

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B K F T	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg – Scrambled Cream cheese Toast or Muffin	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg – Boiled, or Peanut Butter & Jam WW/White Toast	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Waffles & Syrup Cheddar Cheese, or PB & Jam WW/White Bread	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg - Boiled or or Peanut Butter & Jam WW/ White Toast	Choice of Juice Banana or Prunes Milk Hot or Cold Cereal Egg - Boiled or or Peanut Butter & Jam WW/White Toast	Choice of Juice Banana or Prunes Milk Hot/Cold Cereal Cream Cheese or or Peanut Butter & Jam WW/Cinn. Bread	Choice of Juice Banana or Prunes Milk; Hot or Cold Cereal Egg - Boiled or or Peanut Butter & Jam Bagel/ WW Toast
S N	Juice/Water	Juice/Water	Juice/Water	Juice/Water	Juice/Water	Juice/Water	Juice/Water
L U N C H	Minestrone Soup Cheese Blintzes Fruit Salad & Sour Cream Chocolate Coconut Cake	Mushroom Soup Salmon Patty Mashed Potato Green Beans Apple Crisp	Cream of Tomato Soup Red Pepper and Parmesan Frittata Home Fries Squash Peaches & Cream Pie	Garden Salad Honey Ginger Chicken Rice Oriental Mixed Vegetables Bread Pineapple	Carrot Soup Vegetable Enchilada Salsa & Guacamole Rice Pear Melba	Beet Salad Roast Turkey Gravy Cranberry Sauce Knish Carrot Tzimmes Cake	Potato Leek soup Grilled Cheese Sandwich Baked Beans Tomato & Cucumber Ice cream
A L T	Salmon Sandwich Tomato & Cucumber Pineapple	Cheddar Cheese & Pasta Salad Plate Applesauce	Tuna Salad Plate Bread Mandarins	Chili Wax Bean Star Cookies	Egg Sandwich Tomato & Cucumber Wafers	Salisbury Steak Glazed Parsnip Peaches	Niçoise Salad Plate Bread Pears
S N	Oatmeal Cookies Tropical Applesauce Vanilla Pudding Juice/Tea/Water	Shortbread Cookies Tropical Applesauce Vanilla Pudding Juice/Tea/Water	Crème Cookies Tropical Applesauce Vanilla Pudding Juice/Tea/Water	Chocolate Chip Cookies Tropical Applesauce Vanilla Pudding Juice/Tea/Water	Ice Cream & Juice Tropical Applesauce Vanilla Pudding Juice/Tea/Water	Star Cookies Tropical Applesauce Vanilla Pudding Juice/Tea/Water	Mini Danish Tropical Applesauce Vanilla Pudding Juice/Tea/Water
S U P P E R	Cabbage Soup Oven Fried Chicken Sweet Potato Fries Peas Apricots	Carrot Salad Curry Beef Rice Cauliflower Pears	Coleslaw Hamburger on a Bun Potato Salad Tomato & Onion Fruit Salad	Potato Leek Soup Portuguese Cod Roast Potato Peas Caramel Swirl Cake	Chicken Soup & Matzoh Balls Gefilte Fish Meatballs & Mushroom Sauce Roast Potato Harvest Blend Vegetable Cake	Garden Salad Lokshin & Cheese Fruit Salad & Sour Cream Date Square	Root Vegetable Soup Korean Beef Short ribs Rice Cauliflower Apricots
A T	Corned Beef on Rye Pickles Bread Wafers	Roast Chicken & Orange Sauce Florentine Mixed Vegetables Chocolate Cookies	Chicken & Garlic Basil Sauce Corn Bread Social Tea Cookies	Greek Salad Plate Bread Applesauce	Roast Chicken Broccoli Melon	Salmon Salad Plate Bread Applesauce	Mediterranean Chicken Garlic Mixed Vegetables Star Cookies
S N	½ PB & J Sandwich Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice/Milk/Tea/Water	½ Egg Sandwich Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice/Milk/Tea/Water	½ PB & Jam SW Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice/Milk/Tea/Water	Cheese & Crackers Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice/Milk/Tea/Water	½ PB. & Jam Sand. Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice/Milk/Tea/ Water	Cheese & crackers Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice/Milk/Tea/Water	½ Egg SW Strawberry Applesauce Chocolate Pudding Vanilla Ice cream Juice/Milk/Tea/Water

Bread, margarine & juice are available at all meals. Milk is available at breakfast & dairy meals & HS snack. Jam, marmalade & peanut butter are available at breakfast. Fresh fruit is available at lunch & dinner. Coffee or tea and ice water are available at Breakfast, Lunch and dinner