## August 2025

Hillel Lodge



## Recreation Activity Schedule 3 WEST & 3 EAST



Your Recreation Team: Maya, Preya, Aman Jess and Marilyn

V V										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
AUGUST OUTING: The National Art Gallery Monday, August 18 10:15 am	The Civic Holiday on Monday, August 4 adds an extra splash of fun to the long weekend!		Sugar Hill Farm is Back!  Wednesday, August 6 00 am - 2:00 pm in the Front I  filled day on the farm — righ	10:30 Oneg Shabbat with Camp Gan Israel (3) 11:00 Green Thumb Club with Celia (G)	Shabbat Shalom 2 Parshat: DEVARIM 9:30 Shabbat Services (S) 4:00 Garden Visits (G)					
Please speak with the Recreation Team if interested in attending!	CIVIC		miss this hands-on animal abring your friends, and make		11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe)  Seudat Shabbat 3rd Floor at 5:45 pm 1W at 6:00 pm Light Candles at 8:12 pm	Shabbat ends at 9:20 pm				
11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	CIVIC HOLIDAY  10:00 Green Thumb Club with Celia (G)  10:00 Balloon Badminton (1WLR)  10:30 Balloon Volleyball on 2nd Floor (2)  11:15 Balloon Volleyball on 3rd Floor (3)  2:30 Musical Entertainment with Edwin and Frank (Cafe)  7:00 Monday Evening BINGO with Joel (3)	Greatest Jewish Hits with Andrea and Shelley	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:00 Visiting Farm Animals with Sugar Hill Farm (ON) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 3:00 Garden Visits (G) 4:00 Lessons from the Parsha with Rabbi T. (3)	10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR)	10:30 Oneg Shabbat with the JCC Day Camp (Cafe)  11:00 Green Thumb Club with Celia (G)  11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe)  Seudat Shabbat 3rd Floor at 5:45 pm 2W at 6:00 pm Light Candles at 8:02 pm	Shabbat Shalom Parshat: VA'ETCHANAN 9:30 Shabbat Services (S) 4:00 Garden Visits (G)  Shabbat ends at 9:08 pm				
10:30 Music with Noel 10 (3) 11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR) 2:30 Cribbage Club (Cafe)	10:00 Green Thumb Club 11 with Celia (G)  10:30 Enriching Our Daily Connections with Gordon (3L)  2:30 An Hour with Guest Speaker Professor Gerry Cammy (3EDR)  2:30 Drumming Together on 2E (2)  7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)	4:00 Friendly Visits on 12 3W (RR) 4:00 Program Planning Meeting on 3E (3ELR) 7:00 Cinematic Night In (DR)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:30 Sing Along on 2nd Floor (2) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Tour of The Jewish Community Centre (ON) 4:00 Lessons from the Parsha with Rabbi T. (3)	10:00 Green Thumb Club with Celia (G)  10:00 Pet Visits with Christine & Tinkerbell Grace on 2nd Floor (RR)  10:00 Giant Crossword Puzzle on 3W (3WDR)  11:00 Tai Chi with Ruth on 2W (2WDR)  2:30 Watercolour Painting on 3W (3WDR)	10:30 Oneg Shabbat with Marsha Black and Minda Wershof (Cafe) 11:00 Green Thumb Club with Celia (G) 11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe) Seudat Shabbat 3rd Floor at 5:45 pm 2E at 6:00 pm Light Candles at 7:52 pm	Shabbat Shalom Parshat: EIKEV 9:30 Shabbat Services (S) 2:30 Giant Connect 4 on 2nd Floor (2WDR) 4:00 Garden Visits (G)  Shabbat ends at 8:56 pm				

## August 2025

Hillel Lodge



## **Recreation Activity Schedule** 3 WEST & 3 EAST



Your Recreation Team: Maya, Preya, Aman Jess and Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	10:15 August Outing (ON) 3:30 Friendly Visits (RR) 7:00 Monday Evening BINGO with Joel (3)	10:30 Zumba with Debbie on 3rd Floor (3EDR)  10:30 Armchair Travel to Greece on 2nd Floor (2WDR)  4:00 Program Planning Meeting for 3W (3WDR)	Group with Art Therapists Mindy and Andrea (3L)	10:00 Pet Visits with Christine & Tinkerbell Grace on 3rd Floor (RR) 2:00 Beading Bracelets (3EN) 3:00 Happy Hour with Eric Luca (Cafe)	with Joel Yan and Friends (Cafe)  11:00 Green Thumb Club with Celia (G)  11:15 Chair Exercise (Cafe)  2:30 Bingo (Cafe)  Seudat Shabbat 3rd Floor at 5:45 pm 1W at 6:00 pm Light Candles at 7:40 pm	Shabbat Shalom Parshat: RE'EH 9:30 Shabbat Services (S) 4:00 Garden Visits (G)  Shabbat ends at 8:56 pm		
10:30 1:1 Board Games (RR)  11:00 Christian Community Gathering (2ELR)  1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR)  2:15 Choir Practice (3WDR)  2:30 Sunshine Strolls (G)	10:00 Green Thumb Club with Celia (G)  10:30 Music with Brian & Bobby Ukelele Strolling Minstrels on 3W (3WLR)  11:00 Music with Brian & Bobby Ukelele Strolling Musicians on 3E (3ELR)  2:00 Sunshine Strolls in the Garden for 3E (G)  3:00 Sunshine Strolls in the Garden for 3W (G)  7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)	INTERNATIONAL 26 DOG DAY  11:00 Pup-Parade (Cafe) 2:30 Therapeutic Chair Yoga with Eric on 3W (3WDR) 6:30 Friendly Visits (RR) 7:00 Cinematic Night In (DR)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:00 Sunshine Strolls in the Garden for 3rd Floor (G) 10:30 Pet visits with Brian and Thor on 3rd Floor (RR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 4:00 Memorial Service with Rabbi T. (3) 5:00 BBQ for 3E (G)	10:00 Green Thumb Club with Celia (G)  10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR)  10:00 Balloon Toss on 3E (3ELR)  2:30 Birthday Party with Evelyn Greenberg (Cafe)	10:30 Oneg Shabbat with Or Bielak (Cafe) 11:00 Green Thumb Club with Celia (G) 11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe)  Seudat Shabbat 3rd Floor at 5:45 pm 2W at 6:00 pm Light Candles at 7:27 pm	Shabbat Shalom Parshat: SHOFTIM 9:30 Shabbat Services (S) 2:30 Bean Bag Toss for 2nd Floor (G) 4:00 Garden Visits (G)  Shabbat ends at 8:29 pm		
11:00 Christian Community Gathering	Get Ready for Waggin	arade Time! ng Tails and Furry Fun! st 26 at 11:00 am	August is like the Sunday of summer,	Calendar Legend  All Day  Outings	Locations Garden (G) Café (Cafe)	s <u>Legend</u> Individual Dining Rooms (DR)		

(2ELR) 1:00 One-to-One Individual Sessions with Music **Therapist Rachel** (RR) 2:15 Choir Practice

(3WDR)



a time to relax and enjoy the golden moments.



Outings **Special Events Music Therapy Art Therapy** Horticulture **Exercise** Spiritual

Resident's Room (RR) 3rd Floor Dining Room (3) 3West Dining Room (3WDR) (2WDR) 3rd Floor Lounge (3L) Synagogue (S) 2East Living Room (2ELR) (1WLR) 2nd Floor Dining Room (2)

Outside Neighborhood (ON) 3East Living Room (3ELR) 2West Dining Room 3East Dining Room (3EDR) 1 West Living Room 3East Nook (3EN) 3West Living Room (3WLR)