



2 WEST & 2 EAST



Your Recreation Team:
Aman, Fiona, Naghma
Ella, Tyson, Ellie
Jess & Marilyn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend Resident's Room (RR) Café (Cafe) 2East Dining Room (2EDR) 2West Dining Room (2WDR) Garden (G) 3rd Floor Lounge (3L) Synagogue (S) 2East Living Room (2ELR) 3West Dining Room (3WDR) 2West Living Room (2WLR) 3rd Floor Dining Room (3) Outside Neighborhood (ON) 3East Dining Room (3EDR) Individual Dining Rooms (DR) 2West Nook (2WN) 2East Nook (2EN) Resident Rooms (RR)		Calendar Legend All Day Outings Special Events Music Therapy Art Therapy Horticulture Exercise Spiritual Dance Therapy	August Outing Monday, August 24th at 10:00 am Please see Recreation Team for more details! 	 Friendly Reminder! Outdoor activities in the Garden are weather - permitting. All programs are subject to change. Please refer to the INFOTV on each neighbourhood for the most up-to-date daily information!		Shabbat Shalom 1 Parshat: EIKEV 9:30 Shabbat Services (S) 2:30 Bean Bag Toss on 2W (2WDR) Shabbat ends at 9:16 pm
2 	CIVIC HOLIDAY 3 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Balloon Volleyball on 2E (2EDR) 2:30 Word Games on 2W (2WLR) 2:30 Friendly Visits with Tyson (RR)	9:30 Individual Art Therapy with Sarah (RR) 4 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Musical Entertainment with Nate (Cafe) 10:30 Puzzles and Board games on 2E (2EDR) 2:30 Therapeutic Chair Yoga with Eric in the Garden (G) 2:30 Friendly Visits on 2W (RR)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 5 10:30 Noodle Ball on 2W (2WDR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Giant Snakes and Ladders on 2E (2EDR)	9:30 Individual Art Therapy with Sarah (RR) 6 10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace on 2nd Floor (RR) 10:30 Reading Short Stories on 2E (2ELR) 11:00 Youtube's Greatest Jewish Hits with Andre and Shelley (3EDR) 2:30 Program Planning Meeting for 2W (2WDR) 3:00 Program Planning Meeting	10:00 Green Thumb Individual Visits with Celia (RR) 7 10:30 Oneg Shabbat with The SJCC Camp (Cafe) 11:15 Chair Exercise with Tyson (Cafe) 2:30 Bingo (Cafe) 3:30 Kabbalat Shabbat with Sue (Cafe) Light Candles at 8:04 pm	Shabbat Shalom 8 Parshat: RE'EH 9:30 Shabbat Services (S) 2:30 Friendly Visits (RR) Shabbat ends at 9:07 pm
11:00 Christian Community Gathering (2ELR) 9 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	9:30 Individual Art Therapy with Sarah (RR) 10 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Zumba Gold Chair with Debbie in the Garden (G) 10:30 Armchair Travel to Italy on 2nd Floor (2WDR) 2:00 Pet Visits with Steven and Molly on 1W & 2W (RR) 2:30 Reading Short Stories and Jokes on 2W (2WLR) 2:30 Sing Along on 2E (2EDR)	9:30 Individual Art Therapy with Sarah (RR) 11 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 The Usuals Jazz Band (Cafe) 2:30 Parachute Games for 2W (2WDR)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 12 10:30 Friendly Visits on 2W (RR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 11:00 Resident Council (S) 2:30 Bowling on 2E (2EDR) 5:00 BBQ for 2W (G)	10:00 Green Thumb Club with Celia (G) 13 10:00 Pet Visits with Christine & Tinkerbell Grace on 3rd Floor (RR) 11:00 Tai Chi with Ruth in the Garden (G) 11:00 Christian Service with Father Adolphus (2ELR) 3:00 Happy Hour with Off The Record Jazz Band (3)	10:00 Green Thumb Individual Visits with Celia (RR) 14 10:15 Oneg Shabbat with Joel Yan and Friends (Cafe) 11:15 Chair Exercise with Tyson (Cafe) 2:30 Bingo (Cafe) 3:30 Kabbalat Shabbat with Sue (Cafe) Light Candles at 7:53 pm	Shabbat Shalom 15 Parshat: SHOFTIM 9:30 Shabbat Services (S) 3:30 Friendly Visits with Tyson (RR) Shabbat ends at 8:56 pm

