



# February 2026

Hillel Lodge

# Recreation Activity Schedule

## 2 WEST & 2 EAST

Your Recreation Team:  
Preya, Aman, Fiona  
Jess & Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>GROUNDHOG DAY 1</b> 10:30 Balloon Toss on 2E (2EDR) 11:00 Christian Community Gathering for 2E (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:30 Friendly Visits (RR)	<b>TU B'SHEVAT 2</b> 9:30 Individual Art Therapy with Sarah (RR) 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Tu B'Shevat Tree of Togetherness Craft on 2W (2WDR) 	<b>3</b> 10:00 Pet Visits with Steven and Molly on 2nd Floor (RR) 10:30 Sing Along on 2E (2EDR) 2:30 Board Games on 2E (2EDR) 2:30 Balloon Badminton on 2W (2WDR) 6:30 1:1 Friendly Visits (RR)	<b>4</b> 10:30 Drumming Together on 2E (2EDR) 11:00 Exploring Art Group with Art Therapist Mindy for 2W (3L) 2:30 Word Game on 2W (2WDR) 2:30 Sort & Match on 2E (RR)	<b>5</b> 10:30 Program Planning Meeting for 2E (2EDR) 11:00 Tai Chi with Ayumi on 2W (2WDR) 11:00 Friendly Visits (RR) 2:30 Winterlude Fun & Snowball Fight (2EDR)	<b>6</b> 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Oneg Shabbat on 2nd Floor (2WDR) 11:15 Chair Exercise (DR) 3:00 Bingo for 2nd Floor (2)  Light Candles at 4:59 pm	<b>Shabbat Shalom 7</b> <b>Parshat: YITRO</b> 9:30 Shabbat Services (S) 2:30 Mini Basketball on 2E (2EN) 4:00 Friendly Visits (RR)  Shabbat ends at 6:04 pm
<b>8</b> 11:00 Christian Community Gathering for 2E (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:30 Friendly Visits (RR)	<b>9</b> 9:30 Individual Art Therapy with Sarah (RR) 10:00 Green Thumb Individual Visits with Celia (RR) 2:30 Snowball Pass with Music on 2W (2WDR)	<b>10</b> 10:30 Big Ball Hockey Olympic Tournament (2EDR) 2:00 Winter Olympics Trivia on 2W (2WDR) 2:30 Baking Program (2L) 7:00 "Olympic Figure Skating" on TV (DR)	<b>11</b> 10:30 Card Games on 2E (2EDR)	<b>12</b> 10:00 Pet Visits with Christine & Tinkerbell Grace on 2W (RR) 11:00 Christian Service with Father Adolphus for 2E & 2W (2ELR) 2:00 Java Music Club on 2W (2WDR) 2:30 Java Time on 2E (2EDR) 3:00 Program Planning Meeting for 2W (2WDR)	<b>13</b> 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Oneg Shabbat on 2nd Floor (2WDR) 11:15 Chair Exercise (DR) 3:00 Lovers Day Bingo for 2nd Floor (2)  Light Candles at 5:09 pm	<b>Shabbat Shalom 14</b> <b>Parshat: MISHPATIM</b> 9:30 Shabbat Services (S) 2:30 Giant Snakes and Ladders on 2E (2EDR) 4:00 Friendly Visits (RR)  Shabbat ends at 6:14 pm