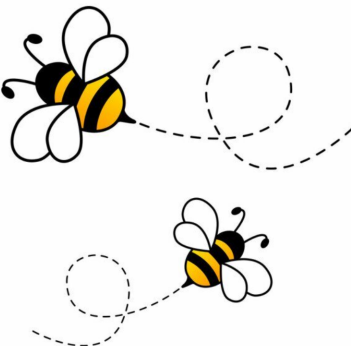


November 2025		Recreation Activity Schedule				Your Recreation Team:	
Hillel Lodge		3 EAST & 3 WEST				Preya, Aman, Fiona Jess, Marilyn	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
November Lunch Outing Wednesday, Nov. 26 Depart at 11:30 am If interested in attending, please contact the Recreation Team! 	Remembrance Day LEST WE FORGET Tuesday, November 11, 2025  Please join us on November 11 for a special Remembrance Day ceremony as we honor and reflect on those who served. All residents, family, friends and staff are warmly invited to attend this meaningful moment of remembrance.					Shabbat Shalom 1 Parshat: LECH LECHA 9:30 Shabbat Services (S) 4:00 Friendly Visits (RR) Shabbat ends at 6:35 pm	
DAY LIGHT SAVING 2 TIME ENDS: Fall Back 1 Hour 11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	10:00 Green Thumb 3 Individual Visits with Celia (RR) 10:30 Balloon Toss on 3rd Floor (3) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3)	10:30 Alphabet 4 Adventure (2WDR) 10:30 Program Planning Meeting on 3W (3WLR) 11:00 Program Planning Meeting on 3E (3ELR)	9:45 Exploring Art Group 5 with Art Therapists Mindy and Andrea (3L) 10:30 Sit & Be Fit (3EDR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Correct Spelling Quiz (3EDR) 3:00 Blooming Moments: Therapeutic Garden Project (3L) 4:00 Lessons from the Parsha with Rabbi T. (3)	10:00 Green Thumb Club 6 with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 2nd Floor (RR) 10:30 Reading Buddies with The OJCS Grade 1 Class (Cafe) 10:30 Drumming Together on 2nd Floor (2) 2:30 Music with Noel on 3rd Floor (3WDR)	10:00 Green Thumb 7 Individual Visits with Celia (RR) 10:30 Oneg Shabbat with Or Bielak (Cafe) 11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe) Light candles at 4:23 pm	Shabbat Shalom 8 Parshat: VAYEIRA 9:30 Shabbat Services (S) 4:00 Friendly Visits (RR) Shabbat ends at 5:27 pm	
10:30 1:1 Friendly Visits 9 on 2nd Floor (RR) 2:30 1:1 Friendly Visits on 3rd Floor (RR) 	10:00 Green Thumb 10 Individual Visits with Celia (RR) 10:30 Keep on Singing with Alison, Al, Howard and Debbie on 3rd Floor (3EDR) 2:15 Mindfulness Colouring Group on 3E (3EDR) 7:00 Monday Evening BINGO with Joel (3)	REMEMBRANCE 11 DAY 10:15 Remembrance Day Ceremony (3WDR) 3:00 Remembrance day word search on 2nd floor (3WDR) 3:00 Board Games on 3rd Floor (3) 7:00 Cinematic Night In (DR)	9:45 Exploring Art Group 12 with Art Therapists Mindy and Andrea (3L) 10:30 Pet Visits with Steven and Molly on 3rd floor (RR) 10:30 Sing Along on 2nd Floor (2) 10:30 Noodle Ball on 3rd Floor (3) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Nifty Nails (RR) 3:00 Blooming Moments: Therapeutic Garden Project (3L) 4:00 Lessons from the Parsha with Rabbi T. (3)	10:00 Green Thumb 13 Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 3rd Floor (RR) 11:00 Christian Service with Father Adolphus (2ELR) 3:00 Happy Hour with Nate Hardy (Cafe)	10:00 Green Thumb 14 Individual Visits with Celia (RR) 10:30 Oneg Shabbat with The OJCS Grade 7 Class (Cafe) 11:15 Chair Exercise (Cafe) 2:30 Bingo (Cafe) 3:30 Kabbalat Shabbat with Sue (S) Light candles at 4:15 pm	Shabbat Shalom 15 Parshat: CHAYEI SARAH 9:30 Shabbat Services (S) 4:00 Friendly Visits (RR) Shabbat ends at 5:20 pm	



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:30 One to One Friendly Visit (RR)  16	10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Enriching Our Daily Connections with Gordon (3L) 2:30 An Hour with Guest Speaker Professor Gerry Cammy on 3E (3EDR) 7:00 Monday Evening BINGO with Elayne, Wesley and Bobby (3) 17	10:30 Zumba Gold Chair with Debbie on 2W (2WDR) 2:30 Keep on Singing with Al, Debbie & Howard on 2nd Floor (2EDR) 2:30 Stealing Bundles Card Game (3EDR) 6:30 Short Story Jokes (RR) 7:00 Cinematic Night In "Lassie" (2005) (DR) 18	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:00 Pet Visits with Steven and Molly on 1W and 2E (RR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 11:00 Memorial Service (S) 3:00 Blooming Moments: Therapeutic Garden Project (3L) 3:30 Friendly Visits (RR) 19	10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR) 10:30 Music with Luke Harris on 2nd Floor (2EDR) 10:30 Axe Throwing on 3rd Floor (3EDR) 2:30 Birthday Party with Evelyn Greenberg (Cafe) 20	10:00 Green Thumb Individual Visits with Celia (RR) 10:15 Oneg Shabbat with The Ganon Preschool & Joel Yan (Cafe) 11:30 Chair Exercise with Gloria (Cafe) 2:30 Bingo (Cafe) Light candles at 4:08 pm 21	Shabbat Shalom 22 Parshat: TOLDOT 9:30 Shabbat Services (S) 4:00 Friendly Visits (RR) Shabbat ends at 5:14 pm
11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR) 23	10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Music with Brian & Bobby Ukelele Strolling Musicians on 3W (3WLR) 11:00 Music with Brian & Bobby Ukelele Strolling Musicians on 3E (G) 2:30 Bocce Ball on 3rd Floor (3EDR) 7:00 Monday Evening BINGO with Joel (3) 24	11:00 Youtube's Greatest Jewish Hits with Andre and Shelley (3WDR) 2:30 Therapeutic Chair Yoga with Eric on 3W (3WDR) 25	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 11:30 Lunch Outing (ON) 2:15 Book Chat with Marcia and Arlene on 3rd Floor (3L) 2:30 Friendly Visits (RR) 3:00 Blooming Moments: Therapeutic Garden Project (3L) 4:00 Lessons from the Parsha with Rabbi T. (3) 26	10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 2nd Floor (RR) 10:30 Sing Along with Susie Q (3EDR) 11:00 Tai Chi with Ruth on 2W (2WDR) 11:00 Resident Council (S) 2:30 Giant Connect 4 on 3rd floor (3) 27	10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Oneg Shabbat with Westboro Jewish Montessori Preschool (Cafe) 11:30 Chair Exercise with Gloria (Cafe) 2:30 Bingo (Cafe) 3:30 Kabbalat Shabbat with Sue (S) Light candles at 4:04 pm 28	Shabbat Shalom 29 Parshat: VAYEITZEI 9:30 Shabbat Services (S) 4:00 Friendly Visits (RR) Havdala 3rd Floor at 5:45 pm 1W at 6:00 pm
11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR) 30	Please Note: Programs are subject to change. Please see your neighbourhood Info-Television for the most up-to-date information	 November is a time to reflect on the beauty of change. Wishing you a wonderful month filled with joy and love.	Calendar Legend All Day Outings Special Events Music Therapy Art Therapy Horticulture Exercise Spiritual	Locations Legend Resident's Room (RR) Café (Cafe) 3rd Floor Lounge (3L) 3rd Floor Dining Room (3) Synagogue (S) 3East Dining Room (3EDR) 3West Dining Room (3WDR) Garden (G) 2East Living Room (2ELR) 2West Dining Room (2WDR) 3West Living Room (3WLR) 2nd Floor Dining Room (2) Individual Dining Rooms (DR) 2East Dining Room (2EDR) 3East Living Room (3ELR) Outside Neighborhood (ON)		