

February 2026

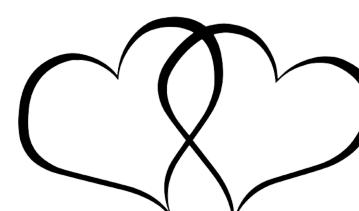
Hillel Lodge

# Recreation Activity Schedule

3 WEST & 3 EAST

Your Recreation Team:  
Preya, Aman, Fiona

Jess & Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>GROUNDHOG DAY 1</b> 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice for 3rd Floor (3WDR) 2:30 Friendly Visits (RR)	<b>TU B'SHEVAT 2</b> 9:30 Individual Art Therapy with Sarah (RR) 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Tu B'shevat Tree Craft (3WDR) 2:30 Planting Seeds for The Future: Hooray for Tu B'Shevat with Rabbi Mikelberg for 3rd Floor (3) 7:00 Monday Evening Volunteer BINGO (3) 	2:30 Board Games: Scrabble on 3E (3EDR) 6:30 1:1 Friendly Visits (RR)	9:45 Exploring Art Group with Art Therapist Mindy for 3E (3L) 4:00 Lessons from the Parsha with Rabbi T. for 3W (3WDR)	10:00 Green Thumb Club with Celia for 3E & 3W (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 3rd Floor (RR) 10:30 Parachute Games on 3W (3WDR) 2:00 Beanbag Toss on 3E (3EDR)	10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Oneg Shabbat with OJCS Grade 6 Class for 3rd Floor (3) 11:15 Chair Exercise (DR) 2:00 Bingo for 3rd Floor (3WDR) Light Candles at 4:59 pm	<b>Shabbat Shalom 6</b> Parshat: YITRO 9:30 Shabbat Services (S) 4:00 Friendly Visits (RR) Shabbat ends at 6:04 pm
1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice for 3rd Floor (3WDR) 2:30 Friendly Visits (RR)	<b>9</b> 9:30 Individual Art Therapy with Sarah (RR) 10:00 Green Thumb Individual Visits with Celia (RR) 10:00 Program Planning Meeting on 3E (3EDR) 10:30 Program Planning Meeting on 3W (3WLR) 2:30 Olympics Trivia (3EDR) 7:00 Monday Evening Volunteer BINGO (3)	<b>10</b> 10:30 Zumba Gold Chair with Debbie on 3W (3) 2:30 Music with Rick Crepin for 3rd Floor (3EDR) 3:15 Giant Crossword (3EDR) 7:00 "Olympic Figure Skating" on TV (DR)	<b>11</b> 9:45 Exploring Art Group with Art Therapist Mindy for 3W (3L) 10:30 Friendly Visits on 3W (RR) 11:00 Resident Council for 3rd Floor (3ELR) 2:30 Winterlude Fun and Snowball Fight (3EDR)	10:30 Axe-throwing on 3W (3WDR) 2:30 Love and Friendship Poetry (3EDR)	<b>12</b> 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Oneg Shabbat with Joel and Friends for 3rd Floor (3) 11:15 Chair Exercise (DR) 2:00 Lovers Day Bingo for 3rd Floor (3)	<b>Shabbat Shalom 13</b> Parshat: MISHPATIM 9:30 Shabbat Services (S) 4:00 Friendly Visits (RR)  Shabbat ends at 6:14 pm