

June 2025 Hillel Lodge		Recreation Activity Schedule 2EAST & 2WEST				Your Recreation Team: Maya, Preya, Danielle Aman, Jess and Marilyn	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
11:00 Christian Community Gathering (2ELR) 22 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	10:30 June Outing (ON) 23 10:30 Hymn Sing on 2E (2EDR) 2:30 An Hour with Guest Speaker Professor Gerry Cammy (3EDR) 7:00 Monday Evening BINGO with Joel (3)	10:30 Zumba Gold Chair with Debbie on 1W (1W) 24 11:00 French Singalong with Aline (3WDR) 2:30 Music with Tony True (Cafe)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 25 10:30 Pet visits with Brian and Thor on 1W and 2E (RR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:15 Book Chat with Marcia and Arlene on 3rd Floor (3L) 2:30 Drumming Together on 2nd Floor (2) 4:00 Memorial Service with Rabbi T. (3)	10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR) 26 10:30 Arts and Crafts with Eleanor (3L) 11:00 Program Planning Meeting for 2W (2WN) 2:30 Birthday Party with Evelyn Greenberg (Cafe)	10:30 Oneg Shabbat with Or Bielak (Cafe) 27 11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe) Seudat Shabbat 3rd Floor at 5:45pm 1W at 6:00pm Light candles at 8:37pm	Shabbat Shalom 28 Parshat: KORACH 9:30 Shabbat Services (S) 2:30 Balloon Badminton (2WDR) 4:00 Friendly Visits (RR) Shabbat ends at 9:53pm	
11:00 Christian Community Gathering (2ELR) 29 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	10:30 Music with Brian & Bobby Ukelele Strolling Musicians on 2W (2WLR) 30 11:00 Music with Brian & Bobby Ukelele Strolling Minstrels on 2E (2EN) 4:00 Mindfulness Colouring Group (3EDR) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)	In celebration of the Auxiliary's 60th Anniversary, they will be hosting a special tea for the residents on Wednesday, June 11th, 2025.			JUNE OUTING Monday, June 23 Please contact Recreation if interested in attending!	NURSING REHAB SCHEDULE Monday - Friday: 3 East at 8:00 am 2 West at 10:00 am 2 East at 11:00 am	
Calendar Legend All Day Outings Special Events Music Therapy Art Therapy Horticulture Exercise Spiritual					Locations Legend Café (Cafe) Resident's Room (RR) 3rd Floor Lounge (3L) Garden (G) Synagogue (S) 3rd Floor Dining Room (3) 2West Dining Room (2WDR) 3West Dining Room (3WDR) 2East Living Room (2ELR) 3East Dining Room (3EDR) 2nd Floor Dining Room (2) 1West (1W) 2East Nook (2EN) Individual Dining Rooms (DR) 3East Nook (3EN) Board Room (BR) Outside Neighborhood (ON) 2East Dining Room (2EDR) 2West Nook (2WN) 2West Living Room (2WLR)		