

October 2026 Hillel Lodge		Recreation Activity Schedule 2 WEST & 2 EAST				Your Recreation Team: Aman, Fiona, Tyson & Naghma Jess and Marilyn	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<u>Locations Legend</u> Resident's Room (RR) Café (Cafe) 2West Dining Room (2WDR) 2East Dining Room (2EDR) Synagogue (S) 2East Living Room (2ELR) 3rd Floor Lounge (3L) Garden (G)		<u>Calendar Legend</u> All Day Outings Special Events Music Therapy Art Therapy Horticulture Exercise Spiritual	<u>Shemini Atzeret</u> Begins at sundown on October 2 Ends at nightfall on October 3  Simchat Torah Begins at sundown on October 3 Ends at nightfall on October 4	SUKKOT: 4th Intermediate Day 1 10:00 Green Thumb Club with Celia (G) 10:00 Pet Visits with Christine & Tinkerbell Grace (RR) 10:30 Mental Aerobics on 2W (2WDR) 10:30 Dice Game (2EDR) 2:30 Java Music Club on 2W (2L) 2:30 Sort & Match on 2E (RR)	HOSHANA RABA 2 10:00 Green Thumb Individual Visits with Celia (RR) 10:30 Oneg Shabbat (3) 11:15 Chair Exercise with Tyson (3) 2:30 Bingo (Cafe) 3:30 Kabbalat Shabbat with Sue (Cafe) Seudat Shabbat: 3rd Floor at 5:45pm 2 West at 6:00 pm Light Candles at 6:32 pm	Shabbat Shalom SHEMINI ATZERET 3 9:30 Shmini Atzeret Service (S) 11:00 YIZKOR (S) 2:30 Friendly Visits (RR) 7:15 Erev Simchat Torah Synagouge Services (S) Light Candles after 7:23 pm	
SIMCHAT TORAH 4 9:30 Simchat Torah Service (S) 2:30 Friendly Visits (RR) Holiday ends at 7:23 pm	10:00 Green Thumb Individual Visits with Celia (RR) 5 10:30 Zumba Gold Chair with Debbie on 2W (2WDR) 2:30 Mindfulness Colouring on 2W (2WDR) 2:30 Hand Bells on 2E (2ELR) 6:45 Cinematic Night In: Second Chorus (Fred Astaire, 1940) (DR) 7:00 Snoezelen Cart on 2E (2ELR)	10:00 Green Thumb Club with Celia (G) 6 10:30 Food Committee on 2nd Floor (2WDR) 2:30 Reading Short Stories on 2W (2L)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 7 10:30 Outing to The JCC (ON) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Word Games on 2W (2WDR) 2:30 What am I Smelling? (2EDR) 4:00 Lessons from the Parsha with Rabbi T. (3) 6:45 Movie Night: Sound of Music (DR) 7:00 Friendly Visits (RR)	10:00 Pet Visits with Christine & Tinkerbell Grace (RR) 8 10:30 Yarn Craft Group (2WDR) 11:00 Christian Service with Father Adolphus (2ELR) 2:30 Musical Entertainment with Nate (Cafe)	10:30 Oneg Shabbat with Westboro Jewish Montessori Preschool (Cafe) 9 11:15 Chair Exercise with Gloria (Cafe) 2:30 Thanksgiving Bingo (Cafe) Seudat Shabbat: 3rd Floor at 5:45pm 2 East at 6:00 pm Light Candles at 6:10 pm	Shabbat Shalom 10 PARSHAT: BEREISHIT 9:30 Shabbat Services (S) 2:30 Friendly Visits with Tyson (RR) Shabbat ends at 7:12 pm	
11:00 Christian Community Gathering (2ELR) 11 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	THANKSGIVING 12 11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR) 2:30 Balloon Volleyball: 2E VS 2W (2)	10:30 The Usuals Jazz Band (Cafe) 13 2:30 Baking Program on 2nd Floor (2WDR)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 14 10:30 Balloon Badminton on 2W (2WDR) 10:30 Java Time on 2E (2ELR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 11:00 Resident Council (S) 2:00 Pet Visits with Steven and Molly (RR) 2:30 Giant Snakes and Ladders on 2W (2WDR) 2:30 Autumn Craft on 2E (2EDR)	10:00 Green Thumb Club with Celia (G) 15 10:00 Pet Visits with Christine & Tinkerbell Grace (RR) 10:30 Solve the Riddles (2WDR) 11:00 Youtube's Greatest Jewish Hits with Andre and Shelley (3) 2:15 Happy Hour with Rick Crepin (Cafe) 6:30 Friendly Visits with Tyson (RR) 6:30 Cinematic Night In: Saving Mr. Banks (Tom Hanks, 2013) (DR)	10:00 Green Thumb Individual Visits with Celia (RR) 16 10:30 Oneg Shabbat with Joel Yan and Friends (Cafe) 11:15 Chair Exercise with Robin (Cafe) 2:30 Bingo (Cafe) 3:30 Kabbalat Shabbat with Sue (Cafe) Seudat Shabbat: 3rd Floor at 5:45pm 1 West at 6:00 pm Light Candles at 5:57 pm	Shabbat Shalom 17 PARSHAT: NOACH 9:30 Shabbat Services (S) 2:30 What am I Smelling? (2EDR) 3:15 Friendly Visits (RR) Shabbat ends at 7:00 pm	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Noodle Ball on 2W (2WDR) 18 11:00 Christian Community Gathering (2ELR) 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR) 2:30 Nifty Nails on 2W (RR)	10:00 Green Thumb Individual Visits with Celia (RR) 19 10:30 Armchair Travel to Japan on 2W (2WDR) 10:30 Music and Movement on 2E (2EDR) 2:30 Music with Arlene Quinn (Cafe) 3:45 Pet Visits with Sharon and Nabi (RR)	10:00 Green Thumb Individual Visits with Celia (RR) 20 10:30 Reading Short Stories on 2E (2ELR)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 21 10:30 Giant Snakes and Ladders on 2E (2EDR) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:15 Let's Dance! with Dance Therapist Lorraine on 2nd Floor (2WDR)	10:00 Green Thumb Club with Celia (G) 22 10:00 Pet Visits with Christine & Tinkerbell Grace (RR) 10:30 Short Movie & Discussion on 2W (2L) 10:30 What's in the Box? (2EDR)	10:00 Green Thumb Individual Visits with Celia (RR) 23 10:30 Oneg Shabbat with The Ganon Preschool & Zaidie Joel (Cafe) 11:15 Chair Exercise with Gloria (Cafe) 2:30 Bingo (Cafe) Seudat Shabbat: 3rd Floor at 5:45pm 2 West at 6:00 pm Light Candles at 5:45 pm	Shabbat Shalom 24 Parshat: LECH LECHA 9:30 Shabbat Services (S) 2:30 Friendly Visits with Tyson (RR) Shabbat ends at 6:48 pm
11:00 Christian Community Gathering (2ELR) 25 1:00 One-to-One Individual Sessions with Music Therapist Rachel (RR) 2:15 Choir Practice (3WDR)	MUNICIPAL ELECTION DAY 26 10:00 Green Thumb Individual Visits with Celia (RR) 2:15 Monday Movie Matinee (Cafe)	10:00 Green Thumb Individual Visits with Celia (RR) 27 10:30 Pet Visits with Sharon and Nabi (RR) 10:30 Stories Out of a Hat on 2W (2WDR) 10:30 Sensory Stories (2EDR) 2:00 Pet Visits with Steven and Molly (RR) 2:30 Vernissage "Voices from Home" Chapter 3 (Cafe)	9:45 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 28 10:30 Axe Throwing on 2W (2WDR) 10:30 Nifty Nails on 2E (2EN) 11:00 Exploring Art Group with Art Therapists Mindy and Andrea (3L) 2:30 Walk & Talk for Wellness (ON) 2:30 Armchair Travel to France on 2E (2EDR) 4:00 Memorial Gathering with Rabbi T. (3WDR)	10:00 Green Thumb Club with Celia (G) 29 10:00 Pet Visits with Christine & Tinkerbell Grace (RR) 10:30 Bowling on 2E (2EDR) 11:00 Tai Chi with Ruth on 2W (2WDR) 2:30 Birthday Party with Evelyn Greenberg (Cafe)	10:00 Green Thumb Individual Visits with Celia (RR) 30 10:30 Oneg Shabbat with Minda, Marsha and Karen (Cafe) 11:15 Chair Exercise with Robin (Cafe) 2:30 Bingo (Cafe) 3:30 Kabbalat Shabbat with Sue (Cafe) Seudat Shabbat: 3rd Floor at 5:45pm 2 East at 6:00 pm Light Candles at 5:34 pm	Shabbat Shalom 31 Parshat: VAYEIRA 9:30 Shabbat Services (S) Shabbat ends at 6:37 pm