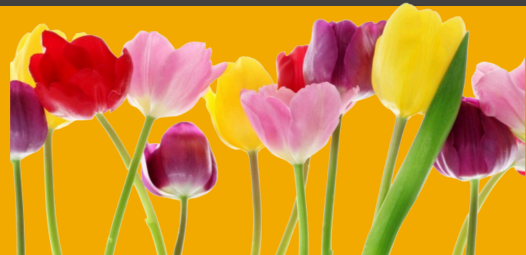


# April 2026

## Hillel Lodge



# Recreation Activity Schedule

## 1 WEST



Your Recreation Team:  
Aman, Fiona, Muskan  
Jess and Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Locations Legend</u></p> <p>Resident's Room (RR) 3rd Floor Dining Room (3) 3rd Floor Lounge (3L) Synagogue (S) Café (Cafe) 3West Dining Room (3WDR) 2East Living Room (2ELR) Garden (G) 1 West Dining Room (1WDR) 1 West Living Room (1WLR) 2West Dining Room (2WDR) Outside Neighborhood (ON) Resident Rooms (RR) 3East Dining Room (3EDR) Individual Dining Rooms (DR)</p>	<p><u>Calendar Legend</u></p> <p>All Day Outings Special Events Music Therapy Art Therapy Horticulture Exercise Spiritual Dance Therapy</p>	<p><b>HAPPY PASSOVER</b></p> <p>Begins the evening of April 1st Ends the evening of April 9th</p>	<p><b>EREV PASSOVER 1st SEDER 1</b></p> <p>9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L)</p> <p>Light Candles at 7:13 pm</p>	<p><b>1st DAY OF PASSOVER 2nd SEDER 2</b></p> <p>9:30 Synagogue (S) 10:30 Friendly Visits on 1W</p> <p>Light Candles after 8:17 pm</p>	<p><b>GOOD FRIDAY 2nd DAY OF PASSOVER 3</b></p> <p>9:30 Synagogue (S) 10:30 Friendly Visits (RR)</p> <p>Light Candles at 7:16 pm</p>	<p><b>Shabbat Shalom 3rd DAY OF PASSOVER: 1st INTERMEDIATE DAY 4</b></p> <p>9:30 Shabbat Services (S)</p> <p>Shabbat ends at 8:20 pm</p>
<p><b>EASTER SUNDAY 4th DAY OF PASSOVER: 2nd INTERMEDIATE DAY 5</b></p> <p>2:30 Walk &amp; Talk for Wellness (ON)</p> <p><i>Happy Easter!</i></p>	<p><b>EASTER MONDAY 5th DAY OF PASSOVER: 3rd INTERMEDIATE DAY 6</b></p> <p>11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)</p>	<p><b>6th DAY OF PASSOVER: 4th INTERMEDIATE DAY 7</b></p> <p>9:30 Individual Art Therapy with Sarah (RR) 9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10:00 Pet Visits with Steven and Molly on 1W (RR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:45 Program Planning Meeting on 1W (1WDR)</p> <p>Light Candles at 7:21 pm</p>	<p><b>7th DAY OF PASSOVER 8</b></p> <p>9:30 Synagogue (S) 10:30 Sunshine Strolls on 1W (G)</p> <p>Light Candles after 8:26 pm</p>	<p><b>8th DAY OF PASSOVER: HOLIDAY ENDS 9</b></p> <p>9:30 Synagogue (S) 10:30 Friendly Visits on 1W</p> <p>Holiday ends at 8:27 pm</p>	<p><b>10:00 Green Thumb Individual Visits with Celia (RR) 10</b></p> <p>10:30 Oneg Shabbat with Joel Yan and Friends (3) 11:15 Chair Exercise with Gloria (3) 2:30 Bingo (Cafe) 3:30 Kabbalat Shabbat with Sue (Cafe)</p> <p>Seudat Shabbat 5:45 pm on 3rd Floor 6:00 pm on 1W</p> <p>Light Candles at 7:25 pm</p>	<p><b>Shabbat Shalom 9:30 Shabbat Services (S) 11</b></p> <p>Shabbat ends at 8:30 pm</p>
<p>10:00 Friendly Visits with Christine (RR) <b>12</b></p> <p>11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)</p>	<p>9:30 Individual Art Therapy with Sarah (RR) <b>13</b></p> <p>10:00 Green Thumb Individual Visits with Celia (RR) 11:00 Tai Chi with Ruth on 1W (1WLR)</p>	<p><b>YOM HASHOAH: Holocaust Remembrance Day 14</b></p> <p>9:30 Individual Art Therapy with Sarah (RR) 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Special Presentation for Yom Hashoah with Joel Yan (3)</p>	<p>9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) <b>15</b></p> <p>11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 11:00 Photoshoot on 1W (1WDR) 4:00 Lessons from the Parsha with Rabbi T. (3)</p>	<p>10:00 Green Thumb Club with Celia (G) <b>16</b></p> <p>10:00 Pet Visits with Christine &amp; Tinkerbell Grace on 1W and 2W (RR) 10:00 Individual Art Therapy with Sarah (RR) 10:30 Mindfulness Colouring Group on 1W (1WDR) 3:00 Happy Hour with Off The Record Jazz Band (3)</p>	<p>10:00 Green Thumb Individual Visits with Celia (RR) <b>17</b></p> <p>10:30 Oneg Shabbat with OJCS Grade 7 Class (3) 11:15 Chair Exercise with Robin (Cafe) 2:30 Bingo (Cafe)</p> <p>Seudat Shabbat 5:45 pm on 3rd Floor 6:00 pm on 2W</p> <p>Light Candles at 7:34 pm</p>	<p><b>Shabbat Shalom 9:30 Shabbat Services (S) 18</b></p> <p>Shabbat ends at 8:40 pm</p>

# April 2026

## Hillel Lodge



# Recreation Activity Schedule

## 1 WEST



Your Recreation Team:  
Aman, Fiona, Muskan  
Jess and Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b> 11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR) 2:30 One to One Friendly Visit (RR)	<b>20</b> 9:30 Individual Art Therapy with Sarah (RR) 10:00 Green Thumb Individual Visits with Celia (RR) 2:30 An Hour with Guest Speaker Professor Gerry Cammy (3EDR)	<b>21</b> <b>YOM HAZIKARON: Israel's Memorial Day</b> 9:30 Individual Art Therapy with Sarah (RR) 10:00 Green Thumb Individual Visits with Celia (RR) 2:30 Yom Hazikaron Discussion Group on 1W (1WLR)	<b>22</b> <b>YOM HA' AZMAUT: Israel's Independence Day</b> 9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:45 Birthday Party & Yom Ha'Azmaut Celebration with Evelyn Greenberg (Cafe) 4:00 Lessons from the Parsha with Rabbi T. (3)	<b>23</b> 10:00 Green Thumb Club with Celia (G) 3:30 "Forget for a Moment" Solo Violin Performance by Sara Michieletto (3)	<b>24</b> 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Oneg Shabbat with The Ganon Preschool & Zaidie Joel (3) 11:15 Chair Exercise with Gloria (3) 2:30 Bingo (Cafe) 3:30 Kabbalat Shabbat with Sue (Cafe)  Seudat Shabbat 5:45 pm on 3rd Floor 6:00 pm on 2E Light Candles at 7:43 pm	<b>25</b> 9:30 Shabbat Services (S)       Shabbat ends at 8:50 pm
<b>26</b> 11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	<b>27</b> 9:30 Individual Art Therapy with Sarah (RR) 10:00 Green Thumb Individual Visits with Celia (RR)	<b>28</b> 9:30 Individual Art Therapy with Sarah (RR) 10:00 Green Thumb Individual Visits with Celia (RR) 10:00 Pet Visits with Steven and Molly on 1W (RR) 10:30 The Usuals Jazz Band (Cafe) 10:30 A Lag Ba' Omer Conversation with Rabbi Scher (3) 2:30 Therapeutic Chair Yoga with Eric on 2W (2WDR) 7:00 Cinematic Night In (DR)	<b>29</b> 9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:15 Let's Dance! with Dance Therapist Lorraine (2WDR) 4:00 Memorial Gathering with Rabbi T. (3WDR)	<b>30</b> 10:00 Green Thumb Club with Celia (G) 11:00 Youtube's Greatest Jewish Hits with Andre and Shelley (3WDR) 11:00 Christian Service with Father Adolphus (2ELR)	<p><b>Please note:</b></p> <p>Programs are subject to change.</p> <p>Please refer to your neighbourhood INFO Television for up-to-date Daily programs.</p>	<p><u>Calendar Legend</u></p> <p><b>All Day</b>                      Outings                      Special Events                      Music Therapy                      Art Therapy                      Horticulture                      Exercise                      Spiritual                      Dance Therapy</p>



Locations Legend

Resident's Room (RR)	1 West Dining Room (1WDR)
3rd Floor Dining Room (3)	1 West Living Room (1WLR)
3rd Floor Lounge (3L)	2West Dining Room (2WDR)
Synagogue (S)	Outside Neighborhood (ON)
Café (Cafe)	Resident Rooms (RR)
3West Dining Room (3WDR)	3East Dining Room (3EDR)
2East Living Room (2ELR)	Individual Dining Rooms (DR)
Garden (G)	