

WINTER/SPRING 2025/ 2026

2025/2026Week One Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B K F T	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg - Scrambled or Peanut Butter & Jam WW/Muffin	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg – Boiled, or Peanut Butter & Jam WW White Toast	Choice of Juice Banana or Prunes Milk Hot/ Cold Cereal Pancakes & Syrup Cream Cheese or PB & Jam WW/White Toast	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg – Boiled, Cream Cheese Toast White /WW	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg – Boiled, or Peanut Butter & Jam WW/White Toast	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Cream Cheese, or Peanut Butter & Jam Raisin Bread or Challah Bread	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Boiled Egg or PB&J WW Toast/ Bagel
S	Juice/Water	Juice/Water	Juice/Water	Juice/Water	Juice/Water	Juice/Water	Juice/Water
L U N C H	Pea Soup Pizza Tomato & cucumber Chocolate Pudding	Potato Leek Soup Three Cheese & Vegetable Pasta Bake Seasoned Green Beans Lemon Pie	Vegetable Soup Red Pepper & Leek Quiche Mashed Potato Carrots Bread Pudding	Carrot salad BBQ Chicken Wings Rice Mixed vegetables Peaches	Tomato Rice Soup Assorted sandwich Corn Salad Raspberry Tarts	Beet Salad Tongue & gravy Knish Carrot Tzimmes Cake	Carrot Soup Egg Rolls & Plum Sauce Egg Foo Yung Rice Date Square
A L T	Egg Salad Plate Bread Pears	Salmon Salad Plate Bread Apple sauce	Tuna Sandwich Tomato & Cucumber Apricots	Salisbury Steak, gravy Corn Bread Lemon Cookies	Egg Salad Plate Bread Pineapple	Roast Chicken & Dijon Pineapple Sauce Peas Pears	Cottage Cheese & Fruit Plate Bread Pineapple
S N	White Choc.Mac Cookies Fresh Fruit Vanilla Pudding Juice/Tea/Water	Mini Danish Fresh Fruit Vanilla Pudding Juice/Tea/Water	Creme Cookies Fresh Fruit Vanilla Pudding Juice/Tea/Water	Chocolate Cookies Fresh Fruit Vanilla Pudding Juice/Tea/Water	Ice Cream Fresh Fruit Vanilla Pudding Water/Juice	Lemon Cookies Fresh Fruit Vanilla Pudding Juice, Tea, Water	Oatmeal Cookies Fresh Fruit Vanilla Pudding Juice, Tea, Water
S U P P E R	Apple & Beet Salad Chicken Fingers Plum Sauce Sweet Potato Fries Peas Rhubarb	Cabbage Soup Chicken Tagine Couscous Cauliflower Mandarins	Squash Soup Cabbage Rolls Boiled Potato Carrots Bread Pears	Root Vegetable Soup Salmon Fillet Tartar Sauce Scalloped Potatoes Peas Black Forest Cake	Chicken Soup & Matzoh Balls Gefilte Fish Roast Turkey Cranberry Sauce Mushroom stuffing Roast Potato Garlic Broccoli Cake	Caesar Salad Ratatouille Penne Casserole Wax Beans Apricots	Fall Harvest Vegetable Soup Spaghetti & Meat Sauce Peas Peaches
A L T	Corned Beef on Rye Pickle Chocolate Cookies	Sweet & Sour Meatballs Florentine Mixed Vegetables Social Tea Cookies	Israeli Orange Chicken Broccoli Bread Chocolate Cookies	Cheddar Cheese & Pasta Salad Plate Bread Yogurt	Stuffed Peppers Bread Italian Mix Vegetable Grapes	Salmon Salad Plate Bread Yogurt	Roast Chicken & Mushroom Sauce Garlic Mixed Vegetables Chocolate Cookies
S N	½ PB & J sandwich Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice/Water/Milk/ Tea	½ Egg Sandwich Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice/Water/Milk/ Tea	½ PB & J Sandwich Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice/Water/Milk/ Tea	Cheese & crackers Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice/Water/Milk/ Tea	½ PB & Jam SW Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice/Water/Milk/ Tea	Cheese & crackers Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice, Milk, Tea, Water	½ PB & J Sandwich Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice, Milk, Tea, Water

Bread & margarine & juice are available at all meals. Milk is available at breakfast & dairy meals & HS snack. Jam, marmalade & peanut butter are available at breakfast.
Fresh fruit is available at pm snack. Coffee or Tea & Ice Water are available at Breakfast, Lunch & Dinner