

SUMMER/FALL

2025 Summer/Fall Week One Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B K F T	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg - Scrambled or Peanut Butter & Jam WW Toast/Muffin	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg – Boiled, or Peanut Butter & Jam WW White Toast	Choice of Juice Banana or Prunes Milk Hot/ Cold Cereal Pancakes & Syrup Cheese, or PB & Jam WW Toast	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg – Boiled, Peanut Butter WW / White Toast	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg – Boiled, or Peanut Butter & Jam WW/White Toast	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Cream Cheese, or Peanut Butter & Jam Cinnamon Bread	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Boiled Egg or Cream Cheese Bagel or Toast
S	Juice/Water	Juice/Water	Juice/Water	Juice/Water	Juice/Water	Juice/Water	Juice/Water
L U N C H	Pea Soup Pizza Tomato & cucumber Blueberry Crisp	Minestrone Soup Pasta Primavera Garlic Bread Coconut Cream Pie	Lentil Vegetable Soup Cheese Blintzes Fruit Salad & Sour Cream Lemon Snow	Garden Salad Curry Pineapple Meatballs Rice Ginger Oriental mixed veg. Peaches	Mushroom Soup Assorted sandwich Corn Salad Pudding	Chickpea Salad Tongue & gravy Knish Peas Cake	Pea Soup Mushroom, Vegetable & Cheese Quiche Mashed Potato Green Beans Lemon Tart
A L T	Tuna Salad Plate Bread Shortbread Cookies	Greek Salad Plate Bread Apple sauce	Scrambled Eggs Home fries Mixed Vegetables Apples	Chicken Paprikash Squash Vanilla Cookies	Falafel & Tzatziki Couscous Tomato & cucumber Bread Pineapple	Roast Chicken & Dijon Pineapple Sauce Carrots Pears	Tuna Sandwich Tomato & Cucumber Bread Mandarins
S N	White Choc Mac.Cookies Tropical Apple sauce Vanilla Pudding Juice/Tea/Water	Oatmeal Cookies Tropical Apple sauce Vanilla Pudding Juice/Tea/Water	Choc Chip Banana Bar Tropical Apple sauce Vanilla Pudding Juice/Tea/Water	Chocolate Cookies Tropical Apple sauce Vanilla Pudding Juice/Tea/Water	Ice Cream Tropical Apple sauce Vanilla Pudding Water/Juice	Lemon Cookies Tropical Apple sauce Vanilla Pudding Juice, Tea, Water	Mini Danish Tropical Apple sauce Vanilla Pudding Juice, Tea, Water
S U P P E R	Gaeden Salad Mexican Beef Rice Salsa & Guacamole Rhubarb	Squash Soup Asian Style Chicken Rice Broccoli Mandarins	Beet Salad Hungarian Goulash Egg Noodles Red Cabbage Bread Pears	Carrot Soup Salmon Filet Baked Potato Sour cream Parmesan Cauliflower Strawberry Shortcake	Chicken Soup & Matzoh Balls Gefilte Fish Roast Turkey Cranberry Sc Sage Stuffing Roast Potato Garlic Broccoli Cake	Caesar Salad Ziti Pasta Casserole Wax Beans Nanaimo Bar	Garden Salad Roast Lamb, Gravy Sauteed Mushrooms Lemon Herb Orzo Harvest Blend Vegetable Peaches
A L T	Roast Chicken Mandarin Sauce Wax Beans Chocolate Cookies	Salisbury Steak, Gravy Carrots Bread Social Tea Cookies	Chicken & Mushroom Sc. Peas Bread Chocolate Cookies	Cottage Cheese & Fruit Salad Plate Bread Applesauce	Stuffed Peppers Bread Italian Mix Vegetable Grapes	Salmon Salad Plate Bread Apple sauce	Roast Chicken & Sweet Citrus Sauce Carrots Chocolate Cookies
S N	½ PB & J sandwich Strawberry Apple sauce Chocolate Pudding Vanilla Ice cream Juice/Water/Milk/ Tea	½ Egg Sandwich Strawberry Apple sauce Chocolate Pudding Vanilla Ice cream Juice/Water/Milk/ Tea	½ PB & J Sandwich Strawberry Apple sauce Chocolate Pudding Vanilla Ice cream Juice/Water/Milk/ Tea	Cheese & crackers Strawberry Apple sauce Chocolate Pudding Vanilla Ice cream Juice/Water/Milk/ Tea	½ PB & Jam SW Strawberry Apple sauce Chocolate Pudding Vanilla Ice cream Juice/Water/Milk/ Tea	Cheese & crackers Strawberry Apple sauce Chocolate Pudding Vanilla Ice cream Juice, Milk, Tea, Water	½ PB & J Sandwich Strawberry Apple sauce Chocolate Pudding Vanilla Ice cream Juice, Milk, Tea, Water

Bread & margarine & juice are available at all meals. Milk is available at breakfast & dairy meals & HS snack. Jam, marmalade & peanut butter are available at breakfast. Fresh fruit is available at lunch & dinner. Coffee or Tea & Ice Water are available at Breakfast, Lunch & Dinner