



Recreation Activity Schedule

2 EAST & 2 WEST



Your Recreation Team:
Aman, Fiona, Ella, Lena
Jess and Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Calendar Legend</u> All Day Outings Special Events Music Therapy Art Therapy Horticulture Exercise Spiritual	9:30 Individual Art Therapy with Sarah (RR) 1 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Craft: Paper Fan on 2E (2EDR) 2:30 Hand Bells on 2W (2WDR)	9:30 Individual Art Therapy with Sarah (RR) 2 10:30 Colouring on 2E (2ELR) 11:00 Resident Council (S) 2:30 Java Music Club on 2W (2WDR) 6:30 Snoezelen Cart on 2E (2ELR)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 3 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 4:00 Lessons from the Parsha with Rabbi T. (3)	10:00 Green Thumb Club with Celia (G) 4 10:00 Pet Visits with Christine & Tinkerbell Grace on 2nd Floor (RR) 10:30 Reading Short Stories on 2E (2ELR) 11:00 Tai Chi with Ruth in the Garden (G) 2:30 Music with Luke Harris on 2nd Floor (2EDR)	10:00 Green Thumb Individual Visits with Celia (RR) 5 10:30 Oneg Shabbat with Westboro Jewish Montessori Preschool (Cafe) 11:15 Chair Exercise with Robin (Cafe) 2:30 Bingo (Cafe) 3:30 Pet Visits with Sharon and Nabi (RR) Seudat Shabbat 5:45 pm on 3rd Floor 6:00 pm on 1W Light Candles at 8:29 pm	Shabbat Shalom 6 Parshat: BEHA'ALOTECHA 9:30 Shabbat Services (S) 3:30 Friendly Visits on 2nd Floor (RR) Shabbat ends at 9:45 pm
10:00 Friendly Visits with Christine (RR) 7 11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	9:30 Individual Art Therapy with Sarah (RR) 8 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Music & Movement on 2E (2EDR) 11:00 Youtube's Greatest Jewish Hits with Andre and Shelley (3WDR) 2:30 Word Games on 2W (G)	9:30 Individual Art Therapy with Sarah (RR) 9 10:30 The Usuals Jazz Band (Cafe) 2:30 Finger Knitting on 2W (2WLR)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 10 10:30 Trivia on 2W (2WDR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:15 Let's Dance! with Dance Therapist Lorraine on 2nd Floor (2WDR) 2:30 Giant Snakes and Ladders on 2E (G)	10:00 Green Thumb Club with Celia (G) 11 10:00 Pet Visits with Christine & Tinkerbell Grace on 3rd Floor (RR) 11:00 Christian Service with Father Adolphus (2ELR) 2:30 Musical Entertainment with Nate (Cafe) 2:30 Flipping Cards Game on 2E (2EDR)	10:00 Green Thumb Individual Visits with Celia (RR) 12 10:30 Oneg Shabbat with Joel Yan and Friends (Cafe) 11:15 Chair Exercise with Gloria (Cafe) 2:30 Bingo (Cafe) Seudat Shabbat 5:45 pm on 3rd Floor 6:00 pm on 2W Light Candles at 8:33 pm	Shabbat Shalom 13 Parshat: SHELACH 9:30 Shabbat Services (S) Shabbat ends at 9:50 pm
11:00 Christian Community Gathering (2ELR) 14 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	9:30 Individual Art Therapy with Sarah (RR) 15 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Musical Entertainment with Malcom Wade (Cafe) 2:30 Reading Short Stories on 2W (2WLR) 2:30 Garden Visits (G)	9:30 Individual Art Therapy with Sarah (RR) 16 2:30 Baking Program on 2W (2L)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 17 10:30 Spring Colouring on 2W (2WDR) 10:30 Noodle Ball on 2E (G) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Walk & Talk for Wellness on 2E (ON)	10:00 Green Thumb Club with Celia (G) 18 10:00 Pet Visits with Christine & Tinkerbell Grace on 1W and 2W (RR) 10:30 Balloon Badminton on 2W (G) 3:00 Happy Hour with Tony True (Cafe)	10:00 Green Thumb Individual Visits with Celia (RR) 19 10:30 Oneg Shabbat with Minda, Marsha and Karen (Cafe) 11:15 Chair Exercise with Robin (Cafe) 2:30 Bingo (Cafe) Seudat Shabbat 5:45 pm on 3rd Floor 6:00 pm on 2E Light Candles at 8:36 pm	Shabbat Shalom 20 Parshat: KORACH 9:30 Shabbat Services (S) 2:15 Giant Connect 4 on 2nd Floor (2WDR) Shabbat ends at 9:53 pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
FATHER'S DAY 21 10:30 Father's Day Concert with Noel Dimar (Cafe) 11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR) 	9:30 Individual Art Therapy with Sarah (RR) 22 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Reading Buddies with The OJCS Grade 1 Class (Cafe) 2:30 An Hour with Guest Speaker Professor Gerry Cammy (3EDR) 2:30 Sort & Match on 2E (RR)	9:30 Individual Art Therapy with Sarah (RR) 23 11:00 Food Committee on 2nd Floor (2WDR) 2:30 Therapeutic Chair Yoga with Eric in the Garden (G) 2:30 Mindfulness Colouring on 2E (G) 6:30 Friendly Visits (RR)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 24 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:15 Book Chat with Marcia, Arlene and Mimi on 3rd Floor (3WDR) 4:00 Memorial Gathering with Rabbi T. (3WDR) 5:00 BBQ for 2W (G) 7:15 Friendly Visits (RR)	10:00 Green Thumb Club with Celia (G) 25 10:00 Pet Visits with Christine & Tinkerbell Grace on 2nd Floor (RR) 10:30 "The Seasons of our Lives as Reflected in Traditional Jewish Sources" with Rabbi Mikelberg (3) 2:30 Birthday Party with Evelyn Greenberg (Cafe)	10:00 Green Thumb Individual Visits with Celia (RR) 26 10:30 Oneg Shabbat with Or Bielak (Cafe) 11:15 Chair Exercise with Gloria (Cafe) 2:30 Bingo (Cafe) Seudat Shabbat 5:45 pm on 3rd Floor 6:00 pm on 1W Light Candles at 8:37 pm	Shabbat Shalom 27 Parshat: CHUKAT-BALAK 9:30 Shabbat Services (S) 3:30 Friendly Visits on 2nd Floor (RR) Shabbat ends at 9:53 pm		
11:00 Christian Community Gathering (2ELR) 28 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	9:30 Individual Art Therapy with Sarah (RR) 29 10:30 Music with The Dukes of Uke with Brian & Bobby on 2W (2WDR) 11:00 Music with The Dukes of Uke with Brian & Bobby on 2E (2EN) 2:00 Outing to The Beachconers (ON) 2:30 Reading Short Stories on 2W (2WDR) 2:30 Java Time on 2E (2ELR)	9:30 Individual Art Therapy with Sarah (RR) 30 10:30 Musical Wellness Drum Circle with Nigel (3) 2:30 Baby Care Memories on 2E (2ELR)			HAPPY PRIDE MONTH 2026 			
Celebrate the start of Summer on Sunday, June 21st ! 			Friendly Reminder! Outdoor activities in the Garden are weather-permitting. All programs are subject to change. Please refer to the INFO-TELEVISION on each neighbourhood for the most up-to-date daily information.		Calendar Legend All Day Outings Special Events Music Therapy Art Therapy Horticulture Exercise Spiritual		Locations Legend Resident's Room (RR) Café (Cafe) Garden (G) 2East Living Room (2ELR) 2West Dining Room (2WDR) 3rd Floor Lounge (3L) 3West Dining Room (3WDR) Synagogue (S) 2East Dining Room (2EDR) 3rd Floor Dining Room (3) Resident Rooms (RR) 2West Living Room (2WLR) Outside Neighborhood (ON) 2nd Floor Lounge (2L) 3East Dining Room (3EDR) 2East Neck (2EN)	