June 2025

Hillel Lodge

Recreation Activity Schedule 3EAST & 3WEST

Your Recreation Team: Maya, Preya, Danielle Aman, Jess and Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EREV SHAVUOT 10:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 11:00 Christian Community Gathering (2ELR) 2:30 "Hillel Harmonics" Resident Choir Performance (Cafe) Light candles at 8:26pm	9:30 Synagogue Services (S) 2:30 Axe Throwing on 3rd Floor (3EDR) Light candles after 9:41pm	2ND DAY OF SHAVUOT YIZKOR 9:30 Synagogue Services (S) 11:00 Synagogue Yizkor (S) 2:30 Axe Throwing on 2nd Floor (2WDR) 3:00 Sunshine Strolls in the Garden for 3rd Floor (G) 6:30 Friendly Visits (RR) Holiday ends at 9:42pm	9:45 Exploring Art Group with 4 Art Therapists Mindy and Andrea (3L) 10:30 Sing Along on 2nd Floor (2) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Therapeutic Chair Yoga with Eric on 1W (1W) 4:00 Lessons from the Parsha with Rabbi T. (3)	10:00 Green Thumb Club 5 with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR) 11:00 Music with Arlene Quinn (Cafe) 3:30 Musical Entertainment with Klez Bro's (2WDR)	with Celia (G) 10:30 Oneg Shabbat with	Parshat: NASSO 9:30 Shabbat Services (S) 2:30 Noodle Ball on 2W (2WDR) 4:00 Friendly Visits (RR)
11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice	10:00 Green Thumb Club with Celia (G) 10:30 Enriching Our Daily Connections with Gordon (Cafe) 11:00 Program Planning		with Art Therapists Mindy and Andrea (3L) 10:00 Balloon Toss on 3E (3ELR) 10:30 Balloon Toss on 3W	10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 2nd Floor (RR) 10:30 Pride Month Trivia (3WDR) 11:00 Tai Chi with Ruth on 2W (2WDR)	10:00 Green Thumb Club with Celia (G) 10:15 Oneg Shabbat with The OJCS Grade 2 Class (Cafe)	Shabbat ends at 9:46pm Shabbat Shalom 14 Parshat: BEHA'ALOTECHA 9:30 Shabbat Services (S) 4:00 Friendly Visits (RR) Shabbat ends at 9:50pm
FATHER'S DAY 10:30 Father's Day Musical Entertainment with Nate (Cafe) 11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 1:30 Pet Visits with Taylor and Chevy on 3rd Floor (RR) 2:15 Choir Practice (3WDR) 3:15 The Russian Samovar Club with Anna and Maya (Cafe)	10:00 Green Thumb Club with Celia (G) 2:30 Sing Along with Joel Y. & Josh K. and Friends (Cafe) 2:30 Friendly Visits on 3W (RR) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)	10:30 Musical Wellness 17 Drum Circle (3) 3:00 Happy Hour with Edwin Gans and Allen Brett (Cafe) 4:00 Beading Bracelets (3EN) 7:00 Cinematic Night In "Breakfast at Tiffany's" (BR)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:30 Resident Council Meeting (S) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Vernissage "Voices from Home" Chapter 2 (Cafe) 4:00 Lessons from the Parsha with Rabbi T. (3) 5:00 BBQ for 3E (G)	10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 3rd Floor (RR) 10:00 Arts and Crafts with Eleanor (3L)	SUMMER BEGINS 20 10:00 Green Thumb Club with Celia (G) 10:15 Oneg Shabbat with Joel Yan and Friends (Cafe)	Shabbat Shalom 21 Parshat: SHELACH 9:30 Shabbat Services (S) 2:30 Sunshine Strolls in the

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	2:30 An Hour with Guest Speaker Professor Gerry Cammy (3EDR)	10:30 Zumba Gold Chair with Debbie on 1W (1W) 11:00 French Singalong with Aline (3WDR) 2:30 Music with Tony True (Cafe)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:00 Bible Stories on 3E (3EDR) 10:30 Pet visits with Brian and Thor on 1W and 2E (RR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:15 Book Chat with Marcia and Arlene on 3rd Floor (3L) 2:30 Drumming Together on 2nd Floor (2) 4:00 Memorial Service with Rabbi T. (3) 5:00 BBQ for 3W (G)	10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR) 10:30 Arts and Crafts with Eleanor (3L) 2:30 Birthday Party with Evelyn Greenberg (Cafe)	10:30 Oneg Shabbat with Or Bielak (Cafe) 11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe) Seudat Shabbat 3rd Floor at 5:45pm 1W at 6:00pm Light candles at 8:37pm	Shabbat Shalom 28 Parshat: KORACH 9:30 Shabbat Services (S) 2:30 Balloon Badminton (2WDR) 4:00 Friendly Visits (RR) Shabbat ends at 9:53pm
Community Gathering (2ELR)	Colouring Group (3EDR) 7:00 Monday Evening BINGO with Elayne.	In celebration of the Auxiliary's 60th Anniversary, they will be hosting a special tea for the residents on Wednesday, June 11th, 2025.	ANNIVI	ERSARY	JUNE OUTING Monday, June 23 Please contact Recreation if interested in attending!	NURSING REHAB SCHEDULE Monday - Friday: 3 East at 8:00 am 2 West at 10:00 am 2 East at 11:00 am
Calendar Legend All Day					<u>Location</u> Café (Cafe)	s <u>Legend</u> 3East Dining Room (3EDR)

Outings
Special Events
Music Therapy
Art Therapy
Horticulture
Exercise

Spiritual

PRIDE MONTH ©
2025



Café (Cafe)
Resident's Room (RR)
Garden (G)
3rd Floor Lounge (3L)
Synagogue (S)
3rd Floor Dining Room (3)
3West Dining Room (3WDR)
2East Living Room (2ELR)
2West Dining Room (2WDR)

3East Dining Room (3EDR)
2nd Floor Dining Room (2)
1West (1W)
3East Living Room (3ELR)
Individual Dining Rooms (DR)
3East Nook (3EN)
Board Room (BR)
Outside Neighborhood (ON)