30 Sing Along with Joel Y. & Josh K. and Friends (Cafe) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)	-	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:30 Resident Council Meeting (S) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Vernissage "Voices from Home" Chapter 2 (Cafe) 4:00 Lessons from the Parsha with Rabbi T. (3)	10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 3rd Floor (RR) 10:00 Arts and Crafts with Eleanor (3L)	SUMMER BEGINS 20 10:00 Green Thumb Club with Celia (G) 10:15 Oneg Shabbat with Joel Yan and Friends (Cafe) 11:30 Chair Exercise with Gloria (Cafe) 2:30 Bingo (Cafe) Seudat Shabbat 3rd Floor at 5:45pm 2E at 6:00pm Light candles at 8:37pm	Shabbat Shalom 21 Parshat: SHELACH 9:30 Shabbat Services (S) 2:30 Sunshine Strolls in the

June 2025

Hillel Lodge

Recreation Activity Schedule 1 WEST

Your Recreation Team: Maya, Preya, Danielle Aman, Jess and Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	10:30 June Outing (ON) 23 2:30 An Hour with Guest Speaker Professor Gerry Cammy (3EDR) 7:00 Monday Evening BINGO with Joel (3)	10:30 Zumba Gold Chair with Debbie on 1W (1W) 11:00 French Singalong with Aline (3WDR) 2:30 Music with Tony True (Cafe)	with Art Therapists Mindy and Andrea (3L) 10:30 Pet visits with Brian and Thor on 1W and 2E (RR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L)	Christine & Tinkerbell Grace on 1W and 2W (RR) 10:30 Program Planning Meeting 1W (1WDR)	10:30 Oneg Shabbat with Or Bielak (Cafe) 11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe) Seudat Shabbat 3rd Floor at 5:45pm 1W at 6:00pm Light candles at 8:37pm	Shabbat Shalom 28 Parshat: KORACH 9:30 Shabbat Services (S) 2:30 Balloon Badminton (2WDR) 4:00 Friendly Visits (RR) Shabbat ends at 9:53pm
11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	on 1W (1W) 4:00 Mindfulness Colouring Group (3EDR) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)	In celebration of the Auxiliary's 60th Anniversary, they will be hosting a special tea for the residents on Wednesday, June 11th, 2025.	ANNIVE	ERSARY	JUNE OUTING Monday, June 23 Please contact Recreation if interested in attending!	NURSING REHAB SCHEDULE Monday - Friday: 3 East at 8:00 am 2 West at 10:00 am 2 East at 11:00 am
Calendar Legend All Dav					<u>Location</u> Café (Cafe)	s <u>Legend</u> 2West Dining Room (2WDR)

All Day

Outings **Special Events Music Therapy Art Therapy** Horticulture Exercise **Spiritual**





Resident's Room (RR) 3rd Floor Lounge (3L) Garden (G) Synagogue (S) 3rd Floor Dining Room (3) 1West (1W) 3West Dining Room (3WDR) 2East Living Room (2ELR)

3East Dining Room (3EDR) 2nd Floor Dining Room (2) Individual Dining Rooms (DR) 3East Nook (3EN) Board Room (BR) Outside Neighborhood (ON) 1 West Dining Room (1WDR)