August 2025

Hillel Lodge



Recreation Activity Schedule 1 WEST



Your Recreation Team: Maya, Preya, Aman Jess and Marilyn

				1			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
AUGUST OUTING: The National Art Gallery Monday, August 18 10:15 am	The Civic Holiday on Monday, August 4 adds an extra splash of fun to the long weekend!		Sugar Hill Farm is Back! Wednesday, August 6 00 am - 2:00 pm in the Front I -filled day on the farm — righ	Entrance	10:30 Oneg Shabbat with Camp Gan Israel (3) 11:00 Green Thumb Club with Celia (G)	Shabbat Shalom 2 Parshat: DEVARIM 9:30 Shabbat Services (S) 4:00 Garden Visits (G)	
Please speak with the Recreation Team if interested in attending!	CIVIC		miss this hands-on animal aboring your friends, and make	adventure	11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe) Seudat Shabbat 3rd Floor at 5:45 pm 1W at 6:00 pm Light Candles at 8:12 pm	Shabbat ends at 9:20 pm	
11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	CIVIC HOLIDAY 10:00 Green Thumb Club with Celia (G) 10:00 Balloon Badminton (1WLR) 10:30 Balloon Volleyball on 2nd Floor (2) 11:15 Balloon Volleyball on 3rd Floor (3) 2:30 Musical Entertainment with Edwin and Frank (Cafe) 7:00 Monday Evening BINGO with Joel (3)	11:00 Youtube's Greatest Jewish Hits with Andrea and Shelley (3WDR) 2:30 Program Planning Meeting 1W (1WDR) 3:00 Beach Volleyball (2EDR) 4:00 Garden Visits (G)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:00 Visiting Farm Animals with Sugar Hill Farm (ON) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 3:00 Garden Visits (G) 4:00 Lessons from the Parsha with Rabbi T. (3) 5:00 BBQ 1W (G)	10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR) 10:30 Bowling on 1W (1W) 2:00 Nifty Nails (RR)	10:30 Oneg Shabbat with the JCC Day Camp (Cafe) 11:00 Green Thumb Club with Celia (G) 11:15 Chair Exercise (Cafe)	Shabbat Shalom Parshat: VA'ETCHANAN 9:30 Shabbat Services (S) 4:00 Garden Visits (G) Shabbat ends at 9:08 pm	
10:30 Music with Noel 10 (3) 11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR) 2:30 Cribbage Club (Cafe)	10:00 Green Thumb Club with Celia (G) 10:30 Enriching Our Daily Connections with Gordon (3L) 10:30 Mini Basketball on 1W (1WLR) 2:30 An Hour with Guest Speaker Professor Gerry Cammy (3EDR) 2:30 Drumming Together on 2E (2) 2:30 Trivia on 1W (1W) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)	10:30 Noodle Air Hockey (1WLR) 2:30 Missing Word Trivia Quiz (1W) 7:00 Cinematic Night In (DR)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:30 Sing Along on 2nd Floor (2) 10:30 Sit & Be Fit (1WLR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Tour of The Jewish Community Centre (ON) 4:00 Lessons from the Parsha with Rabbi T. (3)	10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 2nd Floor (RR) 10:30 Balloon Toss (1WLR) 11:00 Tai Chi with Ruth on 2W (2WDR) 2:30 Garden Visits (G)	10:30 Oneg Shabbat with Marsha Black and Minda Wershof (Cafe) 11:00 Green Thumb Club with Celia (G) 11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe) Seudat Shabbat 3rd Floor at 5:45 pm 2E at 6:00 pm Light Candles at 7:52 pm	Shabbat Shalom Parshat: EIKEV 9:30 Shabbat Services (S) 2:30 Giant Connect 4 on 2nd Floor (2WDR) 4:00 Garden Visits (G) Shabbat ends at 8:56 pm	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	(ON) 10:30 Axe Throwing (1WDR)	10:30 Zumba with Debbie on 3rd Floor (3EDR) 10:30 Armchair Travel to Greece on 2nd Floor (2WDR) 10:30 Sing along Videos (2EDR) 2:30 Collage Craft (1WLR)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:30 Drumming Together on 1W (1WLR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Garden Visits (G) 4:00 Lessons from the Parsha with Rabbi T. (3) 4:00 Garden Visits (G)	10:00 Pet Visits with Christine & Tinkerbell Grace on 3rd Floor (RR) 2:00 Beading Bracelets (3EN) 3:00 Happy Hour with Eric Luca (Cafe)	2:30 Bingo (Cafe) Seudat Shabbat 3rd Floor at 5:45 pm 1W at 6:00 pm	Shabbat Shalom 23 Parshat: RE'EH 9:30 Shabbat Services (S) 4:00 Garden Visits (G) Shabbat ends at 8:56 pm
10:30 1:1 Board Games (RR) 11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR) 2:30 Sunshine Strolls (G)	2:30 Bean Bag Toss	INTERNATIONAL 26 DOG DAY 11:00 Pup-Parade (Cafe) 2:30 Therapeutic Chair Yoga with Eric on 3W (3WDR) 2:30 Ring Toss (1W) 6:30 Friendly Visits (RR) 7:00 Cinematic Night In (DR)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:00 Sunshine Strolls in the Garden for 3rd Floor (G) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 4:00 Memorial Service with Rabbi T. (3)	10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR) 10:30 Word Search (1WLR) 2:30 Birthday Party with Evelyn Greenberg (Cafe)	10:30 Oneg Shabbat with Or Bielak (Cafe) 11:00 Green Thumb Club with Celia (G) 11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe) Seudat Shabbat 3rd Floor at 5:45 pm 2W at 6:00 pm Light Candles at 7:27 pm	Shabbat Shalom 30 Parshat: SHOFTIM 9:30 Shabbat Services (S) 2:30 Bean Bag Toss for 2nd Floor (G) 4:00 Garden Visits (G) Shabbat ends at 8:29 pm
11:00 Christian 31	It's Pup Parade Time!			<u>Calendar Legend</u>	<u>Locations Legend</u>	

Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music **Therapist Rachel** (RR) 2:15 Choir Practice

(3WDR)

Get Ready for Wagging Tails and Furry Fun! Tuesday, August 26 at 11:00 am Front Entrance Cafe



August is like the Sunday of summer, a time to relax and enjoy the golden moments.



All Day Outings

Special Events Music Therapy Art Therapy Horticulture **Exercise Spiritual**

<u>Locations Legend</u> Garden (G) 1West (1W) Café (Cafe) 2nd Floor Dining Room (2) Resident's Room (RR) 1 West Dining Room 3rd Floor Dining Room (3) (1WDR) **Individual Dining Rooms** 1 West Living Room (1WLR) Outside Neighborhood (ON) 3rd Floor Lounge (3L) 3West Dining Room 2West Dining Room (3WDR) (2WDR) 2East Dining Room (2EDR) Synagogue (S) 3East Dining Room (3EDR) 2East Living Room (2ELR) 3East Nook (3EN)